

St. Paul Institute of Professional Studies, Indore

Department of Humanities

'Language and Communication Skills Program'

Date: 17/07/2023

Time: 12:15 pm

Activity: Workshop

Venue: Room No: 112, First Floor

Flow of the Programme

Prayer	: Ms Priya Khandelwal
Welcome and Introduction	: Dr Swati Singh
Participation	: Students
Vote of Thanks	: Mr Prabin Lakra

Compering: Ms Chanchal Joshi

Prof. Rahat Ahmed *Rahat*
15/7/23

Dr. Swati Singh *Swati*
15/7/23

Coordinators

Sr. Alice Thomas

Dr. Sr. Alice Thomas

Principal

Rahat
15/7/23
Prof. Rahat Ahmed
HOD, Humanities

HOD

"Language and Communication Skill, Program"

S.No.	Name of student	Class	Signature
1.	Nupur Yadav	BA II yr	Nupur
2.	Khushi Vishwakarma	BA II yr	Khushi
3.	Batul Handiyawala	BA II yr	Batul
4.	Gaurav Jataw	BA II yr	Gaurav
5.	Prabin Lakra	BA II yr	Prabin
6.	Tanisha Shukawat	BA II yr.	Tanisha
7.	Kshitij Joshi	BA II yr.	Kshitij
8.	Raj Nagar	BA II yr	Raj
9.	Nandani Khandelwal	"	Nandani
10.	Martin Juriya	"	Martin
11.	Arun Kerma	"	Arun
12.	Khushi Anjana	BA III yr	Anjana
13.	Khushi Bhadaurija	BA II yr	Khushi
14.	Mariyam Furmiturwala	BA II yr	Mariyam
15.	Ishanjali Eduein	BA III yr	Ishanjali
16.	Arya S. Nair	BA III yr.	Arya
17.	Shubham Khatur	BA III yr.	Shubham
18.	Samaksh Jivani	BA - II	Samaksh
19.	Arwa Cyclewala	BA II	Arwa
20.	Fatema Tikiwala	BA II	Fatema
21.	Aradhya K.	BA II	Aradhya
22.	Deepisha Negi	BA II	Deepisha
23.	Swathi Kale	BA II	Swathi
24.	Lakshmi Durevedi	BA II	Lakshmi
25.	YUVAS Chouhan	BA II	Yuvras
26.	Somya Bais	BA III year	Somya
27.	Sumit Joseph	BA II year	Sumit
28.	Teesha Dixit	BA III year	Teesha
29.	Abhay Berceri	B.A. III yr	Abhay
30.	Riya Sharma	BA II year	Riya
31.	Hyushi Tagore	BA II year	Hyushi
32.	Suzette	BA II yr	Suzette

Feedback

1. Session was very interactive. Such session
2. are to be held in future. Very some techniques should be used for vocabulary enhancement.

Nupur Yadav
BA II year.

- Session was very important for us. Such session aspect as language plays very important role in communication so I request to conduct sessions on language also.

Khushi Vishwakarma
BA II Year

Analysis

BA	II Year	= 20
BA	III Year	= 12
<u>Total</u>		<u>32</u>

Report: Language plays a very vital role in communication but language means not only verbal or written expressions but non-verbal communication is very important part of language. So much so that students were realized for the body language, tone, paralanguage. It was interactive and interesting session. Students asked variety of questions.

Dr. Alice Thomas

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Learning Outcomes:

Following outcomes were drawn:

1. Students from other medium realized that English is not only the first communication but knowledge is also very important.
2. Reading, writing, speaking, listening is also plays very significant part in language acquisition.
3. Knowledge sharing is the best part for communication skills.

17 July 2023
Dr. Savali Singh
Coordinator

17/07/23
Prof. Rahat Ahmad
HOD

HOD

Sr. Alice Thomas
17/07/23
Dr. Sr. Alice Thomas
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MOORE

Language and Communication Skills Program





GPS Map Camera



Language and Communication Skills, Department of Humanities
7/1, Lalaram Nagar, Indore, Madhya Pradesh 452001, India
Lat 22.711407°
Long 75.908107°
17/07/23 12:36 PM GMT +05:30

St Paul Institute of Professional Studies, Indore
Language Lab Committee
'A Workshop on Reading Comprehension'

Date: 3 August 2023

Day: Thursday

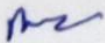
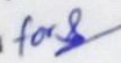
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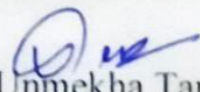
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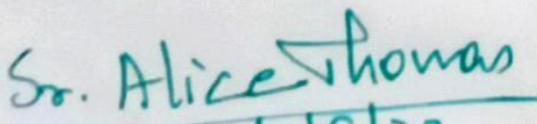
Flow of the Programme

Prayer	: Ms Sanna Sheikh
Welcome and Introduction	: Dr Prashant Rao
Participation	: Students
Vote of Thanks	: Ms Vandana Vishwakarma

Compering: Ms Nupur Yadav

Dr Prashant Rao 
Ms Sanna Sheikh 
Coordinators


Dr Unmekha Tare
College Coordinator


4/8/23
Dr Sr Alice Thomas

Principal
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St Paul Institute of Professional Studies
INDORE

College
Coordinator

Language Lab Committee

'A Workshop on Reading Comprehension'

S.NO.	NAME OF THE STUDENT	CLASS	SECTION WITH YEAR/SEM	SIGNATURE
1	Anupama Majhi	B.A III yr		Anupama
2	Arupa S. Naik	B.A III yr		Arupa
3	Ishanjali Edwin	B.A III yr.		Ishanjali
4	Broto Kharke	B.A	III year	Broto Kharke
5	Anamika Tigga	B.Com Tax	III year	Anamika
6	Krishna Goyal	BBA	A-II year	Krishna
7	Nikhil Wadhvani	BBA	A-II year	Nikhil
8	Vanshika Shelke	BBA	A-II year	Vanshika
9	Nandani Chouley	BA	II year	Nandani
10	Batul Handiyawala	BA	II year	Batul
11	Muskan Sharma	BA	II yr	Muskan
12	Devendra Nagar	BBA	II year	Devendra
13	Lukriti Pandey	BBA	II year	Lukriti
14	Kshitij Joshi	BA Indy	I year	Kshitij
15	Suriya A.	"	"	Suriya
16	Vikas Yadav	"	"	Vikas
17	Ashita Jimmy	"	"	Ashita
18	Samiti Jain	BBA II yr	II yr 'A'	Samiti
19	Kajal Kakodiyar	BA	II yr	Kajal
20	Priya Khandelwal	BA	II yr	Priya
21	Vignesh Singh Rajput	B.com CA	II yr 'F'	Vignesh
22	Jayant Bhaskar	BA III	II yr	Jayant
23	Rahul Budhwar	BBA - II(A)	II year(A)	Rahul
24	Nupur Yadav	BA II yr		Nupur
25	Muskan Oreshi	BBA	I Ind yr (B)	Muskan
26	Mohd. Afham	BBA	II Year (B)	Mohd. Afham
27	Aayon Verma	BA II yr		Aayon
28	Prabin Lakra	BA II yr	II Year	Prabin
29	Eisha Mohanty	B.Com (Plain)	II year	Eisha

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S.NO.	NAME OF THE STUDENT	CLASS	SECTION	SIGNATURE
30	Sophia Anand	B.com (Plain) II	II	Sophia
31	Yash Jgariya	B.com (Tax) II	II	Yash
32	Dheeraj Lavange	BBA II 'A'	II	Dheeraj
33	Hansu Soni	BBA II B	II	Hansu
34	Joshua D'Souza	BBA II B	II	Joshua
35	Yuvraj Chohan	B.A II	II	Yuvraj
36	Shruthi Kale	BA II		Shruthi
37	Vansh Choudhary	BBA (A) II	II	Vansh
38	Sanaa Shaikh	BBA (A)	II yr	Sanaa
39	Najneen Khan	BA	III yr	Najneen

Students Feedback

- The session was very useful and interesting. we got to know about the importance of reading specially newspaper and books.
- Samiti Jain
BBA 'A' IInd year
- The session was pretty good & useful to us. we learn about various reading techniques.
- Yuvraj Chohan
(BA-II^{yr}) chohan

Remark

A workshop was interactive and interesting. students were curious about unseen passage and reading comprehension. Dr. Prashant had given very useful tips for increasing reading habits. Overall workshop was useful.

Learning Outcomes

- Students got to know about reading techniques.
- They realized that reading skills can be improved.

Sr. Alice Thomas

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after reading diversified text.

3. The newspaper reading is the most useful and meaningful habit. So, they realized that they should read atleast headings and captions.

Learning Outcomes Analysis

1. BA III Year - 06
2. B.Com(Tax)III - 01
3. BBA(A) - II - 10
4. BA - II Year - 14
5. B.Com(CA) - II 'F' - 01
6. BBA - II (B) - 04
7. B.Com(Plain) - II - 02
8. B.Com(Tax) - II - 01

Total - 39

Students Coordinator (Activity)

1. Ms. Sanna Sheikh - for S
2. Dr. Prashant Rao (FM) - pr

~~23 Aug~~
Dr. Suati Singh
Convenor

Committee
Convenor

Sr. Alice Thomas
Dr. Sr. Alice Thomas
PRINCIPAL

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St Paul Institute of Professional Studies
INDORE

A Workshop on Reading Comprehension





GPS Map Camera

Language Lab Committee, Workshop on Reading Comprehension

SPIPS 7/1 Lalaram Nagar

Lat 22.714428°

Long 75.890607°

03/08/23 12:32 PM GMT +05:30

Wajshree

St Paul Institute of Professional Studies, Indore
Department of Humanities
'Language and Communication Skills Development'

Date: 23 August 2023

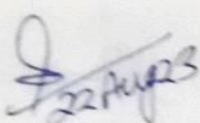
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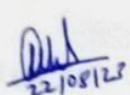
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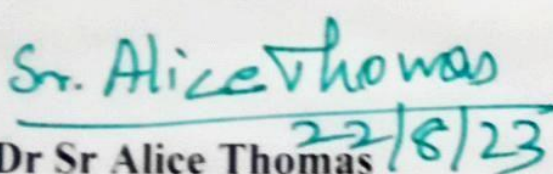
Venue: Room No: 211, First Floor

Flow of the Programme

Prayer	: Ms Priya Khandelwal
Welcome and Introduction	: Dr Swati Singh
Participation	: Students
Vote of Thanks	: Ms Pranjal Gurjar


Dr. Swati Singh
Coordinator


Prof Rahat Ahmad
HOD, Humanities


Dr Sr Alice Thomas

Principal

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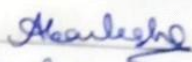
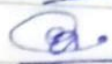
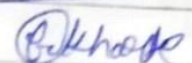
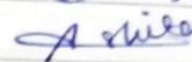
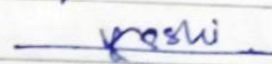
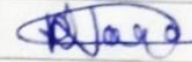
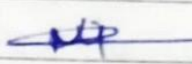
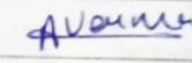
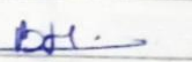
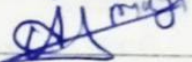
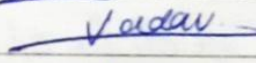
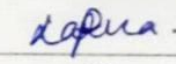
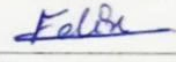
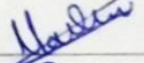
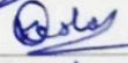
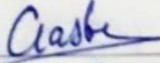
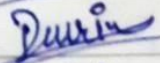
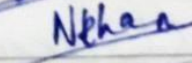
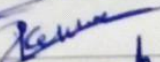
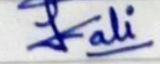
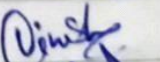
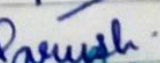
St Paul Institute of Professional Studies
INDORE

HOD

Language and Communication Skills Development

23 August 2023

S.N. Name of Student Class/Year/Section Signature

1.	Khushi Sharma	BA III year	
2.	Akanksha Yadav	BA III year	
3.	Aakash Rishra	BA III year	
4.	Elcee Arland	BA III year	
5.	Gourkharke	BA III year	
6.	Ashita Jimmy	BA II yr.	
7.	Koliti Jashu	BA II year	
8.	Raj Nagar.	BA II year	
9.	Maitin Umiga	BA II year	
10.	Anjan Verma.	— n —	
11.	Batul Handiya	— n —	
12.	Suniya A.	— n —	
13.	Shwetanshu malviya	BA III Year	
14.	Vikas Yadav	BA II year.	
15.	Prabin Lakra.	BA II year.	
16.	Felin	BA II year.	
17.	Lurbihi Kale	B.A. II Yr.	
18.	Nandini Chouley	BA II yr	
19.	Kishor Xaxa	BA III yr	
20.	Rohin Crasta	BA III yr	
21.	Durviya Sogiaiwala	BA III yr	
22.	Naggen Khan	BA III yr	
23.	Rahul Ekka	BA III yr	
24.	Vighnesh Rajput	B.Com CA 2nd yr	
25.	Crawan Satar	BA 2nd yr.	
26.	Priya Khandelwal	BA 2nd yr.	
27.	Apoorva Kalivarren	BA 2nd yr.	
28.	Vinisha Gandhi	BA 2nd yr.	
29.	Nitesh Choutan	BA 2nd yr.	
30.	Aarushi S. Chandran	BA II yr	
31.	Vanshita Sharma	BA II yr	

Sr. Alice S. Choudhary
PRINCIPAL
25/8/23
Paul Institute of Professional Studies

32	Tanisha Shekhawat	BA II yr	Poulus
33	Aditi Malviya	BA II yr	Aditi
34	Lakshmi Duvvedi	BA II yr	LRA
35	Sanya Suvana Jones	"	Bo
36	Prathmesh Verna	BA II yr	Prath
37	Purna Sharma	BA II yr	Purna
38	Gaurav Yadav	B.Com CA	Y. S.
39	Aditya Gangele	B.COM CA	Adi

Report: Students should be aware that apart from language, body language or non-verbal communication is very important part in communication. By the practice and exposure students acquired the competency. During session students asked many relevant questions which were addressed by the faculty.

Outcomes: Following Outcomes taken Out of the session:

1. Non-Verbal Communication is the major part of communication. Therefore students must be aware with it.
2. Students must be well equipped with examples - i.e. current affairs, facts, figures, data etc.
3. Reading, Writing, listening and speaking all are equally important part of communication skills.

Sr. Alice Thomas

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Analysis

1. BA III Year = 09
2. BA II Year = 27
3. Bcom CA II Year = 03

Total = 39 Students

~~24 Aug 23~~

Dr Swati Singh
Coordinator

~~25/8/23~~

Prof Rahat Ahmad
HOD

HOD

Sr. Alice Thomas

25/8/23

Dr Sr Alice Thomas

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St Paul Institute of Professional Studies

INDORE

I. Language and Communication Skills Development





Department of Humanities, Language and Communication Skills Development
St Paul Institute of Professional Studies, 7/1, Boundary Road, Lalaram Nagar, Indore
Lat 22.764464°
Long 75.88438°
23/08/23 12:40 PM GMT +05:30

St Paul Institute of Professional Studies, Indore
Language Lab Committee
'Article Writing Competition'

Date: 11 September 2023

Day: Monday

Time: 12:15 pm

Venue: Room No: 211

Flow of the Programme

Prayer	: Ms Khushi Vishwkarma
Welcome and Introduction	: Dr Swati Singh
Participation	: Students
Vote of Thanks	: Ms Mansi Soni

Ms Nazneen Khan *Nazneen*
Dr Swati Singh *6 Sept 23*
Coordinators

Dr Unmekha Tare
College Coordinator

Sr. Alice Thomas
9/9/23
Dr Sr Alice Thomas
Principal

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St Paul Institute of Professional Studies
INDORE



Article Writing Competition

(11 September 23)

S.NO.	NAME OF THE STUDENT	CLASS	SECTION WITH YEAR	SIGNATURE
1.	Kajal Kakodiya	BA II nd year		<u>Kajal</u>
2.	Aditi Malviya	BA II ^{yr}		<u>Aditi</u>
3.	Vinisha Gandhi	BA II ^{yr}		<u>Vinisha</u>
4.	Beery Jacob Sumit	B.Com (Hons) I st		<u>Beery</u>
5.	Daksh Joshi			<u>Daksh</u>
6.	Anu Sahu	"		<u>Anu</u>
7.	Harpreet Kaur Bhatia	"		<u>Harpreet</u>
8.	Daksha Solanki	"		<u>Daksha</u>
9.	Akanksha	BA III ^{yr}		<u>Akanksha</u>
10.	Aakash Mishra	BA III ^{yr}		<u>Aakash</u>
11.	Sujay Bafra	B.Com II ^{year}	F	<u>Sujay</u>
12.	Khushi Sharma	BA III ^{yr}		<u>Khushi</u>
13.	Khushi Vishwakarma	BA II ^{yr}		<u>Khushi</u>
14.	Anapoma Majhi	BA III ^{yr}		<u>Anapoma</u>
15.	Amrita Rawat	BA III ^{yr}		<u>Amrita</u>
16.	Kishore Xaxa	BA III ^{yr}		<u>Kishore</u>
17.	Gotu Kharte	BA III ^{yr}		<u>Gotu</u>
18.	Aashi Jushmah	BA III ^{yr}		<u>Aashi</u>
19.	Shikha Patel	BA III ^{years}		<u>Shikha</u>
20.	Yashika Mishra	BA III ^{years}		<u>Yashika</u>
21.	Ritika Bhargal	BA III ^{yr}		<u>Ritika</u>
22.	Diya Sharma	BA III ^{yr}		<u>Diya</u>
23.	Shivani Pancholiya	BA III ^{yr}		<u>Shivani</u>
24.	Pragati Patidar	B.Com (Hons) III ^{yr}	B	<u>Pragati</u>
25.	Delee Jethwani	B.Com (Hons) III ^{yr}	B	<u>Delee</u>
26.	Batul Hemdiyawala	BA II ^{yr}		<u>Batul</u>
27.	Muskan Sharma	BA II ^{yr}		<u>Muskan</u>
28.	Rushi Gargan	BBA II ^{yr}	B	<u>Rushi</u>
29.	Mohd. Agham	BBA II	B	<u>Mohd</u>
30.	Mansi Soni	BBA II	B	<u>Mansi</u>

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St Paul Institute of Professional Studies

S.No.	NAME OF THE STUDENT	CLASS	SECTION WITH YEAR	SIGNATURE
30.	Hitakshi Jain	BBA II	B	<u>H</u>
32.	Anvesh Bhandari	BBA II	B	<u>A</u>
33.	Ayushi Dubey	BBA II nd year	B	<u>Ayushi</u>
34.	Martina Luniya	BA II yr	<u>Martina</u>	
35.	Nupur Soni	BBA II	A	<u>Nupur</u>
36.	Jashua Dsouza	BBA II	B	<u>Jashua</u>
38.	Muskan Gureshi	BBA II	B	<u>Muskan</u>
37.	Yuvraj Chauhan	BA II	-	<u>Yuvraj</u>
38.	Vikish Yadav	BA II	-	<u>Vikish</u>
39.	Najneem Khan	BA III yr	-	<u>Najneem</u>
40.	Vaish Choudhary	BBA - A 4yr	A	<u>Vaish</u>

Students Feedback:

1. It was an amazing competition. We learnt a lot from this and see more such competition in near future.
- Ambika Ray
B.Com (Hons) III-B.
2. It was a heartfelt and delightful competition. We learnt a lot and think new things that motivates us to do participate in more competition like this.
- Ayushi Dubey.
BBA IInd year.

Remark

After corona, pandemic, students have developed the habit of procrastination. So Capacity Building and Development becomes a essential need. So the Topic "The Rises Always for Me" is given to students for Article Writing competition. It a take home activity, explained by volunteers. Sr. Alice Thomas

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Learning Outcomes:

1. After 3 days students will submit their articles. But while discussing the topic they were motivated for writing the article.
2. Many queries were addressed by faculty members.
3. Students could understand the importance of manual writing.
4. Overall the first-phase for guidelines were useful.
5. Learning demands writing skills.

Analysis

1. BA II Year - 08
 2. B Com (Hons) I, A - 06
 3. BA III Year - 14
 4. B Com II, E - 03
 5. B Com (Hons) III, B - 03
 6. BBA II, B - 06
- Total = 40 students

1. Ms Nazneen Khan for
2. Dr Swati Singh ^{12 Sept 23}
12 Sept 23

^{12 Sept 23}
Dr Swati Singh
Convenor

Committee
Convenor

Sr. Alice Thomas
13/9/2023

Dr Sr Alice Thomas
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INDORE

Article Writing Competition





St. Paul Institute of Professional Studies, Indore

Department of Humanities

Guest Talk

on

Language and Communication Skills

Date : 21 October 2023

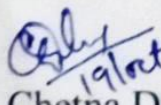
Day : Saturday

Time : 12:20 p.m.

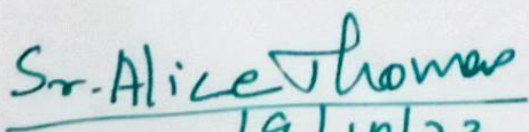
Venue : AV Room

Flow of the Program

Prayer	: Ms.Aakansha Purswani
Introduction	: Ms.Prabhjyot Kaur Panesar
Resource Person	: Dr. Deepa Vyas
Vote of thanks	: Ms. Nidhi Khatri
Compering	: Ms.Anjali Peruliya


19/10/23
Dr. Chetna Dubey

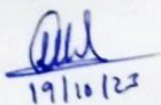
Coordinator


19/10/23
Dr. Sr. Alice Thomas

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INDORE


19/10/23
Prof. Rahat Ahmed

HOD, Humanities

HOD

St. Paul Institute of Professional Studies, Indore

Feedback Form

Date: 21/10/23

Name of The Student: Chaitali Telang Class: B.Com Hons. B.

Name of the event: Language & Communication Skills

Resource Person: Dr. Deepa Manish Vyas

Name of the Department / Committee: Humanities

	Excellent	Very Good	Good	Average
Content Feedback	☒	☐	☐	☐
Rate the topic of the session?	☒	☐	☐	☐
Rate the subject matter of the session?	☒	☐	☐	☐
Rate the presentation of the session?	☒	☐	☐	☐

Individual Feedback	Very Much	Likely
Session has improved my knowledge & awareness?	☒	☐
The speaker was interactive?	☒	☐

Do you want to participate in such session in future?	Yes	No
	☒	☐

Remark

The speaker was extremely eloquent
with her words, & the session
was very informative

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Guest Talk 'Language and Communication Skills'

S.NO	NAME OF THE STUDENT	CLASS/YR	SEC	SIGNATURE
1	Geetanjali Kothiya (B.com 2nd yr)		C	Geetanjali
2	Priya Shrivastav B.com (Hons III)		A	Priya
3	Garima Paliwal	B.Com.CA.	III Yr	Garima
4	Sujal Parihar	B.B.A - A	I yr	Sujal
5	Rohin Crasta	BA	III yr	Rohin
6	Pranod Kumar	B.Com	1 yr (C)	Pranod
7	Dhruv Sogiawala	BA	III yr	Dhruv
8	Yash Karadiya	B.COM	I yr - B	Yash
9	Shiv	BBA - A	I yr	Shiv
10	Narayani Badshah	BA III yr		Narayani
11	Najeen Khan	BA III yr		NK
12	Renu Chouhan	BA III yr		Renu
13	Alma kerketta	BA I year	A	Alma
14	Anima Kullu	BA I year	A	Anima
15	Urmila Indwar	BA I year	A	Urmila
16	Sakshi Guare	B.COM CA III year	A	Sakshi Guare
17	Shradha Silawat	B.COM FT 2y	E	Shradha
18	Albela Khakha	B.COM (FT) 2y	E	Albela
19	Parusha Jain	BBA 2y	A	Parusha
20	Priya Khandelwal	BA 2nd yr		Priya
21	Apoorva Kalisaman	BA 2nd yr		Apoorva
22	Ashita Jimmy	"		Ashita
23	Mushkan Sharma	"		Mushkan
24	Lokratna Dwivedi	"		Lokratna
25	Vignesh Rajput	B.com CA 2nd yr	F	Vignesh
26	Gaurav Satar	BA 2nd yr		Gaurav
27	Diana Franklin	"		Diana
28	Mehak Gathiya	"		Mehak
29	Martin Koniya	"		Martin
30	Felix Chingdeibang	"		Felix

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S.NO	NAME OF THE STUDENT	CLASS/YR	SEC	SIGNATURE
31	Chailali Telang	B.Com Hon II	A.	
32	Shila Jain	B.Com Hon	C	
33	Saniya Rizvi	B.Com Hon	C	
34	Nidhi Khatri	" "	C	
35	Bhavi Bana	" "	C	
36	Shwati Pal	B.Sc. III yr		
37	Riya Choudhary	B.A. III yr		
38	Virendra Yadav	B.A. III yr		
39	Chaitanya Singh	B.A. III yr		
40	Batul Handiyawala	BA II yr		
41	Harshik Mehta	B.Com Hon	C	
42	Ksatika Dawar	B.Com Hon	C	
43	Gayatri Khubari	B.Com Hon	C	
44	Vedansh Vijaywargi	B.Com Hon	C	
45	Chanchal Joshi	BA II yr		
46	Kajal Kochale	B.Com III yr	A	
47	Anurag Rajeev	B.Com H 3 yr	A	
48	Aryan Verma	BA II yr		
49	Abhay Borari	BA III yr		
50	Shubham Khante	BA III yr		
51	Sebastian Khark	B.A. III yr		
52	Shakshi Agarwal	BA III yr		
53	Koshiki Shukla	BA III yr		
54	Akshaya Lokhandwala	BA III yr		
55	Himanshu Palival	B.COM Hon III yr		
56	Arna Kapadia	BA III yr		
57	Shubhankar Raikwar	B.Com Tax II	C	
58	Aftab Ghosh	B.Com II	D	
59	Jatin Khandagale	B.Com II	D	
60	Sourabh Yadav	B.Com II	D	
61	Abhay Baghel	B.Com I	C	
62	Amit Chaudhary	B.Com I	C	
63	Ansh Parashar	B.Com II	C	
64	Gourav Khare	B.Com I		
65	Vivek Singh	B.COM II		

No.	Name	Course	Grade	Signature
66	Samarth Dixari	BA III		
67	Yuvraj Chohan	BA II		
68	Sham Naidu	B.COM II		
69	Nupur Yadav	BA 2 nd yr		
70	Khushi Vishwakarma	BA 2 nd yr		
71	Fatema Jikiwala	BA 2 nd yr		
72	Alefiya Sanawadwala	BA 1 st yr		
73	Gritika Sharma	Bcom(H) II		
74	Anish Pal	Bcom(P) II		
75	Shameil Hussain	Bcom(H) II		
76	Faiz Ali Rizvi	Bcom I	C	
77	Shruti Kothunija	BBA 1 year	A	
78	Bulbul Tank	BBA 1 year	A	
79	Ecece Arland	BA III year		
80	Piyush Nishad	B.com I year	'C'	
81	Raghav Vyas	B.com I yr	'C'	
82	Krush Abhija	B.com II yr	(D)	
83	Siya Patel	B.com tax I year	(B)	
84	Tanisha Shekawat	B.A II yr		
85	Sindha Patel	B.A III yr		
86	Ritika Bhalsal	B.A II yr		
87	Yashika Mishra	B.A III yr		
88	Elin Kullu	B.Sc. III yr	-	
89	Anjali Peruliya	B.com I year	Tan	
90	Prabhat Kaur	B.com TAX II yr	TAX	
91	Mehul Sonkar	B.com II yr	TAX	
92	Akansa Burswani	B.com tax II yr	tax	
93	Milda Johnson	B.com CA III yr	CA	
94	Sindhu K.S	BA II yr		
95	Yukti Rawat	BA I yr		
96	Muskan Kalra	B.A. I year		
97	Insya Surgicalwala	BA I year	A	
98	Amisho Kumari	B.com Tax II yr	'C'	
99	Shalini Vairal	B.com Tax I yr	'C'	
100	Dibya Tyoti Laksh	B.com C I yr	'C'	

101	Rose Roshni Lakra	B.A I st year	'A'	R. Lakra
102	Dominic Barla	B.A 1 st year	'A'	D. Barla
103	Ajay Ekka	B.A I st year		A. Ekka
104	Prabin Lakra	B.A II year		P. Lakra
105	Puran Bara	B.A I year		P. Bara
106	Tanush Singh	B.Com II Tan	'C'	T. Singh

Report :-

A guest talk was conducted by the Department of Humanities. The guest was a proficient speaker - Ms. Deepa Vyas. 106 students attended the seminar. The topic discussed was very relevant. The speaker talked on 'Language And Communication Skill'. The speaker engaged the audience through interaction.

Learning Outcomes :-

- 1) The students were able to understand the importance of effective communication.
- 2) The speaker explained the art of active listening and its impact on fostering conversation.
- 3) The speaker shared strategies to overcome public speaking anxiety.

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- 4) The session improved awareness of the role of non-verbal communication.
- 5) The students are able to improve their confidence in public speaking and delivering impactful presentation.
- 6) The students are now able to gain insights into maintaining professional etiquettes.
- 7) It enhanced communication including grammar, punctuation and clarity of expression.
- 8) The students were highly motivated by the session. It will further remove their hesitation of public speaking.

Chetna Dubey
21/10/23

Dr. Chetna Dubey
Coordinator

Rahat Ahmed
21/10/23

Prof. Rahat Ahmed
HOD, Humanities

Sr. Alice Thomas

Dr. Sr. Alice Thomas 21/10/2023

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Analysis :- Topic: Language & Communication Skill

Sl. No.	Classes with Year	Participants
✓ 1.	B. Com (Hons) II	3
✓ 2.	B. Com (Hons) IIIA	3
✓ 3.	B. Com Tax I	3
✓ 4.	B. Com Tax II	16
✓ 5.	B. Com CA I	9
✓ 6.	B. Com CA II	2
✓ 7.	B. Com CA III	4
✓ 8.	B. Com FT II	2
✓ 9.	B. Com Plain II	5
✓ 10.	B. B. A. (A) I	4
✓ 11.	B. B. A. (A) II	1
✓ 12.	B. Sc III	2
✓ 13.	BA. I	12
✓ 14.	BA. II	20
✓ 15.	BA. III	20
		<u>106</u>

Sr. Abhishek Sharma

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St Paul Institute of Professional Studies
INDORE

Guest Talk on Language and Communication Skills





GPS Map Camera

Guest talk on " Language and Communication skills ", DEPARTMENT OF HUMANITIES
SPIPS 7/1, LALARAM NAGAR , INDORE, PIN - 452001
Lat 22.760969°
Long 75.884221°
21/10/23 12:28 PM GMT +05:30

ST. PAUL INSTITUTE OF PROFESSIONAL STUDIES

Department of Humanities Language and Communication Skill Workshop Topic: Tips to Improve Oratory Skills

Date : 08 November 2023

Time : 12:30 p.m.

Venue : Seminar Hall

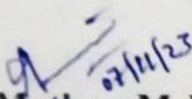
Objective

To enhance the communication skills of the students
To make aware about the problems in communication and to overcome it

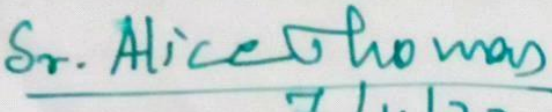
Flow of the Program

- | | | |
|-------------------|---|---------------------|
| 1. Prayer | : | Ms. Prathmesh Verma |
| 3. Welcome | : | Ms. Perna Sharma |
| 4. Session | : | Prof. Mathew M J |
| 5. Conclusion | : | Prof. Rahat Ahmed |
| 5. Vote of Thanks | : | Ms. Mishti Uppal |

Compering: Ms. Najneen Khan


Prof. Mathew M J

Coordinator


Dr. Sr. Alice Thomas

Principal

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St Paul Institute of Professional Studies
INDORE


Prof. Rahat Ahmed

HOD



Attendance Details

Rajshree

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DATE

S.No.	Name of Student	Class	Section	Signature
1.	Harsh Hiranani	BBA I	'B'	Harsh
2.	Amey Jormar	BBA I	'B'	Amey
3.	Adanya Vajpai	B.A I st	'1'	Adanya
4.	Purnima Sharma	B.A 2 nd		Purnima
5.	Manas Grami	Bcom P. II nd		Manas
6.	Anjali Peruliya	Bcom T 2 nd		Anjali
7.	Najmeen Khan	BA III yr		Najmeen
8.	Faizide Pithawala	BA II yr		Faizide
9.	Nandini Choubey	BA II yr		Nandini
10.	Batul Handliyanala	BA II yr		Batul
11.	Utkarsh Chauhan	Bcom P II nd		Utkarsh
12.	Chaitanya Singh	BA III yr		Chaitanya
13.	Yash Gupta	BA III yr		Yash
14.	Shubham Kharde	BA III yr		Shubham
15.	Harshita Zehbel	B.com I yr	'B'	Harshita
16.	SNEHA SINGH BAGHEL	B.COM I yr	'C'	Sneha
17.	Chanchal Joshi	BA II yr		Chanchal
18.	Nitesh Chouhan	BA II yr		Nitesh
19.	Prathmesh Verma	BA II yr		Prathmesh
20.	Chajo Phakke	B.com I yr	B	Chajo
21.	Chachuk Hangsik	B.com I yr	B	Chachuk
22.	Anagat Singh Agmar	BBA I	B	Anagat
23.	Pratham Nagpal	B.com I st	E	Pratham
24.	Shubham Kharde	B.A. III yr	A	Shubham
25.	Vedanshu Verma	B.A. I yr		Vedanshu
26.	Linus Funning A	B.A. I yr		Linus
27.	Ayushi Gurjar	B.A. I yr		Ayushi
28.	Kashish Badwanrya	B.C.A I yr	BA	Kashish
29.	Gourav Tadhar	BBA I yr	B	Gourav
30.	Gurantt Gupta	BA I	A	Gurantt
31.	Abhijeet Senchar	B.A I st	A	Abhijeet
32.	Aditya Krishnan	B.A I st	A	Aditya
33.	Kanishka Yadav	B.A I yr	A	Kanishka
34.	Mitanshi Shastri	B.A II yr	A	Mitanshi
35.	Himanshu Bairwa	B.COM I yr	B	Himanshu
36.	Prashant Thakur	BBA I yr	B	Prashant

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S.No	Name of student	Class	Section	Signature
37.	Muskom Kalra	B.A I st	A	Muskom
38.	Priamjal Gurjar	B.A I	A	Priamjal
39.	Rose Roshni Lakra	B.A I st yr.	A	Rose
40.	Varshitha Shivastava	B.A I yr.	A	Varshitha
41.)	Sugandh Haseja	BBA Iy.	A	Sugandh
42.)	Insia Surgicalwala	BA I yr.	A	Insia
43.)	Aashi Gulwadiya	B.Com II yr.	C	Aashi
44.)	Laveena Sebastian	B.com I year	E	Laveena
48.)	Mishiti Jyppal	BA I		Mishiti
49.)	Dindhu K.S	B.A II nd yr		Dindhu K.S
50.)	Siya Patel	B.Com I yr	B	Siya Patel
51.)	Muskan Nasiani	BA III		Muskan
52.)	Riya Rammami	B.A I	A	Riya
53.)	Rohini Crosta	B.A III yr		Rohini

Report

The language and communication skill workshop was conducted to enhance the oratory skills of the students. The session was an interactive one wherein students initially expressed what are the problems they often face while stand on the stage. The PPT presentation covered all the points which usually help the students in public speaking.

Feedback

Most of the participants opined that the session especially the practical one was really beneficial to them. The experience shared by different students boosted them for a better communication and the tips shared for improving oratory skill was helpful ones.

Learning outcome

The students were able to learn about:

① Preparation before the Presentation

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- ② Qualitative Reading and Knowledge enhancement
- ③ Permitted usage of Modern Media
- ④ Steps to improve confidence
- ⑤ understanding the topic
- ⑥ understanding the audience
- ⑦ Body Language and Non-verbal communication
- ⑧ Appearance and Positivity.

Analysis

BBA I.B → 05

B.A. I → 15

B.A. II → 08

B.A. III → 07

B.com I A → 01 + 01

B.com I C → 01 + 01

BBA I A → 01

BCA I → 01

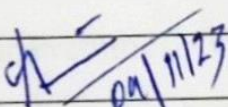
B.com II (P) → 03

B.com I (B) → 04 + 01

B.com I E → 02

B.com (CA) II → 02

 53


 Prof. Mathew M.J.
 coordinator

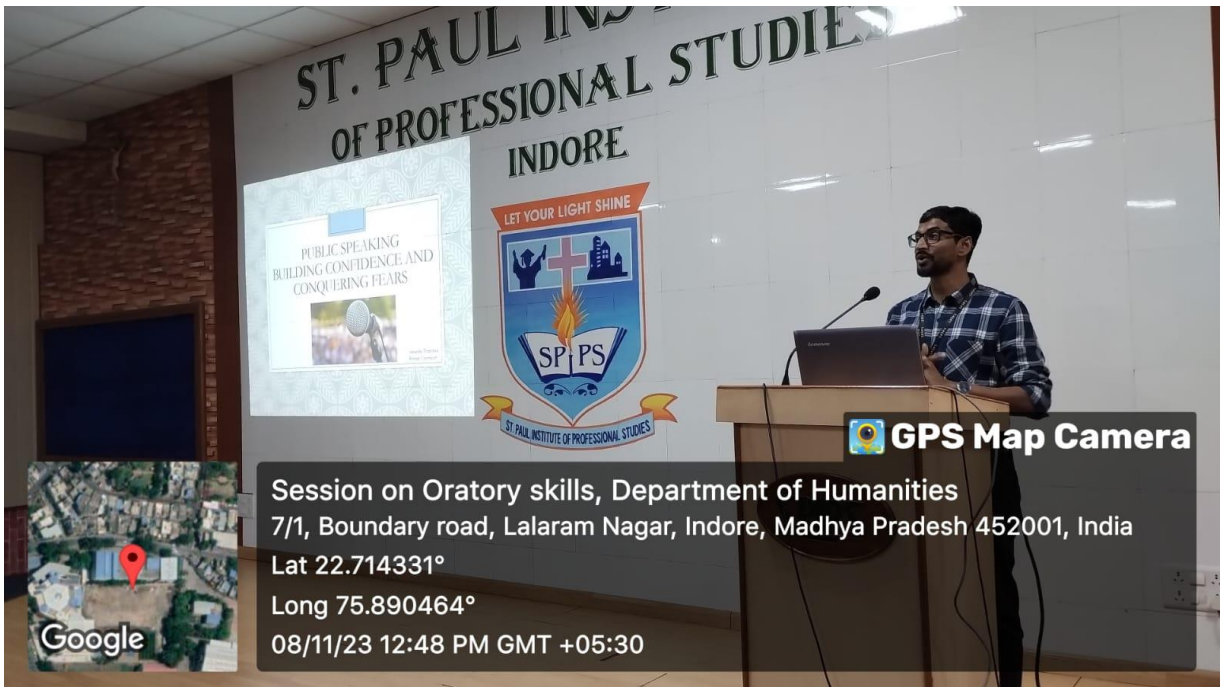

 Prof. Rahat Ahmed
 HOD

HOD

Sr. Alice Thomas
 DR. Sr. Alice Thomas
 4/11/2023
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Tips to Improve Oratory Skills





Session on Oratory skills, Department of Humanities
7/1, Boundary road, Lalaram Nagar, Indore, Madhya Pradesh 452001, India
Lat 22.714331°
Long 75.890464°
08/11/23 12:48 PM GMT +05:30

St Paul Institute of Professional Studies, Indore
Department of Humanities
Session on Language and Communication Skills

Date: 10 November 2023

Day: Friday

Time: 1:30 pm

Venue: Room No: 211

Objective: Enabling students to realize the importance of language in communication skills

Flow of the Programme

Prayer	: Ms Nupur Yadav
Welcome and Introduction	: Dr Swati Singh
Participation	: Students
Vote of Thanks	: Ms Martin Luniya

Students Coordinators:

1. Mr Prathmesh Verma *Prathmesh Verma 03/11/23*
2. Ms Mitanshi Shastri *Mitanshi Shastri 03/11/23*

Swati Singh 13 Nov 23
Dr Swati Singh

Faculty Coordinators

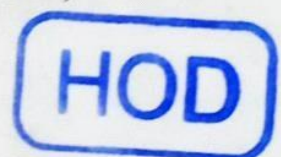
Sr. Alice Thomas 06/11/23
Dr Sr Alice Thomas

Principal

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St Paul Institute of Professional Studies
INDORE

Rahat Ahmad 06/11/23
Prof Rahat Ahmad
HOD, Humanities



Department of Humanities

Session on Language and Communication Skills

S.No	Name of Student	Class/Year	Section	Signature
1	Kishor Xaxa	BA 3rd yr		Kishor
2	Fatima Jikiwala	BA Ind yr		fatima
3	Aruwa Cydiwala	BA Ind		arun
4	Tanishka Sharma	BA II yr		Tanishka
5	Farida Chandunwala	BA II yr		Farida
6	Abhay Borari	B.A-III yr		Abhay
7	Jen's David	BRA III yr		Jen's
8	Cynthia David	BRA III yr		Cynthia
9	Ayushi Tagore	BA II yr		Ayushi
10	Aarushi S. Chandran	BA II		Aarushi
11	Chaitanya Singh	BA III yr		Chaitanya
12	YASH GUPTA	BA III yr		Gupta
13	BOTU Kharke	BA II yr		Botu
14	Batul Handiyawala	BA II yr		Batul
15	Farida Pithawala	BA II yr		Farida
16	Priyanshu Sharma	B.A II yr		Priyanshu
17	Anjali Peruliya	Bcom Tax 2nd		Anjali
18	Manas Grami	Bcom P 2nd yr		Manas
19	Raj Nagor	BA II yr		Raj
20	Prabin Lakra	B.A II yr		Prabin
21	Vikas Yadav	B.A II yr		Vikas
22	Kshitij Joshi	"		Kshitij
23	Virendra Yadav	BA III yr		Virendra
24	Rahul Ekka	BA II yr		Rahul
25	Araya S. Nair	BA III yr		Araya
26	Soumya Suzanne James	BA II yr		Soumya
27	Khushi Bhaduria	BA II year		Khushi
28	Mariyam Furniturewala	BA II year		Mariyam
29	Deepsha Negi	BA II year		Deepsha
30	Soumya Bai	BA II year		Soumya
31	Prathmesh Verma	BA II year		Prathmesh

Sr. Alice Thakur

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S.NO.	Name of the Student	Class/Year/Section	Signature
32.	Jereena Repher	BBA III yr B	
33.	Muskan Nishani	BA III	
34.	Rohin Crasta	BA III	
35.	Mariya Badshah	BA III	
36.	Vansh Choudhary	BBA II B	
37.	Nupur Yadav	BA 2nd yr	
38.	Khushi Vishwakarma	BA 2nd yr	
39.	Yuvraj Chouhan	BA 2nd yr	
40.	Najneen Khan	BA 3rd yr	
41.	Sanaa Shaikh	BBA - II(A)	
42.	Shajal Jaiswal	B Com B II	
43.	Mahak Batheja	BA II yr	
44.	Mitanshu Chastui	BA II yr	

Report: "A Session on Language and Communication Skills" was very successfully conducted by student-volunteers. Students shared their experiences. They talked about communication skills in which both verbal and non verbal communication is very important. Apart from these students discussed how language can be improved and enriched through newspaper reading, news bulleting and through social media. Students discussed about non-verbal communication also like gestures, postures, eye contact, voice modulation, choice of words every thing is very important.

Learning Outcomes:

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1. Communication can not be imagined

without language. So it is very important to brush up the knowledge.

2. So for improving Communication Skills, language - non verbal and verbal communication will be focused.

3. With due permission of Principal, program was proposed.

Analysis

1. BA 3rd Year - 13
2. BA 2nd Year - 20
3. BBA 3rd Year - 05
4. BCom Tax II - 02
5. BCom Fin II - 02
6. BBA 3rd - 02

Total - 44 Students

Dr. ~~Rajali~~ Singh
Coordinator
09 Nov 23

program conducted on 30th Nov

Prof. ~~Rajal~~ Ahmad
HOD, Humanities
09/11/23

HOD

Sr. Alice Thomas
Dr. Sr. Alice Thomas
PRINCIPAL
14/11/2023

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St. Paul Institute of Professional Studies
INDORE

Session on Language and Communication Skills



ST. PAUL INSTITUTE OF PROFESSIONAL STUDIES,
INDORE

Department of Management

Guest Session on Personality and Communication Enhancement
Through Mindfulness Techniques

Date: 03/11/2023

Time: 01:30 PM

Venue: Luminous Hall

Objectives: 1) Enhancing Self Awareness and improving focus
2) Fostering active listening, empathy and effective expression

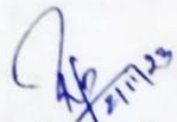
Flow of the Program

- **Prayer** : Mr. Harsh Hirani (BBA I B)
- **Welcome and Introduction** : Ms. Srishti Parmar (BBA I A)
- **Guest Speaker** : Mr. Yashwant Das Mahant
(Assistant Prof. IDYLLIC)
- **Vote of Thanks** : Ms. Mansi Vishwakarma (BBA I A)

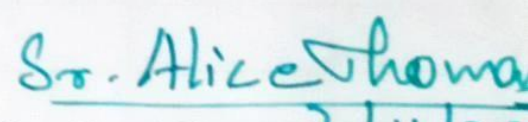
Compering: Ms. Nupur Soni (BBA II A)

Student Coordinator: Mr. Mohd. Afham (BBA II B)

Faculty In-charge: Dr. Anubhuti Sharma


Prof. Rachel Pawar
HOD - Management




Dr. Sr. Alice Thomas
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Paul Institute of Professional Studies
INDORE

S.No.	Name	Class	Section	Signature
1	Ramanujay Mishra	BBA - II yr.	'A'	
2	Tanisha Agrawal	BBA-I yr	'B'	
3	Varshika Reluani	BBA-I yr	'B'	
4	Karina Idnani	BBA-I yr.	'B'	
5	Isha Mandloi	BBA I yr	'B'	
6	Divyanshi Jaiswal	BBA I yr	'B'	
7	Pratham Joshi	BBA I yr	'A'	
8	Gangan Mandhan	BBA I st yr	'A'	
9	Sahreen Kaur	BBA I st yr	'A'	
10	Daksha Rijhwani	BBA I st yr	'A'	
11	Amit Sachder	BBA I st yr	'A'	
12	VIDHI SAHU	BBA I st yr	'A'	
13	Sugandh Haseja	BBA I st year	'A'	
14	Anshul Bhamra	BBA I st year	A	
15	Anshi Jagyasi	BBA I st year	A	
16	Gangan Dembla	BBA Ist year	'A'	
17	Samuel Sam Mathew	BBA Ist year	B	
18	Vikas Smedley	BBA Ist year	B	
19	Yash Yadav	BBA Ist year	B	
20	Nitkarsh Yadav	BBA Ist year	B	
21	Prityanshu Kochale	BBA 2 nd yr	B	
22	Varshika Das	BBA 2 nd yr.	'A'	
23	Naman Sukhramani	BBA 2 nd yr.	'A'	
24	Paridhi Makwana	BBA 2 nd yr.	'A'	
25	Sam Kulmi	BBA 2 nd yr	'A'	
26	Gourav Jadhav	BBA 1 year	B'	
27	Abhi Kunal Karade	BBA I Year	'B'	
28	Natav Varnani	BBA I year	'B'	
29	Nandini Sharma	BBA II yr.	B	
30	Anny Sukhramani	BBA I year	A	
31	Sneha Kale	BBA 1 year	A	
32	Vishvati Jyodhankar	BBA 1 st year	A	
33	Samiti Jain	BBA 2 nd year	'A'	
34	Juned Ali	BBA 1 st year	'A'	

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S. NO	Name	Class	Section	Signature
35	Kaishna Solanki	BBA II	A	<u>Rohit</u>
36	Vedant Verma	BBA II	A	<u>V</u>
37	Renukh Patel	BBA II	B	<u>R</u>
38	Shivam Patel	BBA II	B II	<u>Shivam</u>
39	Riya Patel	BBA II	B II	<u>Riya</u>
40	Sujal Parubari	BBA II	A II	<u>Sujal</u>
41	Aditi Modh	BBA II	B II	<u>Aditi</u>
42	Faisal Khan	BBA II	B	<u>Faisal</u>
43	Rupesh Sharma	BBA II	B	<u>Rupesh</u>
44	Pranshu Yadav	BBA II	B	<u>Pranshu</u>
45	Anish Bazi	BBA III	B	<u>Anish</u>
46	Sneha Thakur	BBA III	B	<u>Sneha</u>
47	Aashvi Rai	BBA III	B	<u>Aashvi</u>
48	Mahak Jaiswal	BBA III	B	<u>Mahak</u>
49	Yash	B.Com I	B	<u>Yash</u>
50	Munali Bai Borkar	B.Com I	B	<u>Munali</u>
51	Mansi Vishwakarma	BBA IV	A	<u>Mansi</u>
52	Srishti Parmar	BBA IV	A	<u>Srishti</u>
53	Snigdha Chouhan	BBA IV	A	<u>Snigdha</u>
54	Bhavya Shah	BBA III	A	<u>Bhavya</u>
55	Nupur Sani	BBA II	A	<u>Nupur</u>
56	Harsh Hirani	BBA I	B	<u>Harsh</u>
57	Aniket Singh Bismani	BBA I	B	<u>Aniket</u>
58	Mohd. Afham	BBA II	B	<u>Afham</u>

* CLASS WISE ANALYSIS :-

BBA	I 'A'	-	19
BBA	I 'B'	-	21
BBA	II 'A'	-	08
BBA	II 'B'	-	03
BBA	III 'A'	-	01
BBA	III 'B'	-	04

2 B.Com fl
student

56

Sr. Alice Sharma

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St. Paul Institute of Professional Studies, Indore

Feedback form (For Students, attended the Program)

Name of Student: Mansi Vishwakarma

Class: BBA 'A' I'year

Contact No.: 7067531998

Name of Activity: Personality and Communication
enhancement through mindfulness technique

Program Level (Department/Committee /Class): Management

Date: 08/11/23

Venue: Seminar &
Luminous Hall

Please Put Right Tick, wherever applicable.

	Excellent	Very Good	Good	Average
Organization of Activity was	✓			
Content/ Discussion of Activity was	✓			
Please Rate the Overall Quality of Program.		✓		

	Yes	No
I found it Helpful/ Informative/Entertaining	✓	
In future, I really want to attend such more sessions.	✓	

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* FEEDBACK ANALYSIS:-

	Excellent	Very Good	Good	Average
Organization of Activity was	2	2	1	
Content/ Discussion of Activity was	4	1		
Please Rate the Overall Quality of Program.	2	2	1	

	Yes	No
I found it Helpful/ Informative/Entertaining	5	
In future, I really want to attend such more sessions.	5	

* REPORT :

This amazing session on mindfulness was one of a kind. We're thankful to the department of management for conducting such an enlightening session that taught us how to take care of our health and not only physical but as well as mental, in this fast paced world where it's the most crucial to keep ourselves mentally strong and fit. Our resource person, Mr. Yashwant Das Mahant opened a whole new world for us in this session alone, with his insights and knowledge and techniques on how to employ mindfulness in ourselves. We practiced some of those techniques ourselves. One such was the breathing exercise that he made us do. He guided us gently through it, and it was such a wonderful experience for us. We wish to experience more such sessions on mental well being and mental health. It was indeed a great initiative, appreciated by the whole students body of the department.

* LEARNING OUTCOME:-

- 1] The students got to learn about self-discovery and were introduced to the heuristic approach to one's wellbeing and happiness.
- 2] Enhance non-verbal communication through mindfulness.
- 3] Approach conflicts calmly, fostering constructive resolution.
- 4] Cultivate empathy to connect with diverse perspectives.

Prof. Rachel Pawar
HOD - Management

HOD

Sr. Alisha Sharma

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INDORE

Guest Session on Personality and Communication Enhancement Through Mindfulness Techniques





 **GPS Map Camera**

Personality and Communication Enhancement through Mindfulness
Techniques St. Paul Institute of Professional Studies , Lalaram Nagar,
Indore, Madhya Pradesh 452001, India

Lat 22.714378°

Long 75.889956°

03/11/23 02:01 PM GMT +05:30



St Paul Institute of Professional Studies, Indore

Language Lab Committee

English Mock Test

'Figure Out the Common Errors'

Date: 10 November 2023

Day: Friday

Time: 12:15 pm

Venue: Room No: 211

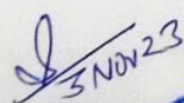
Objective: Enabling students to avoid grammatical and verbal errors.

Flow of the Programme

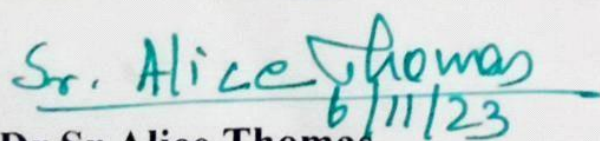
Prayer	: Ms Khushi Vishwakarma
Welcome and Introduction	: Dr Prashant Rao
Participation	: Students
Vote of Thanks	: Ms Najneen Khan

Students Coordinators:

1. Mr Vansh Choudhary 
2. Ms Nupur Yadav 
03/11/2023

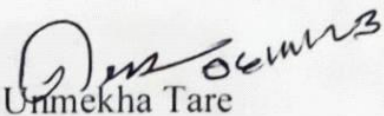

Dr Swati Singh
Convener




Dr Sr Alice Thomas

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St Paul Institute of Professional Studies
INDORE


Dr Umekha Tare

College Coordinator



English Mock Test

'Figure Out the Common Errors'

S.NO	NAME OF THE STUDENT	CLASS	SECTION WITH YEAR	SIGNATURE
1.	Farida Chandrewala	BA. II yr		Farida
2.	Tanishka Sharma	BA II yr		Tanishka
3.	Deena Cycleswala	BA II yr		Deena
4.	Fatema Tikiwala	"		Fat
5.	Kishor Xara	BA III yr		Kishor
6.	Abhay Borani	BA-III yr		Abhay
7.	Jenis David	BBA III yr		Jenis
8.	Cynthia David	BBA III yr		Cynthia
9.	Ayushi Tagore	BA II yr.		Ayushi
10.	Arunshi S. Chandran	BA II		Arunshi
11.	Chaitanya Singh	BA III yr.		Singh
12.	YASH GUPTA	BA III yr		Gupta
13.	GOTUKHARTE	BA III yr		Gokharde
14.	Batul Handiyawala	BA II yr		Batul
15.	Farida Pithawala	BA II yr		Farida
16.	Prerna Sharma	BA II yr		Prerna
17.	Anjali Peruliya	Bcom(T) II nd		Anjali
18.	Manes Grami	Bcom(P) II nd		Manes
19.	Vikas yadav	B.A II yr		Vikas
20.	Kashif Jashi	B.A II yr		KJashi
21.	Raj Dagar	BA II yr.		Raj
22.	Virendra Yadav	BA III yr		Virendra
23.	Rahul Ekka	BA III yr		Rahul
24.	Aruya S. Nair	BA III yr.		Aruya
25.	Soumya Suzanne James	BA II yr		Soumya
26.	Khushi Bhadauria	BA II yr		Khushi
27.	Deepsha Negi	BA II year		Deepsha
28.	Karishma Tumburewala	BA II year		Karishma
29.	Soumya Bais	BA-III yr		Soumya
30.	Prathmesh Verma	BA-II yr		Prathmesh

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INDORE

S.NO.	NAME OF THE STUDENT	CLASS	SECTION WITH YEAR	SIGNATURE
31.	Muskan Nashani	BA III		Muskan
32.	Tereena Repres	BBA III		Tereena
33.	Rohin Crasta	BA III		Rohin
34.	Mariya Badshah	BA III rd yr		Mariya
35.	Vansh Choudhary	BBA-II-A		Vansh
36.	Nupur Yadav	BA 2 nd yr		Nupur
37.	Khushi Vishwakarma	BA 2 nd yr		Khushi
38.	Najneen Khan	BA 3 rd yr		Najneen
39.	Yuvraj Chouhan	BA 2 nd yr		Yuvraj
40.	Sanaa Shaikh	BBA-II (A)		Sanaa
41.	Rajal Jaiswal	B.Com (A) II		Rajal
42.	Prathmesh Verma	BA II yr		Prathmesh
43.	Atanshi Shastri	BA II yr		Atanshi
44.	Porima Shuja	B.COM (A) II		Porima
45.	Mehab Ghatiya	BA II yr		Mehab
46.	Hanshala Bhatt	B.COM (A) II		Hanshala

Students Feedback

- The session was very interactive. We got the opportunity to learn new errors and how to figure out the errors. It was a very fruitful session.
- Abhay Borasi
(B.A. III yr)

Remark

This was the session where students shared their confusion and tips to improve their communication. The small mistakes which are unnoticeable.

S. Anil Sharma
PRINCIPAL

* and less discussed in routine life.

Learning Outcomes:

1. Some common errors are very common: related to personal pronouns, punctuation and subject-verb agreement.
2. Students realized the errors of tone, vocabulary, and choice of words.
3. Overall, students realized the common errors.

Analysis

1. BA II Year = 24
2. BA III Year = 11
3. BBA IIIA Year = 05
4. BCom II, Tax = 02
5. BCom II Plain = 02
6. BCom II CA = 02

Total - 46 students

Coordinators

1. Mr. Vansh Choudhary ~~11/12/23~~
2. Ms. Nupur Yadav ~~03/11/23~~

~~03/11/23~~
Dr. Swati Singh
Convener

Committee
Convenor

Dr. Alice Thomas
2/12/23
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INDORE

English Mock Test on Figure Out the Common Errors





Language lab committee, English Mock Test

St Paul Institute of Professional Studies, 7/1, Boundary Road, Lalaram Nagar, Indore

Lat 22.737588°

Long 75.882316°

09/11/23 12:36 PM GMT +05:30

 **GPS Map Camera**

St Paul Institute of Professional Studies, Indore

Language Lab Committee

Workshop on Email and Virtual Communication Skills

Date: 6 December 2023

Day: Wednesday

Time: 12:15 pm

Venue: Language Lab

Objective: Enable students to interpret emails properly

Flow of the Programme

Prayer	:	Ms Gabriella Gomes
Welcome and Introduction	:	Dr Prashant Rao
Participation	:	Students
Vote of Thanks	:	Ms Nupur Yadav

Students Coordinators:

1. Ms Nazneen Khan *Nazneen*
2. Ms Nupur Yadav *Nupur*

Swati Singh
4 Dec 23
**Committee
Convenor**
Dr Swati Singh
Convener

Sr. Alice Thomas
4/12/23
Dr Sr Alice Thomas
Principal
PRINCIPAL
St Paul Institute of Professional Studies
INDORE

Unmekha Tare
04/12/23
Dr Unmekha Tare
College Coordinator
**College
Coordinator**

Workshop on Email and Virtual Communication Skills

(6 Dec 2023)

S.No.	Name of the student	Class	Sec/Year	Signature
1.	Shophali Patel	B.Sc.	11 year	Shophali
2.	Samiti Jain	BBA	II year(A)	Sjain
3.	Swikhi Kale	BA	II Year	Swikhi
4.	Muskan Sharma	B.A. nd yr	II nd yr	Muskan
5.	Bhazel Handiyawala	B.A. nd yr	II nd yr	Bhazel
6.	Ritika Bhakar	B.A.	III yr	Ritika
7.	Shikha Patel	B.A.	III yr	Shikha
8.	Yashika Mishra	B.A.	III yr	Yashika
9.	Gaurav Verma	Bsc	II yr	Gaurav
10.	Aashi Kushwaha	BA	III yr	Aashi
11.	Koshiki Shukla	BA	III yr	Koshiki
12.	Shakshi Agarwal	BA	III yr	Shakshi
13.	Mariya Badshah	BA	III yr	Mariya
14.	Durriya Sogiawala	BA	III yr	Durriya
15.	Amita Rawat	BA	III yr	Amita
16.	Anupama Majhi	BA	III yr	Anupama
17.	Kushi Sharma	BA	III yr	Kushi
18.	Aakansha Akanksha	BA	III yr	Aakansha
19.	Aakash Mishra	BA	III yr	Aakash
20.	Elcee Arland	BA	III yr	Elcee
21.	YASH GUPTA	BA	III nd yr	Yash
22.	John Sebastian	B.Com(Hons)	III - Yr A	John
23.	Aadith Rajeev	B.Com(Hons)	III - Yr A	Aadith
24.	Gourkharde	B.A.	III	Gourkharde
25.	Muskan Deshpande	BBA	I Ind 'B'	Muskan
26.	Mansi Soni	BBA	I Ind 'B'	Mansi
27.	Abhay Borari	B.A.	III 1/2	Abhay
28.	Elvin Pereira	B.Com(Hons)	III yr	Elvin
29.	Himanshu Patil	B.A.	III yr	Himanshu
30.	Piyush Verma	B.A.	III yr	Piyush
31.	Kalash Sachdev	B.A.	III yr	Kalash
32.	Chandni Kumawat	B.Sc.	I year	Chandni

S. Alice Thomas

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8/12/23

St Paul Institute of Professional Studies

INDORE

S.No.	Name of the Student	Class	Year/sec	Signature
33	Vishakha Salveya	B.Sc(CS)	I st year	Bafrigid
34	Muskan Rappoot	B.Sc(CS)	I year	Muskan
35	Shiv Singh Chauhan	B.Sc(CS)	I year	Shiv
36	Mahek Dhamani	B.Com(H)	II year	Mahek
37	Himanshu Paliwal	B.Com CA	III yr	Himanshu
38	Piyush Verma	B.COM CA	III yr	Piyush
39	Mafiya Lokhandwala	BA	III yr	Mafiya
40	Muskan Nashani	BA	III	Muskan
41	Renu Chauhan	BA	III yr	Renu
42	YUURAJ chauhan	BA	II yr	Yuraj
43	Aastha Singh Jat	BA	III yr	Aastha
44	Siddhi Shukla	BA	III yr	Siddhi
45	Khushi Jushwakarma	BA	II yr	Khushi
46	Nupur Yadav	BA	II yr	Nupur
47	Najneem Khan	BA	III yr	Najneem

Students Feedback

1. The session was informative and provided us with various tips & points to remember while communicating virtually. It was helpful & gave us the much required details necessary in this digital world.

- Durviya Sogiawala
BA IIIrd yr. *Durviya*

2. In today's session I learned about how to address an email correctly as well as drafting an essay. It was informative, engaging and communicative.

Dr. Aliza Thomas
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- Maniya Badshah
BA IIIrd yr. *Maniya*

Remark : Email is a virtual communication which is a part and parcel of modern life.

and now this is a need of hour that we should be aware with does or don'ts. The session was focussed on email or virtual meeting and what precautions should be taken care before emailing or giving online interview or any kind of online conversation, were discussed briefly.

Learning Outcomes:

1. Students are aware about virtual communication.
2. Abbreviations and full forms were clearly discussed.
3. Etiquettes of virtual communication were discussed.

Analysis:

BSc II	-	2
BBA II, A	-	2
BA II	-	06
BA III	-	21
Hon II, A	-	02
BBA II, B	-	01
BSc I	-	04
CA III	-	09
Total	=	<u>47</u> Students

Coordinators

Ms Najneen Khan Najneen

Ms Nupur Yadav Nupur

7 Dec 23
Dr Swati Singh
Convener

Sr. Alice Thomas
8/12/23
Dr Sr Alice Thomas
PRINCIPAL

Workshop on Email and Virtual Communication Skills





GPS Map Camera



Language Lab Activity, Workshop on Email and Virtual Communication
St Paul Institute of Professional Studies, 7/1, Boundary Road, Lalaram Nagar, Indore
Lat 22.743957°
Long 75.883004°
06/12/23 12:38 PM GMT +05:30

ST. PAUL INSTITUTE OF PROFESSIONAL STUDIES, INDORE

Department of Commerce & Management

Session by Student Council (Management)

on

'Communication Skills for Workplace Success'

Date: 15/12/2023

Time: 1:00 pm

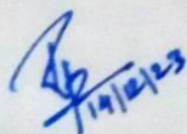
Venue: R.No. 408

- Objective:
- 1) to help students understand and avoid basic grammar errors
 - 2) Enhancing student's communication skills to reach to the par with corporate communication
 - 3) improve student presentation skills

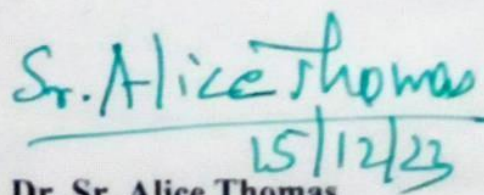
Flow of the Program

- Prayer : Mr. Mohd. Afam
- Introduction of the Session
- Session:
 - Phase 1 (Grammar Errors) : Mr. Abel Babu George and Mr. Amrit Singh Ajmani
 - Phase 2 (Commonly used acronyms) : Mr. Bhavya Shah and Ms. Mehak Jaiswal
 - Phase 3 (New phrases to beautify English) : Ms. Snighdha Chouhan and Ms. Nandani Sharma
- Q&A Session
- Concluding Remarks : Prof. Rachel Pawar

Student Coordinator: Student Council



Prof. Rachel Pawar
Activity & Course Coordinator



Dr. Sr. Alice Thomas
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INDORE

S.No.	Name	Class	Section	Signature
1.	Sneha Thakur	BBA - III	B	
2.	Anish Baxi	BBA - III	B	
3.	Aashu Rai	BBA - III	B	
4.	Mahak Jainwal	BBA - III	B	
5.	Nandini Sharma	BBA - II	B	
6.	Snigdha Chouhan	BBA - II	'A'	
7.	Bhavya Shah	BBA - III	'A'	
8.	Hareesh Hiran	BBA - I	'B'	
9.	Priyanshu Kochale	BBA - II	'B'	
10.	Vimalika Das	BBA - II	'A'	
11.	Mahak Varnani	BBA - I	'B'	
12.	Kanika Jainani	BBA - I	'B'	
13.	Faisal Khan	BBA - I	'B'	
14.	Ishta Mardeci	BBA - I	'B'	
15.	Tanishka Aggarwal	BBA - I	'B'	
16.	Praram Yadav	BBA - I	'B'	
17.	Rajesh Sharma	BBA - I	'B'	
18.	Piyush Chouhan.	BBA - 1 st	'B'	
19.	Sujal Dewangy.	BBA - 1 st	'A'	
20.	Sujal Chouhan.	BBA - 1 st	'A'	
21.	Katham Joshi	BBA - 1 st	'A'	
22.)	Devansh Rathore	BBA - 1 st	'A'	
23.)	Ansh Choudhary	BBA - 1 st	'A'	
24.)	Anshul Bhama	BBA - 1 st	'A'	
25.)	Vaishnavi Ajit	BBA - 1 st	'A'	
26.)	Naina Soni	BBA - 1 st	'A'	
27.)	Mansi Soni	BBA - II	'B'	
28.)	Muskan Dubeshi	BBA - II	'B'	
29.)	Nikita Soni	BBA - I	'B'	
30.)	Anurag Sahu	BBA - III	'B'	
31.)	Saniya Pariyani	BBA - III	'B'	
32.)	Karina Dermalani	BBA - III	'B'	
33.)	AKRUTI Salwani	BBA - III	'B'	
34.)	Umang Azad	BBA - III	'B'	

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S.No.	Name	Class	Section	Signature
35.	Shruti Kethumaja	BBA I	A	<u>Shruti</u>
36.	Bulbul Tank	BBA I	A	<u>Bulbul Tank</u>
37.	Mihika Singh	BBA II	A	<u>Mihika</u>
38.	Prashant Thakur	BBA I	B	<u>Pr</u>
39.	Ashvi Garg	BBA III	B	<u>Ashvi</u>
40.	Ayushi Khosla	BBA III	B	<u>Ayushi</u>
41.	Diya Dinit	BBA III	B	<u>Diya</u>
42.	Samant Ahuja	BBA I	A	<u>Samant</u>
43.	Anushka Shrivastava	BBA I	A	<u>ANUSHA</u>
44.	Shreya Harodia	BBA I	A	<u>Shreya</u>
45.	Archita Verma	BBA I	A	<u>Archita</u>
46.	Jomir Joshi	BBA I	A	<u>Joshi</u>
47.	Mustafa Garoth	BBA I	A	<u>Mustafa</u>
48.	Shiv Wadhvani	BBA I	A	<u>Shiv</u>
49.	Sugandh Haseja	BBA I	A	<u>Sugandh</u>
50.	Nupur Soni	BBA II	A	<u>Nupur</u>
51.	Mohd. Afham	BBA II	B	<u>Afham</u>
52.	Dikshanshi Jaiswal	BBA I	B	<u>Dikshanshi</u>
53.	Utkarsh Yadav	BBA I	B	<u>Utkarsh</u>

CLASSWISE ANALYSIS

BBA I 'A'	-	18
BBA I 'B'	-	13
BBA II 'A'	-	4
BBA II 'B'	-	5
BBA III 'A'	-	1
BBA III 'B'	-	12
		<u>53</u>

Sr. Alice Thomas

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St. Paul Institute of Professional Studies
INDORE

St. Paul Institute of Professional Studies, Indore

Feedback form (For Students, attended the Program)

Name of Student: Ansh Choudhary

Class: BBA-A

Contact No.: 9340970990

Name of Activity: Session on effective communication skill

Program Level (Department/Committee /Class):

Date: 15-12-23

Venue: Room 110

Please Put Right Tick, wherever applicable.

	Excellent	Very Good	Good	Average
Organization of Activity was	☒			
Content/ Discussion of Activity was	☒			
Please Rate the Overall Quality of Program.	☒			

	Yes	No
I found it Helpful/ Informative/Entertaining	☒	
In future, I really want to attend such more sessions.	☒	

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FEEDBACK ANALYSIS

	Excellent	Very Good	Good	Average
Organization of Activity was	1	2	2	
Content/ Discussion of Activity was	3	1	1	
Please Rate the Overall Quality of Program.	2	2	1	

	Yes	No
I found it Helpful/ Informative/Entertaining	5	
In future, I really want to attend such more sessions.	5	

REPORT :

The management department led a comprehensive session that focused on developing student interpersonal skills in order to position them for success in the workplace. This session was led by the students Council. Important topic discussed in the seminar included Modern phases, acronyms, common grammar errors, and cooperative working. The students actively participate in an interactive session where they learned how to conduct themselves professionally in the workplace. The workshop effectively gave the students insightful knowledge on how to communicate professionally and promoted a supportive, cooperative work atmosphere.

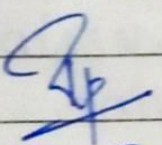
St. Alice Thomas

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INDORE

LEARNING OUTCOMES :

- 1) By this session the students learnt to use suitable language and tones in professional contexts.
- 2) Enhanced verbal communication by taking active participation.
- 3) The session build confidence in communication abilities by practicing and seeking opportunities to speak up.
- 4) This session helped the students to work in team for faster communication and cooperation among others.


PROF. RACHEL PAWAR
HOD - Management

HOD

Sr. Alice Thomas
6/12/2024
Dr. Sr. Alice Thomas
PRINCIPAL

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INDORE

Communication Skills for Workplace Success



St. Paul Institute of Professional Studies, Indore

Women & Child Protection Committee

Guest Talk by Alumina

On

Health & Hygiene

Topic: Menstrual hygiene and cultural taboos

Date: 22/07/23

Time: 12:15

Venue : A.V. Room

Flow of the Programme

- | | |
|--|-------------------------|
| 1. Prayer | : Ms. Sindhu K.S. |
| 2. Welcome Address | : Ms. Surbhi Kale |
| 3. Introduction of the Resource Person | : Ms. Apoorva Kaliraman |
| 4. Session by | : Ms. Shreya Parteti |
| 5. Vote of Thanks | : Ms. Chanchal Joshi |

Compering By: Ms. Tanisha Shekhawat

[Signature]
17/7/23

Dr. Sarika Pandey
Convener

Committee
Convenor

[Signature] Alice Thomas

17/7/23

Dr. Sr. Alice Thomas
PRINCIPAL

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INDORE

Guest Talk by Alumina

Sl No	Name of the Student	Class	Sign.
1	Shikha Patel	B.A III year	Shikha
2	Yashika Mishra	B.A III year	Yashika
3	Damakesh Jivari	BA III	Damakesh
4	Akanisha	BA III	Akanisha
5	Jayant	BA III	Jayant
6	Renu Chouhan	BA III	Renu
7	Aakash	BA III	Aakash
8	Aanupama Majhi	BA III	Aanupama
9	Rohin Gasta	BA III	Rohin
10	Rahul Ekka	BA III	Rahul
11	Renu Chouhan	BA III	Renu
12	Prathmesh Verma	BA II	Prathmesh
13	Purna Sharma	BA II	Purna
14	Aamshi S. Chandran	BA II	Aamshi
15	Kanishtha Sharma	BA II	Kanishtha
16	Tanisha Shekhawat	BA II	Tanisha
17	Najreen Khag	BA II	Najreen
18	Umar Farid	B.COM H II	Umar
19	Gowar Khan	"	Gowar
20	Himanshu Solanki	BBA II yr	Himanshu
21	Ayush Sharma	BBA II year	Ayush
22	Himanshu Khanna	BBA II year	Himanshu
23	Jobay Jose	BBA II year	Jobay
24	Piyush Sharma	BBA II year	Piyush
25	Akhay Borasi	BA III year	Akhay
26	Soumya Bais	BA III Year	Soumya
27	Tamanna Meda	B.Com I st Year	Tamanna
28	Anushtha Dubey	B.Com II nd year	Anushtha
29	Sushila Sharma	B.com II nd year	Sushila
30	Kotwal Surpril	B.com ^{CA} II nd year	Kotwal
31	John David Kandulna	B.com CA I st year	John David
32	Prabin Lakra	B.A II Year	Prabin
33	Chirag Tirkey	B.com CA II nd year	Chirag
34	Muskan Sharma	BCA II year	Muskan

So. A. K. Sharma
PRINCIPAL

Sr. No.	Name of the Student	Class	Sign.
35	Alvin James Damasus	B.Com CA II year	<u>Alvin</u>
36	Bernadette Joseph	B.Com CA II year	<u>Joseph</u>
37	Himanshu Kharwar	BBA II year	<u>Himanshu</u>
38	Jobay Joshi Jose	BBA II year	<u>Jobay</u>
39	Piyush Sharma	B.Com (CI) year	<u>Piyush</u>
40	Ansh perchan	B.Com (Tax) II yr	<u>Ansh</u>
41	Shubhankar RaiKwar	B.Com (Tax) II yr	<u>Shubhankar</u>
42	Lokratna Divedi	BA II yr	<u>Lokratna</u>
43	Mahak Yathiya	BA II yr	<u>Mahak</u>
44	Diana Franklin	BA II yr	<u>Franklin</u>
45	Khushi Vishwakarma	BA II yr	<u>Khushi</u>
46	Nupur Yadav	BA II yr	<u>N.Y</u>
47	Yuvraj Chauhan	BA II yr	<u>Yuvraj</u>
48	Vinisha Gandhi	BA II yr	<u>Vinisha</u>
49	Kareena Gohar	BA yr	<u>Kareena</u>
50	Kajal Kakadiya	BA yr	<u>Kajal</u>
51	Divyblu Kale	BA II yr	<u>Divyblu</u>
52	Mitanshi Shastri	BA II yr	<u>Mitanshi</u>
53	Shreyu Joshi	BA II yr	<u>Shreyu</u>
54	Chanchal Joshi	BA II yr	<u>Chanchal</u>
55	Apoorva Kaliraman	BA II yr	<u>Apoorva</u>
56	Aftab Ghoshi	B.Com (Plain) II yr	<u>Aftab</u>
57	Jatin Khondagale	B.Com (Plain) II yr	<u>Jatin</u>
58	Mahak Hinduja	B.Com (Honi) II yr	<u>Mahak</u>
59	Rehan Khan	B.Com (Plain) II year	<u>Rehan</u>
60	Mohammad Tayyab	B.Com (Tax) II year	<u>Tayyab</u>
61	Martin Koriya	BA II yr	<u>Martin</u>
62	Raj Nagar	BA II yr	<u>Raj</u>
63	Ashita Jimmy	BA II yr	<u>Ashita</u>
64	Riya Choudhary	BA III yr	<u>Riya</u>
65	Anshika Dixit	B.Sc II yr	<u>Anshika</u>
66	Ashita Jimmy	BA II yr	<u>Ashita</u>

St. Alice Thomas

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INDORE

Feedback

session was very interesting from the starting till end. I learned so many unknown facts about menstruation and it enhanced my knowledge content.

- Akansha Yadav
BA III year

2. The session was very helpful and knowledgeable. It gave us knowledge and importance of menstrual hygiene and cultural taboos.

- Himanshu Kharwar
BBA II year.

3. It was very wonderful from the session we gained knowledge about cultural taboos and how we can break it and help people around us.

- Aftab ghosh
B.COM (plain) II yr.

4. Very good session and useful then again organise this type of session.

Renee Chauhan
B.A. III Year.

So. Alice Thomas

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St. Paul Institute of Professional Studies
INDORE

17/7/23

Learning Outcomes and Remarks

1. A discussion on the menstrual hygiene and cultural taboos was conducted by women & child protection and anti-harassment committee.

2. The students actively participated under discussion and spoke very well on the topic. Total 65 students participated in this activity.
3. The aim behind this discussion is that students should understand the importance of menstrual hygiene in life. The students shared their words of experiences and events on the cultural taboos that affect every teenagers and adults in their lives.
4. Girls and boys both should be aware of the hygienic factors of menstruation and can support each other.
5. The outcome of this session was, students became aware about the importance of menstrual hygiene and cultural taboos.
6. The session was co-ordinated by Dr. Sarika.

Analysis

BA II year - 24
 BA III year - 15
 B.Com (H) II year - 3
 B.B.A II year - 2 (A & B)
 B.Com (P.) II year - 6

B.Com (tax) II year - 3
 B.Com (C.A) II year - 6
 B.C.A II year - 1
 B.Sc. II year - 1

Dr. Sarika
 25/07/23

Dr. Sarika Pandey

Convenor

Committee
 Convenor

Dr. Alice Thomas

25/7/23

Dr. Dr. Alice Thomas

Principal

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St. Paul Institute of Professional Studies, Indore

Feedback Form

Date: 22/7/23

Verish

Name of The Student: Vinisha Gandhi Class: B.A IInd yr

Name of the event: Health and hygiene guest talk

Resource Person: Ms Shreya Poojari

Name of the Department Committee: Women and Child Committee

	Excellent	Very Good	Good	Average
Content Feedback				
Rate the topic of the session?	✓			
Rate the subject matter of the session?	✓			
Rate the presentation of the session?	✓			

Individual Feedback	Very Much	Likely
Session has improved my knowledge & awareness?	✓	
The speaker was interactive?	✓	

Do you want to participate in such session in future?	Yes	No
	✓	

Remark

Interesting and very knowledgeable
session.

Sr. Alice Thomas
PRINCIPAL
25/7/23

Guest Talk by Alumina on Health & Hygien





Alumni Talk, Hygiene Session, Women & Child Protection Committee
SPIPS, 7/1 Boundary Road, Lalaram Nagar, Indore, Madhya
Pradesh 452001, India
Lat 22.729793°
Long 75.89016°
24/07/23 12:27 PM GMT +05:30

St. Paul Institute of Professional Studies, Indore

Women & Child Protection Committee

Guest Talk
On
Health & Hygiene

Topic: Pcod/Pcos and adolescence

Date: 22/08/23

Time: 12:30

Venue : A.V. Room

Flow of the Programme

- | | |
|--|-------------------------|
| 1. Prayer | : Ms. Apoorva Kaliraman |
| 2. Welcome Address | : Ms. Surbhi Kale |
| 3. Introduction of the Resource Person | : Ms. Ashita Jimmy |
| 4. Session by | : Dr. Poonam Newalkar |
| 5. Vote of Thanks | : Ms. Chanchal Joshi |

Compering By: Ms. Surbhi Kale

Dr. Sarika Pandey
Convener

Committee
Convenor



Dr. Unnvekha Tare
College Coordinator

Sr. Alice Thomas
21/8/2023
Dr. Sr. Alice Thomas
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INDORE

Guest Talk on Health & Hygiene

Sl. No	Name of the student	class / section	Sign.
1	Mitanshi Shastri	BA II yr	<u>Mitanshi</u>
2	Ashita Jimmy	BA II yr	<u>Ashita</u>
3	Belin Babu	B.com Tax II yr	<u>Belin</u>
4	Sakhmari Tejwani	BSc I year	<u>Sakhmari</u>
5	Minakshi Solawat	B.com II year (FT)	<u>Minakshi</u>
6	Anchal Sharma	B.com (Tax) II yr	<u>Anchal</u>
7	Amisha Kumari	B.com (Tax) II yr	<u>Amisha</u>
8	Kumkum Chouhan	B.com (Tax) II yr	<u>Kumkum</u>
9	Chandani Patel	BA II yr	<u>Patel</u>
10	Deepisha Negi	BA II yr	<u>Negi</u>
11	Khushti Bhadoria	BA II yr	<u>Khushti</u>
12	Mariyam Furturewala	BA II yr	<u>Mariyam</u>
13	Riya Sharma	BA II yr	<u>Riya</u>
14	Sambiddhi Jain	BBA III - A	<u>Sambiddhi</u>
15	Eeta Talreja	BBA III - A	<u>Eeta</u>
16	Himanshi Bhatia	BBA III - A	<u>Himanshi</u>
17	Sanjana Lund	BBA III - A	<u>Sanjana</u>
18	Eman Suman	BBA III - A	<u>Eman</u>
19	Baloni Chouhan	B.com (CA) II F	<u>Baloni</u>
20	Jasmeet Kaur Dang	BBA I - A	<u>Jasmeet</u>
21	Nandani Chouhali	B.com I - 'A'	<u>Nandani</u>
22	Najneen Khan	BA III yr	<u>Najneen</u>
23	Swiksha Choudhary	B.com III Hons 'A'	<u>Swiksha</u>
24	Ribika Gidwani	B.com (Hons) III yr 'A'	<u>Ribika</u>
25	Rainy Shamsara	B.com (Hons) I yr 'A'	<u>Rainy</u>
26	Tiya Singh	B.com (Hons) I yr 'A'	<u>Tiya</u>
27	Ambata Saran	BCA II yr	<u>Ambata</u>
28	Garima Singh Nath	BCA II yr	<u>Garima</u>
29	Amrita Rawat	BA III yr	<u>Amrita</u>
30	Anupama Majhi	BA III yr	<u>Anupama</u>
31	Fatima Jikwala	BA II yr	<u>Fatima</u>
32	Ritika Bhakal	BA III yr	<u>Ritika</u>
33	Arya S Nair	BA III yr	<u>Arya</u>
34	Koshiki Shukla	BA III yr	<u>Koshiki</u>

35	Renu Chauhan	B.A III rd year	Renu*
36	Suzette Eshw	BA II year	Shm
37	Aditi Malviya	BA II Yr	Adi
38	Apoorva Kaliraman	BA II year	Fali
39	Chanchal Joshi	BA II year	Chanchal
40	Nandani Chouling	BA II year	Nandani
41	Surbhi Kale	BA II Yr.	SR
42	Kareena Gohari	BA II Yr	Kareena
43	Vinisha Gandhi	BA II yr	Vinisha
44	Himanshi Choudhary	B.COM I st Year	himanshi

Feedback:

Session was very interactive. Faculty members given wonderful opportunity for the awareness on menstruation, lifestyle modification and PCOS/PCOD.

- Surbhi Kale
BA II Yr.

Session was very informative and interactive providing us with useful information about menstruation as well as PCOD/PCOS, sex education and health.

- Apoorva Kaliraman
BA II year.

Session was very useful for girls, the session was very knowledgefull.

St. Alice Thomas

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INDORE

Renu Chauhan

B.A. IIIrd year

21/8/23

St. Paul Institute of Professional Studies, Indore

Feedback Form

Date 22/8/23

Name of The Student Gauma Singhmath Class BCA II 4r

Name of the event: Guest Talk on Health & Hygiene

Resource Person: Dr. Poonam Newalkar.

Name of the Department / Committee Women & Child Protection Committee.

	Excellent	Very Good	Good	Average
Content Feedback	✓			
Rate the topic of the session?	✓			
Rate the subject matter of the session?	✓			
Rate the presentation of the session?	✓			

Individual Feedback	Very Much	Likely
Session has improved my knowledge & awareness?		✓
The speaker was interactive?		✓

Do you want to participate in such session in future?	Yes	No
	✓	

Remark

Very informative session

Sr. Alice Thomas

PRINCIPAL

23/8/23

Learning Outcomes & Remarks

1. A discussion on the 'PCOD/PCOS and Adolescence' was conducted by women & child protection and anti-harassment committee.
2. The students actively participated under the session and the resource person also spoken well on the topic.
3. The graphical presentation by the resource person was having interesting facts which helped the students to clear the doubts which were there in their minds.
4. Girls students should be aware of the hygiene factors of menstruation and can help each other.
5. The session was co-ordinated by Dr. Poonam Newalkar.

Analysis

BA II 48 - 16	B.Com. CA II 48 - 4	B.Com. III Yr. (Hons) A-2
B.Com Tax II 48 - 4	BBA I (A) 48 - 1	B.Com I 48 (Hons) - 2
B.Sc. I 48 - 1	B.Com. I 48 A - 3	B.E.A. II 48 - 2
BBA III A - 5	BA III 48 - 7	

[Signature]
23/08/23

Dr. Saejka Pandey

convener

Committee
Convenor

Sr. Alice Thomas

23/8/2023

Dr. Sr. Alice Thomas

Principal
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St Paul Institute of Professional Studies
INDORE

Guest Talk on Health & Hygiene





St. Paul Institute of Professional Studies, Indore
NCC Committee

Physical Fitness Test for 1st year students

Date: 24/08/2023

Day: Thursday

Time: 02:00 pm

Venue: Reception Area

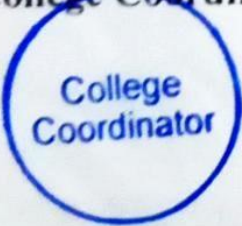
Flow of the Program

Prayer	: Cdt. Helena Kindo
About the Program	: SGT. Ambika Ray
Address By Principal	: Dr. Sr. Alice Thomas
Vote of Thanks	: CQMS. Sudhansh Singh Parihar

Comparing : UO. Soumya Bais


Dr. Sarika Pandey
Coordinator


Dr. Unmekha Tare
College Coordinator


College
Coordinator


Capt. Dr. Avinash Yadav
Committee Convenor


Dr. Sr. Alice Thomas
22/8/2023

Principal
PRINCIPAL
St Paul Institute of Professional Studies
INDORE

St. Paul Institute of Professional Studies, Indore

NCC ACTIVITIES - (2023-24)

ACTIVITY NAME : PHYSICAL FITNESS TEST FOR 1st YEAR STUDENT

S.NO	CADET NAME	CLASS & SEC	CDT. SIGNATURE	REMARKS
1	Abhay Borasi	BA III Yr	<i>[Signature]</i>	
2	Soumya Bais	BA III Yr	<i>[Signature]</i>	
3	Virendra Yadav	BA III Ye	<i>[Signature]</i>	
4	Susithi Pal	BSc III Yr	<i>[Signature]</i>	
5	Renu Chouhan	BA III Yr	<i>[Signature]</i>	
6	Apoorva Kaligaman	BA II Yr	<i>[Signature]</i>	
7	Helena Kinde	B.Com II Yr	<i>[Signature]</i>	
8	Janisha Shekhawat	BA II Yr	<i>[Signature]</i>	
9	Sudhanshu Panwar	B.Com III Yr	<i>[Signature]</i>	
10	Arun Gurjela	B.Sc III Yr	<i>[Signature]</i>	
11	Yash Sharma	BSc III Yr	<i>[Signature]</i>	
12	Amit Bora	B.Com III Yr	<i>[Signature]</i>	
13	Ashwin Kujur	B.Com III Yr	<i>[Signature]</i>	
14	Aryan Thakur	B.Com III Yr	<i>[Signature]</i>	
15	Amelia Roy	B.Com III Yr	<i>[Signature]</i>	
16	Piyush Koushal	B.Com FTIII	<i>[Signature]</i>	
17	Himmat Singh	B.Com (H) III	<i>[Signature]</i>	
18	Gaurav Yadav	B.Com CAII	<i>[Signature]</i>	
19	Ritesh Ranwasi	B.Com FI I	<i>[Signature]</i>	
20	Prathmesh Verma	BA II Yr	<i>[Signature]</i>	
21	Anurag Mishra	BBA II Yr	<i>[Signature]</i>	
22	Wilson Ayush Toppo	B.Com (H) II	<i>[Signature]</i>	
23	Adwin George Minj	B.Com (P) II	<i>[Signature]</i>	
24	Varun Kale	B.A II Yr	<i>[Signature]</i>	
25	Vikas Patel	BBA II Yr	<i>[Signature]</i>	
26	Nishant Upadhyay	B.Com FTIII	<i>[Signature]</i>	
27	Dheeraj Anjana	BBA II Yr	<i>[Signature]</i>	
TOTAL CADETS :				

ANO'S SIGNATURE :

PRINCIPLE SIGNATURE

PRINCIPAL

St Paul Institute of Professional Studies
INDORE

[Signature]
31/8/2023

REMARK

cc Committee Conducted "Physical fitness Test for 1st year student". On 24/08/23 (Thursday). At the Venue Reception area. The Programme starts with the Prayer by Cdt. Helena Kondo. Followed by given details about the programme by Sgt. Ambika Ray. And Address by principal. At the end programme ends with the formal Vote of Thanks by C.A.M.S. Sudharsh Singh Thakur panikhar. And comparing done by Under officer & Sumya Bae. Total 27 Cadet along with 1 faculty members in these Activity.

Duty Allotment For Committee member.

Capt. Dr. Anurash Yadav - Arranging programme.
Dr. Savika Pandey - Coordinating with students

FEEDBACK.

1. It was a great experience to check the body, physically and mentally to test it and to measure and monitor the physical fitness test

Prathmesh Verma
B A II Year

2) It was an amazing experience for all the cadets. It was an amazing opportunity to test our physical fitness. It was a healthy competition. We expect few more healthy competition in future.

Ashwin Kujun
B. Com III year

Sr. Alice Thomas

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St Paul Institute of Professional Studies
INDORE

CONTENT

"Physical fitness test for 1st year" is mainly done for the assessments are a series of tests that measures and monitors students physical fitness level. The series of tests assess the five comp. The Techniques & exercises are we took for the 1st year selection was pushups,

Crunches, Star Bowd jump, 100m & 50m race for boy's & girls as well.

For judge the correct wave length, capability, strength 50m shuttle and all were doing the and judging the students for selecting in NEC.

ANALYSIS

B.A III Year = 4

B.Sc III Year = 3

B.Com II Year (H) = 2

B.A II Year = 3

B.Com III Year (P) = 3

B.Com II Year (FT) = 2

B.C.A III Year = 1

B.Com III Year (H) = 3

B.Com II Year (KA) = 2

B.C.A II Year = 1

B.Com III Year (T) = 1

B.B.A III Year (A) = 1

LEARNING OUTCOMES

1. Being physically active can improve your brain health, help manage weight, reduce the risk of disease strengthen bones and muscles and improve your ability to do everyday activities. Adults who sit less & do any amount of moderate to-vigorous physical activity gain some health benefits.

~~Dr. Anurash Yadav~~
31/8/23
Dr. Anurash Yadav
CONVENOR

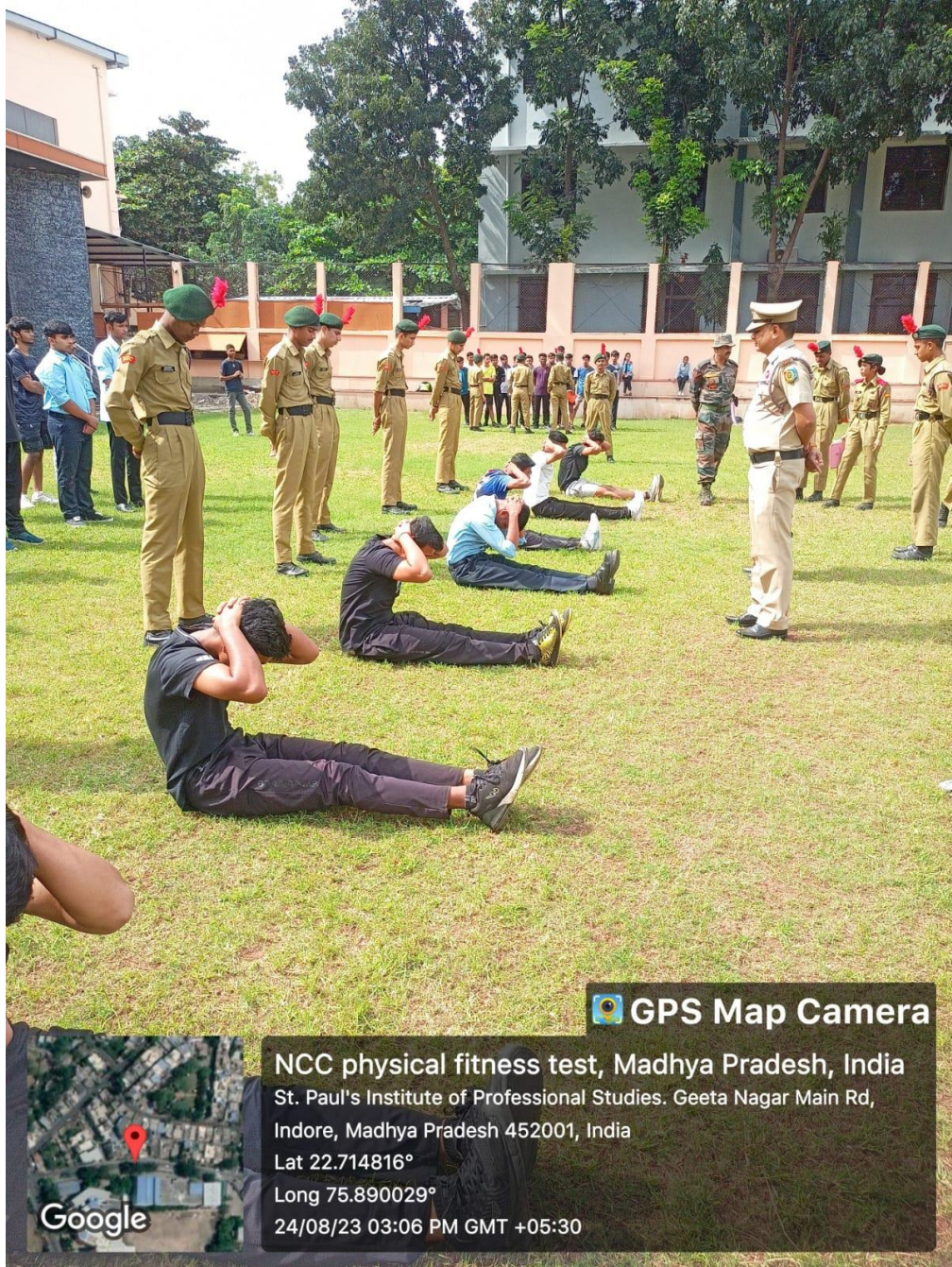
Committee
Convenor

Sr. Alice Thomas
31/8/2023
PRINCIPAL

St Paul Institute of Professional Studies
INDORE

Physical Fitness Test for I year Students





 **GPS Map Camera**



NCC physical fitness test, Madhya Pradesh, India

St. Paul's Institute of Professional Studies. Geeta Nagar Main Rd,

Indore, Madhya Pradesh 452001, India

Lat 22.714816°

Long 75.890029°

24/08/23 03:06 PM GMT +05:30

44

St. Paul Institute of Professional Studies, Indore
Physical Education Department

Guest talk "Yoga for Healthy Body and Healthy Mind"

Date: 06/10/2023

Day: Friday

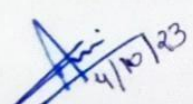
Time: 01:30 pm

Venue: Seminar Hall

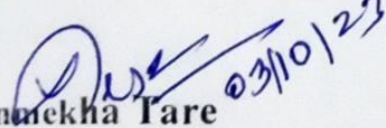
Flow of the Program

Prayer	: Cdt. Gaurav Yadav
About the Program	: Miss. Tanvi Jain
Session by	: Mr. Vipin Sharma
Address By Principal	: Dr. Sr. Alice Thomas
Vote of Thanks	: Cdt. Ritesh Ranwasi

Compering : Cdt. Prathmesh Verma

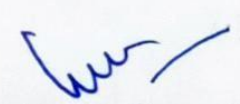

Dr. Avinash Yadav

H.O.D

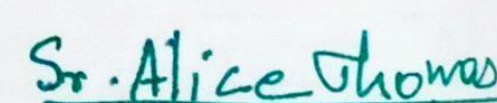

Dr. Umeksha Tare

College Coordinator

**College
Coordinator**


Dr. Rafique Khan

Coordinator


Dr. Sr. Alice Thomas

Principal

PRINCIPAL

**St Paul Institute of Professional Studies
INDORE**

45

Date: / / Page no:

PHYSICAL EDUCATION DEPARTMENT

GUEST TALK "YOGA FOR HEALTHY BODY AND HEALTHY MIND"

DATE :- 06/10/2023

DAY :- FRIDAY

S.NO.	NAME OF THE PARTICIPANT	CLASS & SEC	SIGNATURE
1.	Abhay Bonasi	BA III Year	Abhay
2.	Sourya Bais.	BA III year	Bais
3.	Prathmesh Verma	BA II year	Prathmesh
4.	Ritesh Ranwasi	B.Com II year	Ritesh
5.	TANVI JAIN	BBA II A	Tanvi
6.	RIDDHIMA MENGHWANI	BCOM I C yr.	Riddhima
7.	Gourav Khare	B.Com I st Year B	Gourav
8.	Kolash Sachdev	B.Com (C.D) I st year	Kolash
9.	Shruti Kethuniya	BBA I year A	Shruti
10.	Bulbul Tank	BBA 'A' I yr.	Bulbul
11.	Kanishka yadav	B.A I yr	Kanishka
12.	Priyanshi Mangal	B.Com (Tax) III yr	Priyanshi
13.	Kavita Agrawal	B.Com (D) I yr	Kavita
14.	Vaishnavi Jit	BBA (A) I yr	Vaishnavi
15.	SHUBH SAXENA	B.Com (B) I Year	Shubh
16.	Anshul Bhama	BBA (A) I year	Anshul
17.	VIDHI SAHU	BBA (A) I Year	Vidhi
18.	Abdul Qadir Mijunwala	B.COM (HONS) II Yr	Abdul
19.	Burhanuddin Ujjain	B.COM (HONS) II Yr	Burhan
20.	Shruti Tashi	B.A III rd yr	Shruti
21.	Shubham Sharma	B.A III yr	Shubham
22.	Daanish George	BBA I yr 'B'	Daanish
23.	Piyush Rajak	B.Com I yr 'A'	Piyush
24.	Adhokshaj Natkal	B.Com I year 'A'	Adhokshaj
25.	Tanak Sitalani	B.Com I year 'A'	Tanak
26.	Krishna Sharma	B.Com I year 'A'	Krishna
27.	Sawariya choudhary	B.Com I year	Sawariya

PRINCIPAL

St Paul Institute of Professional Studies
INDORE

S.No.	NAME OF THE PARTICIPANT	CLASS/SEC	SIGNATURE
28	Diksha Kujur	B.COM CA 3 rd yr	<u>Diksha</u>
29	YASH GUPTA	BA III yr.	<u>Gupta</u>
30	Neha Verma	B.com I year (C)	<u>Neha</u>
31	Deepanshi Gander	B. Com I year (C)	<u>Deepanshi</u>
32	Muskan Joshi	B. Com I year (E)	<u>Joshi</u>
33	Shreha Solanki	B.COM (B) I year	<u>Solanki</u>
34	Ruchi Yadav	B.com (B) I year	<u>Ruchi</u>
35	Virti Borana	B. Com 'B' I Year	<u>Virti</u>
36	Yashwant Kumar	B. Com 'C' I year	<u>Yashwant</u>
37	Pramod Kumawat	B. com 'C' I year	<u>Pramod</u>
38	Naman Jain	B. Com (C) I year	<u>Naman</u>
39	Yuvraj Singh Yadav	B. Com (C) I st year	<u>Yuvraj</u>
40	Lucky Paliwal	B.COM 'C' I st year	<u>Lucky</u>
41	Tannu Bette	B. Com 'C' 1 st yr	<u>Tannu</u>
42	Piyush Nishad	B. com 'C' 1 st yr	<u>Piyush</u>
43	Shruti Bisht	B. com 'B' I yr	<u>Shruti</u>
44	Shrawani Sinha	BCA I yr	<u>Shrawani</u>
45	Kanak Verma	BCA 1 st year	<u>Kanak</u>
46	Disha Soni	BCA 1 st year	<u>Disha</u>
47	Ritu Soni	B.B.A 1 st year 'B'	<u>Ritu</u>
48	Khushi Rathore	B.B.A 1 st year 'B'	<u>Khushi</u>
49	Anuj Tomar	B.B.A 'B'	<u>Anuj</u>
50	Abhishek Baghel	B. Com. 1 st yr 'D'	<u>Abhishek</u>
51	Abhishek Jat	B.B.A 1 st yr 'B'	<u>Abhishek</u>
52	Ayushi Gurjar	B.A. I yr.	<u>Ayushi</u>
53	Lavisha Jain	B.COM 1 st yr 'B'	<u>Lavisha</u>
54	Gautam Joshi	B.COM 1 st year 'D'	<u>Gautam</u>
55	Krushna Lohame	B.COM 1 st year 'D'	<u>Krushna</u>
56	Gourav Jadhav	B.B.A 'B'	<u>Gourav</u>
57	Ajay Rajput	B.B.A 'B'	<u>Ajay</u>
58	Ayush Jat	B.B.A 'A'	<u>Ayush</u>
59	Pranjal Gurjar	BA I yr	<u>Pranjal</u>
60	Blumika Yadav	BA I yr	<u>Blumika</u>
61	Yukti Rawat	BA I yr	<u>Yukti</u>
62	Muskan Kalra	BA I yr	<u>Muskan</u>

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SNo	Name of the Participant	class/sec	Signature
63	Hitarshi Sarode	B.com I 'E'	Hitarshi
64	Siya Patel	B. Com I 'B'	Siya Patel
65	MAYANK SAHU	B. Com I 'E'	Mayank
66	Armaan Allen Benedict	B. Com I 'E' (FT)	Armaan
67	Vikas Yadav	B.A II yr	Vikas
68	Pari Shinde	B. Com I 'B' 1 year	Pari
69	utkarsh Yadav	BBA 1 st year	utkarsh
70	Perashant thakur	BBA I (B)	Perashant
71	YUVAJ CHOUHAN	B.A II	Yuvraj
72	Aryan Anashti	B. Com I	Aryan
73	Khushi Sadhwani	B. Com I (A)	Khushi
74	Anna nasonan	B. Com I (A)	Anna
75	A Paramdeep Randalwa	B. A (A)	Paramdeep
76	Tinu Suryawanshi	BCA I st year	Tinu
77	Kumkum Patilkar	BCA I st year	Kumkum
78	Mansi Shrivastava	BCA I st year	Mansi
79	Aziz Shaikh	BCA 1 st year	Aziz
80	Kushagrah Goyan	B. Com I st FT (E)	Kushagrah
81	Abhishek Tejwani	B. Com I st (A)	Abhishek
82	Amit Sachdev	BBA I st 'A'	Amit
83	Raghu Vyas	B. Com I (C)	Raghu
84	Elia Dsouza	B. Sc. III	Elia Dsouza
85	Sharan Diverajan	B. Com 1 year 'D'	Sharan
86	Sukhmani Tejwani	B. Sc I year 'A'	Sukhmani
87	Gayatri Khubani	B. Com I st 'C'	Gayatri
88	Kartik Pardeshi	B. Com I st 'C'	Kartik
89	Abhi Lahare	B. Com I st 'A'	Abhi
90	Branjal Pari Ahuja	B. Com (Ph) III	Branjal
91	Dibya Ajoti Lakra	B. COM (C) I st year	Dibya
92	Rose Rashmi Lakra	B. A I st year 'A'	Rose
93	Anishete. Gaud	B. Com I st year 'D'	Anishete
94	Sujal Parihar	BBA I st yr 'A'	Sujal
95	Yash Karadiya	B. Com 1 year 'B'	Yash
96	Jandeep meena	B. Com 1 year	Jandeep
97	Swati Pal	B. A III year	Swati

S.No	NAME OF THE PARTICIPANTS	CLASS / SEC	SIGNATURE
98	Gaurav Yadav	B.COM(CA) II nd yr	H. D. S.
99	Baniya Sharnagat	B.A. I st	Baniya
100	Prarthana Nagpal	B.com E 1 st year	Prarthana
101	Sakshi Mandhan	B.com I st yr 'A'	Sakshi
102	Himale Toshi	B.com I st yr 'D'	Himale
103	Kanyash Gupta	B.com 1 st yr (B)	Gupta
104	Shiray Ghure	B.com 1 st yr (B)	Shiray
105	Sumit Joseph Lakra	B.A. II yr	Sumit
106	Kashish Drablam	B.com 1 st year (C)	Das
107	Himanshu Bairwa	B.com 1 st yr 'A'	Bairwa
108	Vinil Saxena	B.com I 'D'	Vinil
109	Kratika Daxar	B.com 1 st year C	Daxar
110	Pratham Nagpal	B.com I st Year E	Pratham
111	Anjali Maliya	B.com I year C	Anjali
112	Pavni Maliya	B.com I yr 'A'	Pavni
113	Fatema Bhandari	B.com I yr 'A'	Fatema
114	Mariya Amjherawala	B.com I yr 'C'	Mariya
115	Mahi Samiyani	B.com I yr C	Mahi
116	Anshika Dixit	B.Sc. II yr	Anshika
117	Ashwin Koj	B.B.A I yr 'A'	Ashwin
118	Samriddhi Jain	B.B.A - III yr 'A'	Samriddhi
119	Sonali Yadav	B.com Pt [E]	Sonali
120	Priya Khandelewal	B.A. - 2 nd yr	Priya
121	Gifty Anand Yedke	B.com (P) 2 nd yr	Anand
122	Muskan Raghav	B.Sc I yr	Muskan
123	Kashish Badvaniya	B.A I yr	Kashish
124	Muskan Kulkarni	B.A I yr	Muskan
125	Amatullah Arif	BCA 1 st year	Amatullah
126	MELVIN CASTELINO	BCOM 1 yr	Melvin
127	Ashut Dwivedi	BCA 1 year	Ashut
128	Riya Hammach	BCOM 1 year 'A'	Riya
129	DIVYA MAKHIJA	B.com [E] 1 yr	Divya
130	Vishakha Solriya	B.Sc. I st yr	Vishakha
131	Elisha Lawrence	B.com I yr	Elisha
132	DAKSH YADAV	B.com I yr (E)	Daksh

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133	Anshul Solati	B.Com FI (E)	D
134	Priyansh Yadav	BBA (B) I	B
135	Isha Mandloi	BBA (B) 1 st yr	I
136	Muskan Sharma	BCA II yr	S
137	Riya Wadhvani	B.Com 1 yr (A)	R
138	Varsha Pandey	B.A I st year (A)	V
139	Vedantsh Vijayvergiya	B.Com I year (C)	N
140	Alex Michael	B.Com I year (D)	A
141	Om Sahu	B.Com I year (D)	O
142	Nimansh Nema	B.Com I year (D)	N
143	Bulbul Sharma	BCA III yr	B
144	Komal Sharma	BCA II yr	K
145	Shubham Sharma	BCA III yr	S
146	Anisha Chaudhary	B.Com Hons III yr-A	A
147	Harshita Singh	" Hons. III A	H
148	Kushi Jain	" Hons. III A	K
149	Akhil Raiwar	BCA 1 st yr	A
150	Elin Kulk	B.Sc. II yr	E
151	Vedant Shukla	B.A I yr	V
152	PARANSVI JATTI	B.Com I st yr (C)	P
153	Aniruddh Singh Parihar	BCA 1 st year	A
154	Yash Yadav	BBA 1 st yr (B)	Y
155	Prachi Shukla	B.Com 1 st yr E	P
156	Kunal Khosla	B.Com 1 st yr E	K
157	Tisha Mantani	B.Sc II yr	T
158	Shivendra Singh Solanki	B.Com I st E	S
159	Yash Sharma	B.Sc III year	Y
160	Shiv Singh Chauhan	B.Sc I st year	S
161	Ankush Das	B.Sc I st year	A

~~Signature~~
06/10/23

H.O.D

So. Alice Thomas

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St Paul Institute of Professional Studies
INDORE

REPORT

Department of Physical education Organise on Gr
talk on "Yoga for Healthy Body and Healthy
mind" On 06/10/2023 [FRIDAY] Venue
Seminar Hall at 01:30 P.M. Onwards.

All the comparing was done by cdt. Prathmesh
& The program starts with Prayer by Cdt. Gaur
Yadar then about the program by Miss. Tan
Jain, And the session by Mr. Vipin sharma
then our principal Dr. Sr. Alice Thomas encour
and motivates us. At the end for the vote o
thanks by cdt. Ritesh Ranwasi. Total particip
students are in this session

FEEDBACK

1) It was a really great Session, I really know
about my Healthy Body from Yoga Activities
and Great Experiences about Yoga (Asans)
really Helpfull for our health and mind.

~ Cdt. Riddhima

Menghuan

B.com 'C' I Year

2) As we all were beginner & practicing
yoga that gave us beautiful experience
about better health, focus & mind
development. It is very helpfull session for

~ Cdt. Ashwin Karg
B.B.A. 'A' I year

Sr. Alice Thomas

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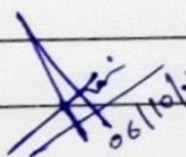
LEARNING OUTCOMES

According to our students the learning and motivation that they take from the session and know about the Yoga which helps us to reduce stress, developed mental health and healthy body.

Our students learn the best outcomes from these session to improve general wellness by relieving stress, supporting good health habits and also improving mental, emotional health, sleep and balance. Makes the mental clarity and calmness. The main it helps us to make our concentration more and focus about for health and the most important yoga controls anger and the most of the students control their anger by yoga activities.

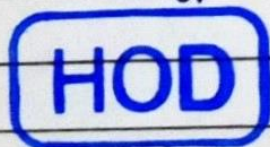
The fundamental purpose of yoga is to foster harmony in the body, mind and environment. All the learning that we take in yoga session are help us to motivates and in all manner we grow up harder and fuller.

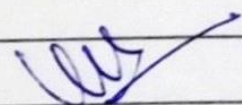
Analysis


06/10/23

DR. AVINASH YADAV

HOD





DR. RAFIQUE KHAN

Coordinator

Sr. Alice Thomas

PRINCIPAL

St Paul Institute of Professional Studies
INDORE

Guest talk Yoga for Healthy Body and Healthy Mind





GPS Map Camera

Indore, Madhya Pradesh, India

15, Lalaram Nagar Rd, Lalaram Nagar, Indore, Madhya Pradesh
452001, India

Lat 22.714547°

Long 75.890594°

06/10/23 01:42 PM GMT +05:30



St. Paul Institute of Professional Studies, Indore
Physical Education Department

Division Level Inter- Collegiate Yoga (Men & Women)

Date: 16/10/2023

Day: Monday

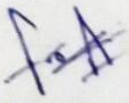
Time: 9:00 am

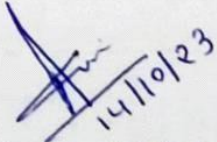
Venue: Auditorium

Flow of the Program

Prayer	: S.U.O Abhay Borasi
Welcome And Introduction	: Sgt. Ambika Ray
Address By Principal	: Dr. Sr. Alice Thomas
Address By Director	: Rev. Fr. Simon Raj
Address By Guest	: Dr. S.S. Sharma
Vote of Thanks	: Cdt. Ritesh Ranwasi

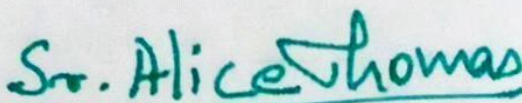
Compering : C.U.O Soumya Bais


Dr. Rafique Khan
Coordinator


Dr. Avinash Yadav
H.O.D

HOD

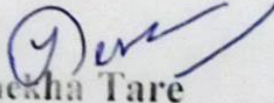
H.O.D



Dr. Sr. Alice Thomas

Principal

PRINCIPAL
St Paul Institute of Professional Studies
INDORE


Dr. Unmekha Tare
College Coordinator

**College
Coordinator**

53

The Total Participating Team From "Division Level Inter-Collegiate Yoga (Men & Women)".

Team for boys (9)

U.T.D

1. U.T.D
2. Shri Atal Bihari Vajpai Arts & Comm.
3. St. Paul Institute of Professional
4. Govt. Holkar Science College
5. Govt. college Mandleshwar
6. S. B. N. P. G. college, Barwari
7. Sesa Sadan college Burhanpur
8. Govt. Nitya patel Science College
9. Govt. college Rau

Team for girls (11)

U. T. D

1. U. T. D
2. Shri Atal Bihari Vajpai College
3. Govt. Holkar Science college
4. Shri Cloth market Kanya
5. St. Paul Institute Profesio Stu
6. Kasturba Gram Rural Institut
7. Mata Jijo bai Govt. P.G. Colleg
8. Shri Cloth market.
9. Sesa Sadan College Burhanpur
10. Shri Uniya Kanya Rau
11. Vidya Sagar college

★ The winners of Division level Inter-collegiate Yoga (Men & Women) is:- U.T.D.

★ The Runner up of Division level Inter-collegiate yoga (men & women) :- Shri Atal Bihari Vajpai Arts & commerce college.

★ The winner of Division level Inter-collegiate yoga (men & women is women is :- U.T.D

★ The runner up of Division level Inter-collegiate yoga (women) is:- Shri Atal Bihari Vajpai Arts & commerce college.

Sr. Aline Thomas

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St Paul Institute of Professional Studies
INDORE

REPORT

Department of Physical Education conducted "Division level Inter-collegiate Yoga (Men & Women)" On 16 October 2023 (Monday). At SPIPS Auditorium. We are very delighted to invite such colleges in our college and Organise A Wonderful yoga competition at our campus.

A healthy mind stays in a healthy body of these are to gether possible with yoga. The best yoga age to start yoga is when you are young & flexible. Our inter college starts with the prayer by Cdt. Suwati pal. Followed by giving details by Cdt. Apoorva Kaliraman. Then our beloved Sr. pr. & Jy. Dr. Addresses the gathering. Afterwards prize distribution done by dignitaries & At end vote of Th gives by Miss. Taru Jain. And emceeing done by C.U.O Sounmye Bais.

FEEDBACK.

1. It has been a wonderful experience for me. I really want to thank the efforts and assistance of all masters. and I have also gained a lot of experienced and have deep knowledge about Yoga

Prathmesh Verma
BA II Yr

2. I'm just starting the lessons but I really like this yoga tournament. It brings me peace and clarity of mind while I feel my body being more flexible and light

Dr. Alice Thong
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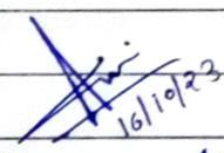
Abhay Borasi
BA II

LEARNING OUTCOMES.

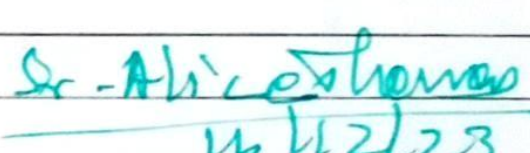
According to our Students the learning & motivation that they take from the these College inter division of yoga competition the lessons of health, Stress management, mental, health & mindfulness, healthy eating weight loss & Quality sleep.

For enable the students to have good health, to practice mental hygiene to possess emotional stability to integrate mental values. The fundamental purpose of yoga is to foster harmony in the body mind & environmental yoga professes a complete system of physical & mental & spiritual development.


DR. RAFIQUE KHAN
COORDINATOR


DR. ANINASH YADAV
HOD

HOD


DR. SR. ALICE THOMAS
PRINCIPAL

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St. Paul Institute of Professional Studies
INDORE

Divisional Level Inter- Collegiate Yoga (Men & Women)





GPS Map Camera



Indore, Madhya Pradesh, India

Indore Trade Centre, 3-4-3/2, Pedestrian Overpass, South Tukoganj, Film Colony, Flim Colony, Chhoti Gwaltoli, Indore, Madhya Pradesh 452001, India

Lat 22.719758°

Long 75.870812°

16/10/23 05:58 PM GMT +05:30

St. Paul Institute of Professional Studies, Indore

WOMEN & CHILD PROTECTION COMMITTEE AND ANTI SEXUAL HARASSEMENT COMMITTEE "SELF DEFENCE WORKSHOP"

Date: 21/11/2023

Day: Tuesday

Venue: Room No. 110

Time: 1:15 PM

Objective: 1. To Highlight the Importance of Self Dependence
2. To promote Self-defence among Girls

Flow of Program

- | | |
|------------------------------|-------------------------|
| • Prayer | : Ms. Batul Handiyawala |
| • Introduction | : Ms. Ashita Jimmy |
| • Session by Resource Person | : Prof. Rani Jaat |
| • Vote of Thanks | : Ms. Belin babu |

Dr. Sarika Pandey
Convener

Committee
Convenor

Dr. Unmekha Tare
College Coordinator

College
Coordinator

Sr. Alice Thomas
Dr. Sr. Alice Thomas
Principal

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S.No.	Name of the Student	Class/ Section	Sign
1	Swati Pal	B.Sc. III yr	Epal
2	Ashreddha Silasat	B.Com F.T 2 year	Ashreddha
3	Jannifer	"	Jannifer
4	Minakshi	"	Minakshi
5	Renuka	"	Renuka
6	Aarshi	"	Aarshi
7	Albela	"	Albela
8	Bhudiya Kelkar	B.Sc. II yr	Bhudiya
9	Ashita Jimmy	Ba II yr	Ashita
10	Muskan Sharma	Ba II yr	Muskan
11	Mibnshi Shastri	Ba II yr	Mibnshi
12	Najneen Khan	Ba III yr	Najneen
13	Samaksh Jivani	Ba III yr	Samaksh
14	Aakash Mishra	Ba III yr	Aakash
15	Shephali Patel	B.Sc. II nd y.	Shephali
16	Archita Verma	BBA I Year 'A'	Archita
17	Shreya Hardia	BBA I Year 'A'	Shreya
18	Rose Roshni Lakra	B.A I year 'A'	Rose
19	Dibya Tyoti Lakra	B.COM I year 'C'	Dibya
20	Sucasti Pooat	B.COM I st year 'A'	Sucasti
21	Jamvi Sontar	B.COM I st year 'A'	Jamvi
22	Rishita Bhat	B. com I Year A	Rishita
23	Himanshi choudhary	B.COM I st year 'C'	Himanshi
24	Muskan Rajput	BSCI year 'A'	Muskan
25	Vishakha Bhatiya	BSCI year 'A'	Vishakha
26	Desha Chopra	B. Com. Hons III yr. A	Desha
27	Tanisha Agrawal	BBA I year B	Tanisha
28	Karima Idnani	BBA I year B	Karima
29	Sumidhi Pandey	BBA I year B	Sumidhi
30	Mehak Vatmani	BBA I year B	Mehak
31	Isha Mandlani	BBA I year B	Isha
32	Lavisha Jain	Bcom 2 year 'B'	Lavisha
33	Ruchi Yadav	B.COM I year 'B'	Ruchi
34	Mashira Ansari	B.COM I year 'B'	Mashira

S. No	Name of the Student	Class/Section	Sign
35	Faisal Khan	BBA - B	
36	Bronom Yadav	BBA - B	
37	Yash Yadav	BBA - B	
38	Rupesh Sharma	BBA - B	
39	Rishabh Jain	BBA - B	
40	Aishwarya Jaiswal	BBA - B	
41	Deepanshi Pandey	B.COM - C	
42	Neha Verma	B.COM H(C)	
43	Garhika Mishra	B.COM B	
44	Sneha Solanki	B.COM B	
45	Devanshi Suri	B.COM D	
46	Prerna Jangra	B.COM D	
47	Teesha Shrivani	B.COM D	
48	Chanda Sitola	B.COM D	
49	Malvi Sanyam	B.COM D	
50	VIDHI SAHU	BBA A 2 Yr	
51	YUKTI RAWAT	BA I year	
52	Alma Kerketta	B.A I year	
53	Anima Kerketta	B.A I year	
54	Urmila Indwar	B.A I year	
55	Vaishnavi Ajit	BBA I year	
56	Sneha Dhamecha	B.COM A I year	
57	Aditi Lahare	B.COM A I year	
58	Tinu Suryanvashi	BCA I year	
59	Shruti Jain	B.COM Plain III yr	
60	Tanvi Jain	BBA A II yr	
61	Belin Babu	B.COM II yr Tak	
62	Batul Handiyawala	BA II yr	
63	Aditi Malviya	BA II yr	
64	Lok Ratna Dwivedi	BA II yr	
65	Priyanshi Bungal	BCA III year	
66	Lucley Rathore	BCA III year	
67	Shruti Joshi		
68	Riche Pethak		

Sr. Alice Thomas

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INDORE

St. Paul Institute of Professional Studies, Indore

Feedback Form

Date: 21/11/23

Name of The Student Teesha Shivani Class: B. Com D

Name of the event: Self Defence Workshop

Resource Person: Prof. Rani Tat

Name of the Department Committee Women & Child protect. Comm.

	Excellent	Very Good	Good	Average
Content Feedback	✓			
Rate the topic of the session?	✓			
Rate the subject matter of the session?	✓			
Rate the presentation of the session?	✓			

Individual Feedback	Very Much	Likely
Session has improved my knowledge & awareness?	✓	
The speaker was interactive?	✓	

Do you want to participate in such session in future?	Yes	No
	✓	

Remark

Outstanding Resource person with
great knowledge

Sr. Alice Thomas
PRINCIPAL
23/11/23

PRINCIPAL

Learning out Come & Remarks.

1. A Self defence workshop was Conducted by women & child Protection Committee on 21st Nov. 2023 in the Room. No. 110
2. The Resource Person was Prof. Rami Jaal Mam
3. Practical session also took by Mam
4. Total 68 students attended the session and it was nice session
5. The Session was Coordinated by Dr. Sareek Pandey

Analysis :-

B.Sc. I - 2	BCA I - 1
B.Sc. II - 2	B. Com Tax II - 1
B.Sc. III - 1	B. Com P. IIT - 1
B. Com. FT - II - 6	B. Com I - A - 5
BA I - 5	B. Com I - B - 5
BA II - 5	B. Com I - C - 5
BA III - 3	B. Com I - D - 4
BBA I A - 5	
BBA II B - 11	
BCA III - 4	
BBA II A - 2	

Total - 68 Students

Dr. Alice Thomas

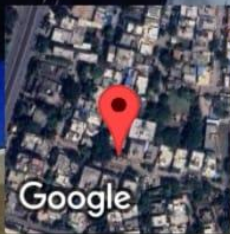
Principal 26/11/23

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St. Paul Institute of Professional Studies
INDORE

SELF DEFENCE WORKSHOP





Self Defense Workshop, Women and Child Protection Committee
SPIPS, 7/1 Boundary Road, Lalaram Nagar, Indore, Madhya Pradesh 452001, India
Lat 22.729793°
Long 75.89016°
21/11/23 01:29 PM GMT +05:30

 **GPS Map Camera**

St. Paul Institute of Professional Studies, Indore

NCC Committee

Physical Fitness Competition

Date: 07/12/2023

Day: Thursday

Time: 01:30 pm

Venue: Reception Area

Objective: To Monitor & Assess Cadet's Ability as it relates to Fitness, Strength & Flexibility.

Flow of the Program

Prayer	: Cdt. Ashwin kag
About the Program	: Cdt. Helena Kindo
Address By Principal	: Dr. Sr. Alice Thomas
Vote of Thanks	: Cdt. Swati Pal

Comparing : Cdt. Apoorva Kaliraman



Dr. Sarika Pandey

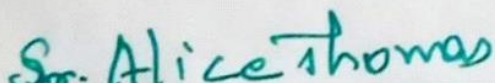
Coordinator



Capt. Dr. Avinash Yadav

Committee Convenor

Committee
Convenor



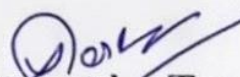
7/12/23

Dr. Sr. Alice Thomas

Principal

PRINCIPAL

**St Paul Institute of Professional Studies
INDORE**



Dr. Unmekha Tare

College Coordinator

College
Coordinator

St. Paul Institute of Professional Studies, Indore

NCC ACTIVITIES – (2023-24)

ACTIVITY NAME : PHYSICAL FITNESS COMPETITION (07/12/23)

S.NO	CADET NAME	CLASS & SEC	CDT. SIGNATURE	REMARKS
1	Ajay Bhasi	BA III	Ajay	
2	Soumya Bais	BA III	Soumya	
3	Prathmesh Verma	BA II	Prathmesh	
4	Ritesh Ranwasi	B.Com III	Ritesh	
5	Ajinkya Chaudhary	B.Sc III	Ajinkya	
6	Arjun Yadav	B.Com CA II	Arjun	
7	Siddhant S. P. S. S.	B.Com III	Siddhant	
8	Ajay Singh Thakur	B.Com P III	Ajay	
9	Anurag Bais	B.Com P III	Anurag	
10	Eliza D Souza	B.Sc III	Eliza	
11	Anam Kachale	BA III	Anam	
12	Vikash Yadav	BA II	Vikash	
13	Yuvraj Chouhan	BA II	Yuvraj	
14	Riddhima Meghwarani	B.Com I Y	Riddhima	
15	Tiya Singh	B.Com IV	Tiya	
16	Swati Pal	B.Sc III Y	Swati	
17	Riya Chaudhary	BA III Y	Riya	
18	Virendra Yadav	BA III Y	Virendra	
19	Renu Chouhan	BA III Y	Renu	
20	Helena Kinde	B.Com II M	Helena	
21	Janisha Shekhar	BA II Y	Janisha	
22	Akhin Karg	BB A I Y A	Akhin	
23	Danish George	BB A I Y A	Danish	
24	Krishna Lobbane	B.Com IV	Krishna	
25	Arantam Jeshi	B.Com IV	Arantam	
26	Manas Mirshval	B.Com II Y	Manas	
27	Varun Kule	BA II Y	Varun	
28	Prathna Nayak	B.Com I Y F	Prathna	
29	Anshul Singh	B.Sc II Y	Anshul	
30	Anirudh S. S. S.	B.Com IV	Anirudh	
31	Himmat Chouhan	B.Com III Y	Himmat	
32	Adwin George Ming	B.Com II Y	Adwin	
33	Wilson Singh Jethi	B.Com IV	Wilson	
TOTAL CADETS :				

ANO'S SIGNATURE :

PRINCIPLE SIGNATURE

PRINCIPAL

St Paul Institute of Professional Studies
INDORE

Sr. Alice Thomas

9/12/23

REMARK

NCC committee conducted "Physical Fitness Test" competition on 07/12/2023 [Thursday] to monitor & assess NCC cadets ability and fitness.

The Program starts with the Cdt. Ashwin Kgg. The programme followed by giving details by Cdt. Helena Kindo. Afterwards our dear principal Mr. Sr. Alice Thomas addresses the gathering. At the end programme ends with giving floral Gate of Thanks. comparing done by Cdt. Apoorva Kaliraman. Total 33 Cadets taking 4 faculty members were participated in these Activity.

Duty Allotment for committee members

Capt. Dr. Anirash Yadav
Dr. Sarika Pandey

FEEDBACK.

17 We learn a lot of new things that needed lot of courage, stamina and strength and the physical fitness test develop the physical personality of each NCC cadet

Prathmesh Verma
BA II Yr

27 The Physical Fitness Ability help to prove our strength, body performance and shape the body. It also prevent hypertension and maintain healthy body.

Ritesh Ranwasi
B.Com (FT) II yr

Sr. Alice Thomas

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9/12/23

CONTENT

Physical fitness competition is organise to monitor & Assess cadets' Ability as it relates to fitness, strength & flexibility. Regular fitness activity is proven to help prevent and manage noncommunicable disease such as heart disease, stroke, diabetes and several cancers. It also helps prevent hypertension, maintain healthy body weight and can improve mental health, quality of life and well-being.

ANALYSIS

BA III Yr	05	B.Com (FT) IYr	02
BA II Yr	04	B.Com (FT) II Yr	01
B.Sc III Yr	03	B.Com (P) III Yr	03
B.Sc II Yr	01	B.Com (CA) II Yr	01
BCA II Yr	01	B.Com (P) I Yr	03
BCA III Yr	01	B.Com (TAX) I Yr	02
BBA I Yr (A)	02	B.Com (CA) I Yr	01
BCA I Yr	01	B.Com (P) II Yr	01

LEARNING OUTCOMES

1. Physical fitness competition can help to being physically active can improve your brain health, help manage weight, reduce the risk of disease, strengthens bones and muscles & improve your ability to do everyday activities.
2. Adult who sit less and do any amount of moderate - to - vigorous physical activity gain some health benefits.

~~Sir~~
6/12/23
DR. ANILASH YADAV
CONVENER

Committee
Convenor

Sr. Alice Thomas
~~PRINCIPAL~~
9/12/23
PRINCIPAL
St Paul Institute of Professional Studies
INDORE

Physical Fitness Competition



St. Paul Institute of Professional Studies, Indore

WOMEN & CHILD PROTECTION COMMITTEE AND ANTI SEXUAL HARASSEMENT COMMITTEE "WORKSHOP ON HEALTH & HYGIENE"

Date: 11/12/2023

Day: Monday

Venue: Room No. 110

Time: 12:30 PM

Objective: 1. To be aware about the cancer disease
2. To take proper health care

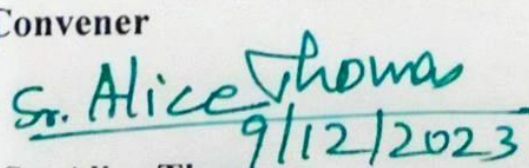
Flow of Program

- | | |
|------------------------------|--|
| • Prayer | : Mr. Sumit Joseph |
| • Introduction | : Ms. Alifiya Sanavadwala |
| • Session by Resource Person | : Dr. Riddhima Ojha
(Shalby Hospital) |
| • Vote of Thanks | : Dr. Sarika Pandey |

Compering by: Varshita Shrivastav


Dr. Sarika Pandey

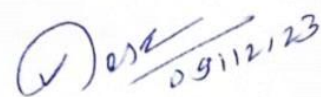
Convener


Dr. Sr. Alice Thomas

Principal

PRINCIPAL

St Paul Institute of Professional Studies
INDORE


Dr. Unmekha Tare
College Coordinator

**College
Coordinator**

**Committee
Convenor**

No.	Name of the students	Class / Section	Sign
1.	Sumit Joseph Lakra	BA II year	
2.	Naman Jain	B.com I year (i)	
3.	Yashwant Kumar.	B.com I year (i)	
4.	Paxansvi Patil.	B.com I year (i)	
5.	Nishika Mate.	B.com I year (i)	
6.	Varshitha Shrivastava	BA I year (A)	
7.	Alefiya Sanwaradwala.	B.A. I st Yr (A)	
8.	Nandani Chourey	BA II year A	
9.	Aakash Mishra	BA III yr	
10.	Khushi Sharma	BA III yr	
11.	Dedeh Shukla	B.A - III yr	
12.	Aastha Singh Jat	BA III yr	
13.	Akanksha	BA III year	
14.	Najneen Khan	BA III year	
15.	Kankeshwari Vaidh	B.COM Ist yr (C)	
16.	Dolly Kardaam	B.com I yr (B)	
17.	Harshita Grehloch	B.com Ist yr (B)	
18.	Smeha Shing bagel	B.com I yr (C)	
19.	Kashish Drablan	B.com I yr. (C)	
20.	Purnim Subhela	B.com I yr. (A)	
21.	Urmila Indwar	B.A I year	
22.	Dibya Jagti Lakra	B.COM (CA) I st yr.	
23.	Rose Rashmi Lakra	B.A I year	
24.	Dimple Joshi	B.com I year 'D'	
25.	Kavita Agrawal	B.com I year 'D'	
26.	Alma Kerketta	B.A I st year	
27.	Anima Kulle	B.A I year	
28.	Anupama Majhi	B.A III yr	
29.	Shephali Patel	B. Sc. II yr.	
30.	Bindiya Kelkar	B.Sc. II yr.	
31.	Elin Kulle	B.Sc. III yr.	
32.	Nida Ahmed	B. SC I year	
33.	Srishti Bisht	B.com I year 'B'	
34.	Veronica Anthony	B.com I year 'B'	
35.	Tanvi Vaishnav	B.com I year 'B'	

Sr. Alice

PRINCIPAL

Paul Institute of Professional Studies

INDORE

S.No.	Name of the students	Class / Section	Sign.
36.	Bhumika Yadav	BA I st yr.	<u>Bhumika</u>
37.	Pranjal Gurjar	BA I st yr.	<u>Pranjal</u>
38.	Ayushi Gurjar	BA I st yr.	<u>Ayushi</u>
39.	Muskan Kachra	BA I st yr.	<u>Muskan</u>
40.	Nikhil Raju	BA I st yr.	<u>Nikhil Raju</u>
41.	Komal Yadav	B.com CA Ist yr	<u>Ky</u>
42.	Manas Mirdul	B.com I st year P.	<u>Manas</u>
43.	Manan Kero	B.com CA I y	<u>Manan</u>
44.	Mariya Jawedwala	"	<u>MS</u>
45.	Mariya Amjerwala	"	<u>Mariya</u>
46.	Trayatri Khubari	"	<u>Trayatri</u>
47.	Kartik Pardeshi	"	<u>KP</u>
48.	Hardik Mukta	"	<u>Hardik</u>
49.	Vedansh Vijaywargiya	"	<u>Vedansh</u>
50.	Anamika Ziggia	B.com Case III yr.	<u>Anamika</u>
51.	L. Alocious Many	B.com plain I D'	<u>L. Alocious</u>
52.	Surbhi Kale	BA II nd Yr.	<u>Surbhi Kale</u>
53.	Kritika Dawar	B.com 1 st yr CA	<u>Dawar</u>
54.	Swasthi Rawat	B.com 1 Year A	<u>Swasthi</u>
55.	Himanshi Choudhary	B.com 1 Year CA	<u>Himanshi</u>
56.	Neha Verma	B.com 1 Year CA	<u>Neha</u>
57.	Deepanshi Pande	B.com 1 Year CA	<u>Deepanshi</u>
58.	Hardik Mahata	B.com 1 Year CA	<u>Hardik</u>
59.	Riche Paltrale	BCA III Year	<u>Riche</u>
60.	Vishwesh Ravi	BCA III Year	<u>Vishwesh</u>
61.	Shruti Joshi	BCA III Year	<u>Joshi</u>
62.	Himanshi Chavara	BCA III Year	<u>Himanshi</u>
63.	Sujal Tagyan	BCA III Year	<u>Tagyan</u>
64.	Dervant Rathore	B.com Hons III yr	<u>Dervant</u>
<u>Learning out Come & Remark</u>			

Students Learned about:

- ① Various types Cancers and causes
- ② Preventive Measures of Cancer
- ③ Symptoms and Treatments

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St Paul Institute of Professional Studies
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St. Paul Institute of Professional Studies, Indore

Feedback Form

Date: 11 Dec. 2023

Name of The Student: Bhumika Yadav Class: B.A. 1st yr

Name of the event: Workshop on Health & Hygiene

Resource Person: Dr. Riddhima ojha

Name of the Department / Committee women & child protection c.

	Excellent	Very Good	Good	Average
Content Feedback	✓			
Rate the topic of the session?	✓			
Rate the subject matter of the session?	✓			
Rate the presentation of the session?	✓			

Individual Feedback	Very Much	Likely
Session has improved my knowledge & awareness?	✓	
The speaker was interactive?	✓	

Do you want to participate in such session in future?	Yes	No
	✓	

Remark

Outstanding Resource Person with
great knowledge

Sr. Alice Thomas
PRINCIPAL 13/12/23

PRINCIPAL

Analysis's

B. SC. - I - 1

B. SC. - II - 2

B. SC. - III - 2

B. Com. I (A) - 2

B. Com. I (C) - 22

B. Com. Hons III (A) - 1

B. A I - 10

B. A II - 3

BA. III - 7

B. Com. I (B) - 5

B. Com. I (D) - 4

B. CA III - 5

Dr. Santka Pandey ^{Enl} _{13/12/23}
Convenor

Dr. Sr. Alice Thomas _{13/12/23}
Sr. Alice Thomas

Committee
Convenor

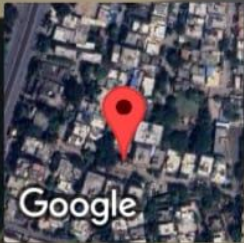
Principal

PRINCIPAL

St Paul Institute of Professional Studies
INDORE

WORKSHOP ON HEALTH & HYGIENE





Guest Talk, Women & Child Protection Committee

SPIPS, 7/1 Boundary Road, Lalaram Nagar, Indore, Madhya Pradesh 452001, India

Lat 22.729793°

Long 75.89016°

11/12/23 12:54 PM GMT +05:30



GPS Map Camera



St. Paul Institute of Professional Studies

(Accredited by NAAC, 'A' Grade)

Affiliated to Devi Ahilya Vishwavidyalaya, Indore

7/1, Boundary Road,
Near Lalaram Nagar,
Indore - 452 001 (M P) India
Tel. : +91-731- 2499911, 2490114
E-mail : info@spipsindore.ac.in
Website : www.spipsindore.ac.in

Ref. No.: SPIPS/NCC/12/2023-24/234

14/12/2023

To,

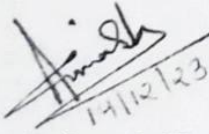
The Director
National Adventure Institute
Bharat Scouts and Guide,
Panchami
Dist. Hosangabad

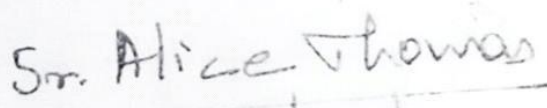
Subject: Regarding International Adventure Camp at Panchami.

Respected Sir,

This is to inform you that St. Paul Institute of Professional Studies, Indore is sending 60 students and 01 Faculty member for the Adventure Camp at Panchami. The Camp will be from 02nd February 2024 to 08th February 2024. Please allow our students to attend the camp.

Thanking you,


14/12/23
Dr. Avinash Yadav
ANO


14/12/2023
DR. SR. ALICE THOMAS
PRINCIPAL

St. Paul Institute of Professional Studies, Indore

NCC Committee

International Adventure Camp List (Panchmarhi)

Date : 02/02/2024 To 09/02/2024

Cadet's Name	FatherName	Contact No.	Parents No.
Aniruddh Singh Parihar	Mahesh Singh. Parihar	9174834119	9926019313
Ashwin Kag	Lalit kumar kag	9755876553	8959247563
Shivendra Singh Solanki	Narendra singh solanki	8959025775	9754056560
Armaan Benedict	Vinay prakash benedict	9165839184	9165839183
Krishna Lobane	Suraj lobhane	7389303033	9827757879
Vikas Yadav	Harish Chandra Yadav	9754379503	9424009605
Abhay Borasi	Ajay Borasi	7909790691	9754944773
Kunal Bhalerao	Nitin bhalerao	7909790560	9098089490
Sudhansh Singh Parihar	Divakar singh parihar	9752506060	9713011130
Prathmesh Verma	Kamlesh verma	9926624909	9826868592
Gaurav Yadav	Bhagwan Yadav	8839827287	8889380280
Ritesh Ranwasi	Nilesh ranwasi	9893896449	9589160100
Goutam Joshi	Kailash joshi	9179229665	9827685441
Riyaz patel	Rajak patel	7509000094	9826364055
Adwin George Minj	Rajesh minj	9770723867	7999937978
Wilson Ayush Toppo	Pradeep toppo	6265282234	9977836368
Arjun Gujela	Jitendra gujela	9302367410	9329396551
Virendra Yadav	Parasnath Yadav	7224073230	9981073230
Aman Choudhary	Shantaram choudhary	8962395099	6261803900
Ayush Jat	Vijay jat	9399413015	9575308092
Sawariya choudhary	Santosh choudhary	9329921078	7772012776
Danish George	Sanjay george	9893273302	9575815985
Varsha Pandey	Ved Prakash Pandey	9294531831	7089373183
Riddhima Menghwani	Kamal Menghwani	9755379101	6261309757
Jiya Singh	Jagarath singh	9915195954	9407178245
Sukmani Tejwani	Kishore tejwani	7974735340	9131111436
Khushi Sahu	SikandraSahu	9399995468	8878861821
Anshika Dixit	Ashutosh Dixit	9098905609	9399351383
Arwa kapadia	Quaid joharkapadia	7224864888	8989407863
Muskan Nashani	Pankaj nashani	9893575075	9893042421
Swati Pal	Nagendra pal	7869886684	9893619390
Sourmya Bais	Pankaj Bais	9340718944	9926058271
Dr. Avinash Yadav	Om Prakash Yadav	9425353832	8319226118

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St Paul Institute of Professional Studies
INDORE.

REMARK

SPIPS NCC cadets Attended "International Adventure Training Camp" at Pachmarhi [M.P.] On 2 Feb 2024 to 8 Feb 2024. Total 12 states and 2 countries [Sri Lanka and Bangladesh] and Total 384 students were came to Join from Madhya Pradesh, Chattisgarh, Rajasthan, Tamil Nadu, Kerala, Karnataka, Andhra Pradesh, Gujarat SC Railways, Uttar Pradesh and from college total 32 cadets and 1 ANO are participating in these camp.

FEEDBACK

1) This camp give us many opportunities and we learnt many great things and the activities which will defenatily help us to achieve our goals in future.

Cdt Brahmesh Verma
BA II Year

2) Pachmarhi is a such nice hills station and really great Adventure activities for all of us we had a great activities that we face and enjoyed all our 7 days there and we motivated a lot.

Cdt. Riddhima
Menghwari
BCOM 'C' I Year

3) This camp gives us a lot of memory we ~~has~~ meet students different states and country and learned about new culture and traditional

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INDORE

S.U.O Abhay Borasi
BA III Year.

CONTENT

The schedule of International Adventure camp are as follows:-

DAY 1 :->

- We Reached station at 6 P.M. to catch our train at 7:30 P.M.
- We Reached Pipariya at 3:00 A.M.
- We rested in the waiting room for a bit then we ate breakfast at 8:00 A.M.
- We reached Pachmarhi Bharat Scouts & guides at 11:00 A.M.
- We settled down to our respective tents and had lunch at 1:30 P.M.
- And after that we prepared for opening ceremony [Dance] and then we get to know about rules and Regulation at 8:30 P.M. we get our Dinner and at sharp 10:00 P.M. we sleep

DAY 2 :->

- We woke up at 6:00 A.M. to get ready for the flag hosting of the scouts and guides
- At our breakfast at 7:30 A.M.
- After that we went for Jata Shankar Temple visit right away then we done Rock climbing
- We enjoyed our lunch at 1:30 P.M.
- After lunch we got ready for our next adventure that was archery shooting and rifle shooting
- We reached at camp fire at 7:30 P.M. Enjoy the camp fire song and cultural program. And at 8:30 P.M. we got dinner and at sharp we went to sleep at 10:00 p.m.

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St Paul Institute of Professional Studies
INDORE

DAY-3 :-

- We woke up at 6:30 A.M. and had our breakfast
- at 7:30 A.M.
- And after that we went to Dutches fall, we enjoyed the track then they served the lunch packets at 1:30 P.M.
- Then we finally reached the Dutches fall and enjoyed the nature Beauty.
- And then we clicked the pictures and videos.
- Then we reached at our camp at 5:00 P.M. and then we do our funzone activity at 6:00 P.M.
- Then we went to our camp side 6:30 P.M. then at 7:30 P.M. in campfire side enjoyed.
- We had our lunch at 8:30 P.M. at sharp 10:00 P.M. we went to sleep.

DAY-4 :-

- The day's schedule included a refreshing start with Yoga at 6:30 A.M. followed by a hearty breakfast at 8:15 A.M.
- The cadets engaged in obstacle training and sky cycling adding to the day's activities.
- We had our lunch 1:30 P.M.
- Post lunch, the adventure continued with more obstacle activities, testing the group's teamwork.
- At the end we went 7:30 P.M. in campfire.
- We enjoy their a lot and at the end we went for sleep at 10:00 P.M.

DAY-5 :-

- The day's started at 6:00 A.M. we had our breakfast at 7:30 A.M. just before the flag hosting of scouts and guide.
- After breakfast we went to see water fall (see fall enjoyed our time their a lot.

Dr. Alice Thomas

- Then After that we have our adventure activity which is Parashooting and Trekking
- We enjoy a lot then we all cadets loved Parashooting activity
- Then we reached at our camp side at 7:00 then we went to camp fire and we do our performance we showed them NCC Parade and they enjoyed a lot
- Then we had a dinner at 8:30 PM and went to sleep at 10:00 PM.

DAY-6 :-

- We wake up at 6:30 am and get for flag Hoisting of scouts and guides.
- Then we had our breakfast at 8:30 am
- Then we went for Rajendra giri in which we really enjoyed a lot. The sunset point it was fabulous and elaborated a lot
- Then at 12:30 A.M. we went for the BSG forest area for cooking without utensils and make tasty food for the Judges
- Then we went into our camp side area at 2:30 PM.
- Then we have practise time at 3:00 PM. for Dance for the camp fire side.
- After that we ready for campfire done our performance and had our dinner & went for sleep at 10:00 PM.

DAY-7 :-

- We wake up at 6:30 am and assemble at the flag Hoisting of scouts and guide then we have prayer [Silent prayer] then we have national Anthem and all the Hoisting

S. Alice Thomas

PRINCIPAL

- Then we went to our closing ceremony at 11:00am then there we have photoshoot and certificate distribution.
- Had our lunch at 1:30 pm.
- And then we went for Panchmari market (Local)
- Then we done a lot of shopping.
- Camp back from there packed our bags & get Ready to catch our train at 1:00am
- We arrive indore at 11:30 AM morning
- We really enjoyed a lot whole adventure camp and learning motivation that we all had learnt

ANALYSIS

BA III Year - 5

BA II Year - 2

BA I Year - 1

BBA I Year - 3

BCA I Year - 1

BSC I Year - 1

BSC III Year - 3

BCOM C I Year - 2

BCOM FT I Year - 5

BCom A I Year - 1

BCom D I Year - 2

BCom III Year - 1

BCom Hon. I Yr - 1

BCom FI II Yr - 2

BCom CA II Yr - 1

BCom Hon II Year - 1

TOTAL + 32

Cap. Dr. AVINASH YADAV

CONVENER

Committee
Convenor

Sr. Alice Thomas
DR. SR. ALICE
THOMAS
PRINCIPAL

PRINCIPAL
St. Paul Institute of Professional Studies
INDORE

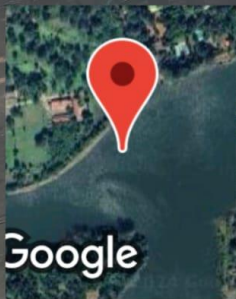
LEARNING OUTCOMES

- At there we encouraged to try new things, and are often rewarded for doing so. There are limitless opportunities to step out of your comfort zone.
- Camp games helps foster cooperation & communication and encourage us to treat everyone like a teammate, we learnt the actual power of teamwork.
- From gaining more confidence in our abilities and helping us to discover our full potential.
- The camp teaches us how to be respectful of others your environment and yourself which means taking pride in your accomplishments, treating other how you want to be treated.
- It also teaches us responsibility for basic things like waking up on time, following the camp schedule and keeping track of your own belongings.
- From playing new games, trying new foods, or making new friends. we learn so much about what we are capable of.
- These camp was a great opportunity to develop leadership skills- skills that we will carry with us for the rest of our life, These skills include things like weight conflicts resolution, positive feedback and Problem solving.

Sr. Alice Thomas
13/2/2024

International Adventure Camp List (Panchmarhi)





Pachmarhi, Madhya Pradesh, India

FC47+RW7, Pachmarhi, Pachmarhi Cantt, Madhya Pradesh
461881, India

Lat 22.456269°

Long 78.416036°

02/02/24 10:32 AM GMT +05:30

St. Paul Institute of Professional Studies, Indore

Career and Skills Development Committee

"Session on Communication & Effective Presentation Skills"

Date: 24/07/2023

Time: 12:15 PM

Venue: Seminar Hall

Flow of the Program

Prayer	: Snigdha Chouhan
Welcome & Introduction	: Dr. Vivek Kaushik
Session by	: Prof. Praveen Yadav, Training and Placement Officer
Vote of Thanks	: Arjun Pawar

*Compering : Dr. Gagan Mittal

Maurh.2
21/7/2023
Dr. Vivek Kaushik

Convenor, CSD Committee

Committee
Convenor

Sr. Alice Thomas
21/7/2023
Dr. Sr. Alice Thomas

PRINCIPAL
PRINCIPAL

St Paul Institute of Professional Studies
INDORE

Sr ^o	Name of Student	Class	Section	Signature
1.	Dhananjay Mishra	BBA - II yr	'A'	
2.	Sania Shaikh	BBA - II yr	A	
3.	Nandana Vichwakarma	BBA - II yr	A	
4.	Saniya Rizvi	B com II yr	Tax	
5.	Nidhi Khabu	B com Tax II yr	Tax	
6.	Prabhjyot Kaur	B com Tax II yr	Tax	
7.	Anchal Sharma	B com Tax II yr	Tax	
8.	Belin Babu	B com Tax II yr	Tax	
9.	Shephali Patel	B.Sc. II yr		
10.	Bindiya Kelkar	B.Sc. II yr		
11.	Anush Bhandari	BBA II yr	'B'	
12.	Shashwat Kashiwal	BBA II yr	'B'	
13.	Lalithi Siltani	BBA II yr	'B'	
14.	Jannay Salviya	B.COM TAX II	TAX	
15.	Mohammad Tauhid Multani	B.com Tax II yr		
16.	Sujay Bafna	B.com (F.T) II yr		
17.	Yash Jagariya	B.com (Tax) II yr		
18.	Naveen Kojar	B.Sc II year		
19.	Vanshika Shelke	BBA II year	II year	
20.	Hiteshi Jain	BBA II year	'B'	
21.	Swighe Chouhan	BBA II yr	'A'	
22.	Samiti Jain	BBA II yr	'A'	
23.	Mathew Bijal	B.com (Tax) II yr		
24.	Nitesh Tirkey	BCA II yr	-	
25.	Prashant K. Singh	//	-	
26.	Palak Kaushik	BBA II yr	B	
27.	Hiral Joshi	BBA 2 yr	B	
28.	Mansi Soni	BBA 2 yr	B	
29.	Muskan Qureshi	BBA II yr	B	
30.	Mohd. Afham	BBA II yr	B	
31.	Joshua Dsouza	BBA II yr	B	
32.	Anuvel Kaul	BBA II yr	B	
33.	Nikita Bankar	BBA II yr	B	
34.	Mansi Dubey	BBA II yr	B	
35.	Nandini Sharma	BBA - II yr	B	

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INDORE

SN	Name of student	Class	Section	Signature
36	Aniket Bhadaniya	BBA II nd	'B'	
37	Niel Simon Beroq	BBA II nd	'B'	
38	Vaani Kulkarni	BCA II nd year	-	
39	Divyanshu Tiwari	BCA II nd year	-	
40	Aditya Jain	BCA II nd year	-	
41	Pravleen Kaur	BCA II nd year	-	
42	Jyoti Baniya	BCA II nd year	-	
43	Shawn Naichu	BCom(TAX) II nd year	'C'	

Classwise Participation of students

SN	Name of Class	No. of students
	BBA II yr 'A'	06
	BBA II yr 'B'	16
	B.Com Tax II yr	09
	B.S.C II yr	03
	B.Com FT II yr	01
	BCA II yr.	07
	B.Com (CA) II yr.	01
	TOTAL	43

Report :

A session on Communication skills and effective presentation skills was conducted by CSD committee on 24th July 2023.

Resource person for the session was Dr. Praveen Yadav, Training and Placement Officer.

24/07/2023
Committee Convenor
Dr. Vivek Kaushtik
Convenor

Dr. Sr. Alice Thomas
PRINCIPAL

Learning Outcomes:

- * Session was open for all the students and it was organised as Effective presentation and Communication skills are must in today's scenario.
- * Students learned the essentials of communication & effective way to convince the audience.
- * Students also learned the usage of proper body language and techniques of responding while communicating.
- * Overall they learned to become confident and presentable while formal communications.

Kaushik
24/07/2023
Dr. Virek Kaushik
Convenor, CSD

Committee
Convenor

Sr. Alice Thomas
26/7/23
Dr. Sr. Alice Thomas
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INDORE

Session on Communication & Effective Presentation Skill





GPS Map Camera

Careers and Skill development Committee

Session on Effective communication and Presentation skills

Lat 22.721435°

Long 75.890043°

24/07/23 12:30 PM GMT +05:30

Google

St Paul Institute of Professional Studies, Indore

Language Lab Committee

'A Session on Soft Skills Development'

Date: 27 July 2023

Day: Thursday

Time: 12:15 pm

Venue: Room No:211

Flow of the Programme

Prayer	: Ms Nupur Yadav
Welcome and Introduction	: Dr Swati Singh
Participation	: Students
Vote of Thanks	: Mr Vansh Choudhary

Swati Singh
26 July 23

Dr. Swati Singh
Coordinators

Dr Unmekha Tare
College Coordinator

Sr. Alice Thomas

Dr Sr Alice Thomas

Principal

PRINCIPAL

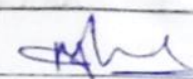
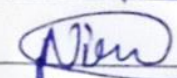
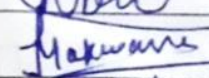
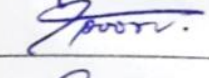
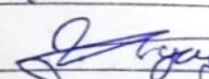
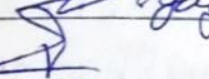
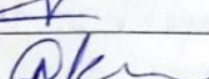
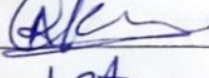
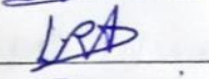
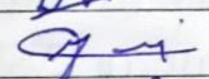
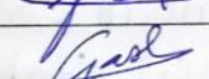
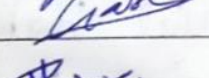
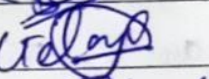
St Paul Institute of Professional Studies
INDORE

Language Lab Committee

'A Session on Soft Skills Development'

(27 July 2023)

S. NO	NAME OF THE STUDENT	CLASS	SECTION WITH YEAR / SEM	SIGNATURE
1.	Aarushi S. Chandean	BA	II	Aarushi
2.	Priya Khandelwal	BA	II	Priya
3.	Nitish Chauhan	BA	II	Nitish
4.	Vienisha Gandhi	BA	II	Vienisha
5.	Gaurav Jatau	BA	II	Gaurav
6.	Rajal Hakodiya	BA	II	Rajal
7.	Amrta Kalisaman	BA	II	Amrta
8.	Chanchal Joshi	BA	II	Chanchal
9.	Pruerna Sharma	BA	II	Pruerna
10.	Sumit Joseph	BA	II	Sumit
11.	Prabin Lakra	BA	II	Prabin
12.	SURIYA A.	BA	II	Suriya
13.	Vikas Yadav	BA	II	Vikas
14.	Krish Ahuja	B.Com-H	II, A	Krish
15.	Surbhi Kale	BA	II	Surbhi
16.	Tanisha Shekhawat	BA	II	Tanisha
17.	Shakshi Agarwal	BA	III	Shakshi
18.	Kolhiki Shukla	BA	III	Kolhiki
19.	Abhay Boradi	BA	III	Abhay
20.	Samaksh Tiwari	BA	III	Samaksh
21.	Prathamesh Verma	BA	II	Prathamesh
22.	TANVI JAIN	BBA	II - A	Tanvi
23.	Vansh Choudhary	BBA	II - A	Vansh
24.	Sukriti Pandey	BBA	II A	Sukriti
25.	Sejal Kuniwal	BBA	II - A	Sejal
26.	Mihika Singh	BBA	II - A	Mihika
27.	Swidha Chauhan	BBA	II - A	Swidha
28.	Nandini Sharma	BBA	II - B	Nandini
29.	SANAA SHAIKH	BBA	II - A	Sanaa

S.NO	NAME OF THE STUDENT	CLASS	SECTION WITH YEAR / SEM	SIGNATURE
30	Muokan Sharma	BCA	2 year	
31	Nirmal Balani	BBA	II yr 'A'	
32	Paikhi Makwana	BBA	II yr 'A'	
33	Sam Kulmi	BBA	II yr 'A'	
34	Apoorv Jain	BBA	II yr 'A'	
35	Kikash Tyagi	BBA	II yr 'A'	
36	Vandana Vishwakarma	BBA	II yr 'A'	
37	Ayza Khan	BCA	II year.	
38	Lokratna Dweivedi	BA	II year	
39	Yuvraj Chouhan	BA	II yr	
40	Rohini Gupta	BA	III year	
41	Belin Babu	B.com Tax	II year	
42	Chaitali Telang	B-com Hons	II yr	
43	Khushi Vishwakarma	BA	II yr	
44	Nupur Yadav	BA	II yr	
45	Najneem Khan	BA	III yr	

Students Feedback

- The session was really interesting and insightful. We got to learn some new words and it helped enhance our vocabulary and soft skills.

- Priya Khandelwal
BA II year.

- The Session was very interacting, & we learned new words & obviously it helped us to improve our vocabulary, & improve our communication skills also.

Sr. Alice Thomas Tanisha Shekhawat

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BA - II yr.

Remark

A session on soft skills Development was taken on 27th July 2023. It was started with vocabulary - how to retain the words, how to use it, how to replace the diction. Overall, the session was interesting and interactive. At last, students demanded for reading comprehension, the session will be scheduled soon.

Learning outcomes

1. Soft skills and Hard skills is very important part of personality.
2. Students realized the importance of verbal and non-verbal communication.

Analysis

BA II Year	- 20
B. Com(H) IIA	- 02
BA III Year	- 06
BBA II - A	- 13
BCA - II	- 04

Total - 45

Student Coordinators

1. Ms. Najveen Khan
2. Mr. Vansh Choudhary

- Najveen

- Vansh

27 July 23
Dr Swati Singh
Convenor

Committee
Convenor

Sr. Alice Thomas
27/7/2023
Dr Sr Alice Thomas
PRINCIPAL

A Session on Soft Skills Development





GPS Map Camera



session on soft skills
language lab committee

Lat 22.714428°

Long 75.890607°

27/07/23 12:39 PM GMT +05:30

St Paul Institute of Professional Studies, Indore

Department of Humanities

'Soft Skills Development, A Practical Session'

Date: 11 August 2023

Day: Friday

Time: 12:15 pm

Venue: Room No: 306

Flow of the Programme

Prayer	: Ms Surabhi Kale
Session by	: Dr Swati Singh
Participation	: Students
Vote of Thanks	: Ms Aashi Kushwah

Compering : Ms Priya Khandelwal

Dr Swati Singh
08/08/23

Coordinator

Prof Rahat Ahamad
08/08/23
HOD, Humanities

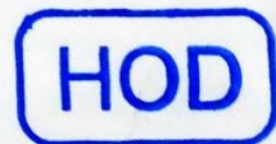
Sr. Alice Thomas
8/8/2023

Dr Sr Alice Thomas

Principal

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St Paul Institute of Professional Studies
INDORE



Soft Skills Development IV Practical Session

Register
PAGE NO.
DATE

(11 August 2023)

N	Name of Student	Class / Year / Section	Signature
01	Khushi Sharma	BA III year	Khushi
02	Elcee Arland	BA III year	Elcee
03	Ishanjali Edwin	BA III year	Ishanjali
04	Abhya S. Nair	BA III year	Abhya
05	Samarakshi Sivani	BA III year	Samarakshi
06	Govindhaete	BA III year	Govindhaete
07	Aakash Mishra	BA III year	Aakash
08	Khushi Vishwakarma	BA II yr	Khushi
09	Akanaksha Yadav	BA III year	Akanaksha
10	Ansh Jaiswal	B.Com II Year (A)	Ansh
11	Lokeshwari Dhillon	BA II year	Lokeshwari
12	Bhavina Narwari	B.Com CA II year	Bhavina
13	Aashi Gulwadiya	B.Com Tax II year	Aashi
14	Smriti Patel	B.A III year	Smriti
15	Yashika Mishra	B.A III year	Yashika
16	Najveen Khan	B.A. III year	Najveen
17	Nupur Yadav	BA II year	Nupur
18	Bernadette Joseph	B.Com CA II year	Bernadette
19	Alvin James Damasus	B.Com CA II year	Alvin
20	Yuvraj Chohan	B.A II year	Yuvraj
21	Kareena Grohan	B.A II year	Kareena
22	Anjali Taiswal	B.COM CA II Year	Anjali
23	Vignesh Singh Rajput	B.Com CA II yr.	Vignesh
24	Batul Handiyawala	BA II yr	Batul
25	Kajal Kakodiy	BA II yr	Kajal
26	Nitesh Chohan.	BA II yr.	Nitesh
27	Janshita Sharma	BA II yr	Janshita
28	Priyanka Sharma	BA II yr	Priyanka
29	Aarushi S. Chandran	BA II yr	Aarushi

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SN	Name of Student	Class/Year/Section	Signature
30	Prathmesh Verma	BA II Yr	(P)
31	Sumit Joseph Lakra	BA II Year	Sumit
32	Muskan Sharma	BA II Ind yr	Sharma
33	Anupama Majhi	BA III yr	Anupama
34	Amrita Rawat	BA III yr	Amrita
35	Vansh Choudhary	BBA - II yr - A	Vansh

Report: Soft Skills and Hard Skills are the very important part of development. Soft Skills include critical thinking, problem solving, team-work, leadership, professional attitude etc. Therefore we discussed all elements in detail to make students aware and alert. Without all these skills holistic personality and grooming can not be expected.

Outcomes: Following outcomes are found after the session.

- ① Critical thinking, well balanced personality is an urgent required for the fast-moving world.
- ② Professional attitude and mainly problem solving must be adopted in this fast rapid world.
- ③ Students took part enthusiastically. Overall the session was interactive and interesting.

Sr. Alice Thomas

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Feedback

The session was very useful as softskill is the need of hour. We have to be critical and logical. Both faculty members explained it very well, however session could have been more practice.

Vinod Chaudhary
BBA II Yr A

Analysis

BA III - 13

BA II - 13

BCom II, A - 01

CA II - 05

Tax II - 01

BBA II, A - 02

Total = 35

~~11 Aug 23~~
Dr. Swati Singh
Coordinator

~~11/08/23~~
Prof. Rahal-Ahmad
HOD

HOD

Sr. Alice Thomas
Dr. Sr. Alice Thomas ^{12/8/23}
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INDORE

Soft Skills Development, A Practical Session





St. Paul Institute of Professional Studies, Indore

Career, Skill Development and Internship Committee

Session on

"Personality Grooming of upcoming managers"

Date: 12/09/23

Time: 12:15 PM

Venue: Seminar Hall

Flow of Program

Prayer	:	Mr. Vikas Tyagi
Welcome and Introduction	:	Mr. Nikhil Wadhwani
Session by	:	-Ms. Disha Hariyani Trainer, Career Panga -Mr. Santosh Gokhe Mentor , Career Panga
Vote of Thanks	:	Mr. Krishna Goyal

Compering: Ms. Nupur Soni

Kaushik
11/09/2023
Dr. Vivek Kaushik
Convener, CSD Committee

Committee
Convenor

Sr. Alice Thomas
11/9/2023
Dr. Sr. Alice Thomas
PRINCIPAL
Paul Institute of Professional Studies
INDORE

S.N	Name of Students	Class	Section	Signature
1.	APOORV JAIN	BIBA II Year	A	<i>Apoorv</i>
2)	Anvika Kaur	BBA II year	B.	<i>Anvika</i>
3)	Shruti Jain	BBA II yr	B	<i>Shruti</i>
4)	Mohd. Alfham	BBA II yr	B	<i>Alfham</i>
5)	Lachini Sistani	BBA I yr	B	<i>Lachini</i>
6)	Noel Simon Benoy	BBA II yr	B.	<i>Noel</i>
7	Shradha Selasani	B.Com F.Ty	E	<i>Shradha</i>
8)	Akshat Patidar	B.Com F.Ty	E	<i>A Patidar</i>
9)	Raj Grouel	"	"	<i>Raj</i>
10)	John Sebastian	B.Com (Hons) III	A	<i>John</i>
10)	Ananth Rongjee	B.Com H 3	A	<i>Ananth</i>
12)	Vincent Vasuniga	B.COM HONS 3rd	A	<i>Vincent</i>
13.	Aditya Yadav	B.Com Hons 3 rd	B	<i>Aditya</i>
14	Aniket Khadoriya	BBA II Year	B	<i>Aniket</i>
15	Hiral Joshi	BBA 2 nd yr	B	<i>Hiral</i>
16.	Palak Kaushik	BBA II yr	B	<i>Palak</i>
17	Vijay Baladiya	B.Com T.Ty		<i>Vijay</i>
18	Sakshi Gaurve	B.COM CA II yr	A	<i>Sakshi Gaurve</i>
19	Vareem Keli	B.A II yr	A	<i>Vareem</i>
20	Devang Tiwari	B.A II yr	A	<i>Devang</i>
21	Batuk Handiyawala	BA II yr		<i>Batuk</i>
22	Martin Luniya	BA II yr		<i>Martin</i>
23	Muskan Sharma	BA II yr		<i>Muskan</i>
24	Asmita Jimmy	"		<i>Asmita</i>
25	Vikas Yadav	"		<i>Vikas</i>
26	Aryan Verma	"		<i>Aryan</i>
27	Mitanshi Shastri	"		<i>Mitanshi</i>
28	Kshitij Joshi	"		<i>Kshitij</i>
29	Aman Khandelwal	BBA III B		<i>Aman</i>
30	Aashvi Rai	BBA III B		<i>Aashvi</i>
31	Anushka Khandelwal	BBA III B		<i>Anushka</i>
32	Chandni Balthera	B.Com III A		<i>Chandni</i>
33	Ritika Gidwani	B.Com (Hons) III A		<i>Ritika</i>
34	Ashishak Jafar	BBA (B) III	B	<i>Ashishak</i>
35	Rachit Mundra	BBA-B III	B	<i>Rachit</i>

Sr. Alice Thomas

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St Paul Institute of Professional Studies
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S.No.	Name of student	Class	Section	Signature
36.	Ayushi Khokhar	BBA III	B	Ayushi
37.	Rishika Suresh	BBA - III	A	Rishika
38.	Prabhat Singh	B.Com (Hons) III	A	Prabhat
39.	Prakhar Nagari	BBA III	B	Prakhar
40.	Sneha	BA II yr		Sneha
41.	Aditi Malviya	BA II yr		Aditi
42.	Vinay Chouhan	B.Com III (Tax)		Vinay
43.	Allen Reeves	B.Com III (Hons)	A	Allen
44.	Simen D'Souza	B.Com III (Hons)	A	Simen
45.	Wilson Benjamin	B.Com III (Hons)	A	Wilson
46.	Jashvi Jyoti	B.Com III (Hons)	A	Jashvi
47.	Deekha Chopra	B.Com III (H)	A	Deekha
48.	Dheeraj Makwana	B.Com III (H)	'B'	Dheeraj
49.	Tashanka Purohit	B.Com III (H)	'B'	Tashanka
50.	Yudhishthir Daini	B.Com III (H)	A	Yudhishthir
51.	Anshul Vijaywargiya	B.Com III (H)	A	Anshul
52.	Devyani Rathore	B.Com III (H)	A	Devyani
53.	Albela Khakha	B.Com FT II yr	E	Albela
54.	Elha Bais	B.Com (H) III yr	'A'	Elha
55.	Parth Kanujiya	B.Com (H) III yr	'A'	Parth
56.	Pranvi Jain	B.Com (H) III yr	'A'	Pranvi
57.	Vaibhavi Nattu	B.Com (H) III yr	A	Vaibhavi
58.	Faredeen Khan	B.Com (C.A) II	F	Faredeen
59.	VIJAY SOLANKI	BBA (B) III	(B)	Vijay
60.	Mathew Biju	B.COM (CA) II	F	Mathew
61.	Gifty Anand Vedke	B.Com plain II	D	Anand
62.	Khushi Patidar	BBA III	A	Khushi
63.	Anveshi Saklecha	BBA III	A	Anveshi
64.	Aastha Kale	BBA III	A	Aastha
65.	Priyanshi Mongal	B.Com III (Tax)		Priyanshi
66.	Kavina Dertlani	BBA III Year	B	Kavina
67.	Umang Azad	BBA II yr	B	Umang
68.	Teesha Wadhvani	B.COM C.A III yr	-	Teesha
69.	Yashi Baheti	B.COM Hons.	A	Yashi
70.	Mahek Kasturi	B.COM Hons.	A	Mahek

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St. Paul Institute of Professional Studies

INDORE

S.No.	Name of Student	Class	Section	Signature
71.	Manish Anuja	B.COM Hons III	A	
72.	Bhoomika Nalaya	B.COM CA III	A	Bhoomika
73.	Mana Shukla	B.COM CA III	A	
74.	Jagjeet Singh Saluja	BBA II nd Year	A	Jagjeet
75.	Krishna Anuja	B.COM II nd Year	D	(KA)
76.	Joshua D'Souza	BBA II year	B	Joshua
77.	Himanshu Verma	BBA II yr	A	Himanshu
78.	Nikhil Wadhvani	BBA II yr	A	Nikhil
79.	Keishna Goyal	BBA II yr.	A	Keishna
80.	Dharmajay Mishra	BBA II yr.	A	
81.	Nupur Soni	BBA II Yr.	A	Nupur
82.	Ashvi Garg	BBA III B.	B	Ashvi
83.	Anjali Tiku	BBA III B	B	Anjali
84.	Neha Jaiswal	BBA III	B	Neha
85.	Jeetendra Repre	BBA 3 rd A	A	Jeetendra
86.	Eman Suman	BBA 3 rd	A	Eman
87.	Himanshi Bhatia	BBA 3 rd 1	A	Himanshi
88.	Ekta Talreja	BBA 3 rd	A	Ekta

12/09/23 Personality Grooming of Upcoming Managers
Class wise Participation of Students.

Class	No. of Students	Class	No. of Students.
BBA II Year 'A'	7	B.COM (CA) III Year	4
BBA II Year 'B'	9	BCA II 'A' Year	4
BBA III Year 'A'	8	BA II Year	8
BBA III Year 'B'	14	B.COM (Tax) III Year	2
B.COM (FT) II Year	1	B.COM (FT) II Year 'A'	1
B.COM (Hons) III 'A'	20	B.COM (CA) II Year	2
B.COM (Hons) III 'B'	3	B.COM (Plain) II Year	2
B.COM (Tax) II Year	1		
Total No. of Students	88		

Dr. S. A. Thomas
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 St. Paul Institute of Professional Studies

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St. Paul Institute of Professional Studies, Indore

Feedback Form

Date 12/9/23

Name of The Student - Class open for All

Name of the event Personality Grooming

Resource Person Mr. Dishu Maryani, Career Panga

Name of the Department / Committee Career & skills Development and Internship Committee

	Excellent	Very Good	Good	Average
Content Feedback				
Rate the topic of the session?	4	2	-	-
Rate the subject matter of the session?	3	3		
Rate the presentation of the session?	3	2	1	-

Individual Feedback	Very Much	Likely
Session has improved my knowledge & awareness?	5	1
The speaker was interactive?	5	1

	Yes	No
Do you want to participate in such session in future?	6	0

Remark

It was very good & resourceful session.

Sr. Alice Thomas

PRINCIPAL

10/9/23

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INDORE

Learning Outcome:-

- * Students got insight to assess their talent and skills. And how to makes one's personality Magnetic & Charming.
- * Students ~~got~~ guidance, support & resources to overcome challenges, solve problems & make decisions.

Kaushik
10/9/23

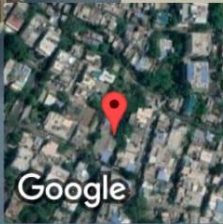
Dr-Vivek Kaushik
CONVENOR, CSD

Sr. Alice Thomas
15/9/2023
PRINCIPAL

St Paul Institute of Professional Studies

Personality Grooming of upcoming managers





Career and Skill Development Committee
Session on the topic " Personality Grooming for upcoming Managers"
Lat 22.721435°
Long 75.890043°
12/09/23 01:15 PM GMT +05:30

 **GPS Map Camera**



St Paul Institute of Professional Studies, Indore

Language Lab Committee

A Group Discussion on Soft Skills Required to Succeed in Social Media

Date: 10 October 2023

Day: Tuesday

Time: 12:15 pm

Venue: Room No: Language Lab

Flow of the Programme

Prayer	: Ms Kunal Bhalerao
Introduction	: Mr Prashant Rao
Participation	: Students
Vote of Thanks	: Mr Prathmesh Verma

Ms Sanna Sheikh *Sanna*
Dr Prashant Rao *for S*
Coordinators *7/10/23*

Des
Dr Unmekha Tare *7/10/23*
College Coordinator

Sr. Alice Thomas
Dr Sr Alice Thomas *7/1/23*
Principal

PRINCIPAL

St Paul Institute of Professional Studies
INDORE

College
Coordinator

A Group Discussion On Soft Skills Required to Succeed in Social Media

S. No	NAME OF THE STUDENT	CLASS	YEAR WITH SECTION	SIGNATURE
1.	Najneen Khan	BA	III year	Najneen
2.	Samriddhi Tiwari	BA	III	Tiwari
3.	Amrita Raut	B.A	III yr	Raut
4.	Anurag Mishra	B.A	III yr	Mishra
5.	Ayushi Dubey	BBA	II year	Dubey
6.	Ayush Shrivastava	BBA A	II year	Ayush
7.	Vandana Choudhary	BBA (A)	II year	Vandana
8.	Prathmesh Verma	BA	II year	Prathmesh
9.	Elcee Arund	BA	III year	Elcee
10.	Khushti Sharma	BA	III year	Khushti
11.	Saumya Bai	BA	III year	Bai
12.	Aakash Mishra	BA	III year	Aakash
13.	Akanksha	BA	III year	Akanksha
14.	Diya Chauhan	BA	III year	Diya
15.	Abhay Borari	BA	III year	Abhay
16.	Ramakrishna Samuel Zaki	B.com	II year	Ramakrishna
17.	Nahak Keshari	B.com Honu	III yr (A)	Nahak
18.	Manish Ahuja	B.com honu	III yr (A)	Manish
19.	Virendra Yadav	BA	III year	Virendra
20.	Riya Choudhary	BA	III yr	Riya
21.	Renu Chauhan	BA	III yr	Renu
22.	Alena Kopadia	BA	III yr	Alena
23.	Deeksha Chupra	B.com (H) (A)	III yr	Deeksha
24.	Joshi Tojy	B.com (H)	III yr	Joshi
25.	Allen Reeves	B.com (H)	III yr	Allen
26.	Simon D'Souza	B.com (H)	III yr	Simon
27.	Wilson Benjamin	B.com (H)	III yr	Wilson
28.	Subhan Ahmed	B.com (H)	III yr	Subhan
29.	Swati Pal	B.Sc III	III yr	Swati
30.	Vincent Vasuniga	B.com Hon's	(A) III yr	Vincent

S.No	NAME OF THE STUDENT	CLASS	YEAR WITH SECTION	SIGNATURE
31.	Hatim Saifee	B.A.	III year	Hatim Saifee
32.	Aashi Kushwah	B.A.	IV year	Aashi Kushwah
33.	Shreyali Patel	BSC II	II year	Shreyali Patel

Students Feedback

1. The activity was full of enjoyment and informative. College should always organize such activities for students holistic development for cracking interviews and expressing themselves on social media. It was a fantastic, fabulous and fabulous activity!!!
- Akash Mishra
(BA III yr)
2. From the group discussion I understood that social media is just not the real world. Though the session was very informative and interactive. The topic chosen was appropriate for Gen Z and modern era.
- Akanksha
(BA III year)

Remark

Hard skills and soft skills are very important for overall personality development. It becomes more relevant, especially in this high-tech world, where social media is a prominent tool to become social. Keeping all these points in mind a discussion took place and students realized that the elements of soft skills are very important to move in social media.

Sr. Alice Thomas
PRINCIPAL

Learning Outcomes

- 1) Students discuss the topic with current examples.
- 2) Team work, creativity, and adaptability and problem solving are very important skills which must be acquired.
- 3) Soft skills is the need of hour for every netizen.

Analysis

1. BA III year	- 17
2. BBA (A) - II year	- 03
3. BA II year	- 01
4. B.Com (Tax) II year	- 01
5. B.Com (Hons) A - III year	- 08
6. B.Com (Plain) III year	- 01
7. B.Sc III year	- 01
8. B.Sc II year	- 01
Total	- 33

Coordinators

1. Ms. Samma Sheikh - ~~Samma~~ 20 Oct-23
2. Dr. Prashant Rao - for ~~Samma~~ 20 Oct-23

~~Samma~~ 20 Oct-23
Dr. Suati Singh
Convenor

Committee
Convenor

Sr. Alice Thomas
Dr. Sr. Alice Thomas
PRINCIPAL

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INDORE

GD on Soft Skills Required to Succeed in Social Media





 **GPS Map Camera**



Language Lab Activity, What are the soft Skills required to succeed in social media
St Paul Institute of Professional Studies, 7/1, Boundary Road, Lalaram Nagar, Indore
Lat 22.743957°
Long 75.883004°
10/10/23 12:51 PM GMT +05:30

St Paul Institute of Professional Studies, Indore

Department of Social Sciences - A

How Soft Skills Transform an Individual Into a Professional

Date: 12 December 2023

Day: Friday

Time: 12:30 pm

Venue: Room No: 211

Objective: Enabling students to apply soft skills in professional life.

Flow of the Programme

Prayer	: Ms Farida Pithawala
Welcome and Introduction	: Dr Swati Singh
Participation	: Students
Vote of Thanks	: Ms Farida Chandurwala

Student In-Charges:

Mr Prathmesh Verma

Ms Tanishka Sharma

Dr Swati Singh

Faculty In-Charge

Prof Rahat Ahmed

Course Coordinator

Dr Sr Alice Thomas

Principal

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INDORE

SN	Name	Class	Year/Section	Signature
1	Tanisha Shekhawat	BA II yr		<u>Ranika</u>
2	Pouthemesh Verma	"		
3	Apoorva Kalishaman	"		<u>Fali</u>
4	Suzette Eims	"		<u>S</u>
5	Vanshita Sharma			<u>Vanshita</u>
6	Nafesa Ammar	"		<u>Ammar</u>
7	Deepika Negi	"		<u>Deepa</u>
8	Aurva Cyclunala	"		<u>Aurva</u>
9	Fatima Tikkanala			<u>Fatima</u>
10	Mahek Gathiya			<u>Mahek</u>
11	Aakash Mishra	BA III		<u>Aakash</u>
12	Akanksha	BA III	-	<u>Akanksha</u>
13	Priyanshu Sharma	B.A II		<u>Priyanshu</u>
14	Vanshita Sharma	"		
15	Riya Sharma	"		<u>Riya</u>
16	Chandani Patel	"		<u>Chandani</u>
17	Mariyam Furrukhmal	"		<u>Mariyam</u>
18	Khushi Bhadoriya	"		<u>Khushi</u>
19	Diana Franklin			<u>Franklin</u>
20	Pavi Mehta			<u>Pavi</u>
21	Shreya Joshi	"		<u>Shreya</u>
22	Sindhu K.S	"		<u>Sindhu K.S</u>
23	Yuvraj Chouhan	BA 2nd year		<u>Yuvraj</u>
24	Nupur Yadav	BA 2nd year		<u>Nupur</u>
25	Felix Chingdihsang	BA 2nd year		<u>Felix</u>
26	SURIVA A	"		<u>Suriva</u>
27	Prabhu Lakshmi	"		<u>Prabhu</u>
28	Anyan Verma	"		<u>Anyan</u>
29	Lokeshwar Dandi	"		<u>Lokeshwar</u>
30	Ashita Jimmy	"		<u>Ashita</u>
31	Muskan Sharma	"		<u>Muskan</u>
32	Kshitij Joshi	"		<u>Kshitij</u>
33	Martin Luvya	"		<u>Martin</u>
34	Batul Handiyavale			<u>Batul</u>

So. A. Thomas

PRINCIPAL

St Paul Institute of Professional Studies,
INDORE

35	Crawan Salau	BA II Year	<u>K</u>
36	Aditi Malviya	"	<u>A</u>
37	Trishika Sharma	"	<u>Trishika</u>
38	Farida Chandurwala	"	<u>Farida</u>
39	Kajal Katodiya	"	<u>Kajal</u>
40	Monika Choudhary	"	<u>Monika</u>
41	Mitanshi Shastri	"	<u>Mitanshi</u>
42	Sumit Joseph	"	<u>Sumit</u>
43	Raj Nagar	"	<u>Raj</u>
44	Vighnesh Rajput	B. Com - FT II year	<u>Vighnesh</u>
45	Diana Maitra	B. BA - B II year	<u>diana</u>

Feedback :-

① The session was very helpful and practical. It gave students knowledge about Non-verbal communication and other soft skills that students might need in professional life.

Apoorva Kaliraman
B.A II year

② It was an informative session. It made me aware the importance soft skills play in our life and how its important it is to learn and behave in professional life.

Prathmesh Verma
B. A II year

③ I gained knowledge about the importance of Non-verbal skills.

Vighnesh Rajput
B. Com II year

Report: Soft-skills are personal qualities and traits that impact how you work.

So students should know and develop the critical thinking, creativity, resilience for themselves and for professional life. This was the session where students did act and realised how these skills can acquire practically.

Learning Outcomes:

1. Students realised the skills which are required individually and professionally
2. How can it be developed they came to know
3. Students shared their experiences and asked many questions.

Analysis

BA II Year - 40

BA III Year - 3

FT II Year - 01

BBA II, B - 01

Total - 45 Students

13 Jan 24

Dr Swati Singh
Faculty Incharge

13/01/24

Prof Rahat Ahmed
Head of Department

HOD

Sr. Alice Thomas

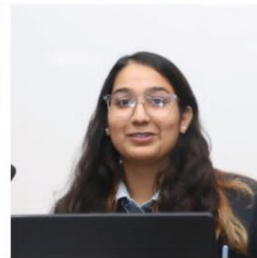
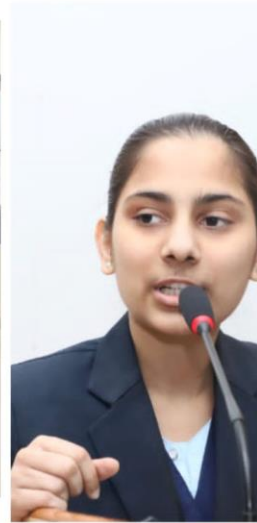
23/1/2024

Dr Sr Alice Thomas
PRINCIPAL

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St Paul Institute of Professional Studies
INDORE

How Soft Skills Transform an Individual into a Professional





51

St. Paul Institute of Professional Studies, Indore
Career, Skills Development & Internship Committee
"Orientation Session on Skill Training Program"
(Offered by Indo German Tool Room, Indore- under MSME)

Date: 13/12/2023

Time: 12:15 PM

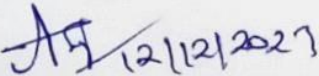
Venue: Room No. 110

Objective: To inform and motivate all SC students for employment oriented training program offered under MSME initiatives.

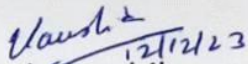
Flow of the Program

Prayer	: Silent
Introduction and Detail Sharing	: Dr. Vivek Kaushik
Inviting Registration	: Prof. Ashay Joshi
Vote of Thanks	: Prof. Ashay Joshi

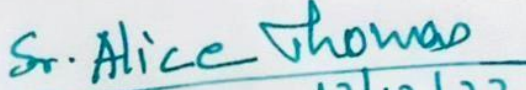
*Compering : Dr. Gagan Mittal


Prof. Ashay Joshi

Convenor, MC

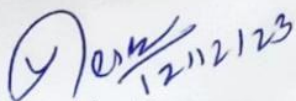

Dr. Vivek Kaushik

Convenor, CSD Committee

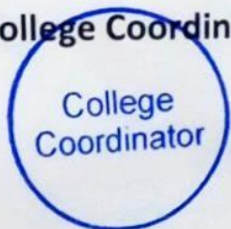

Dr. Sr. Alice Thomas 13/12/23

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INDORE


Dr. Unmekha Tare

College Coordinator

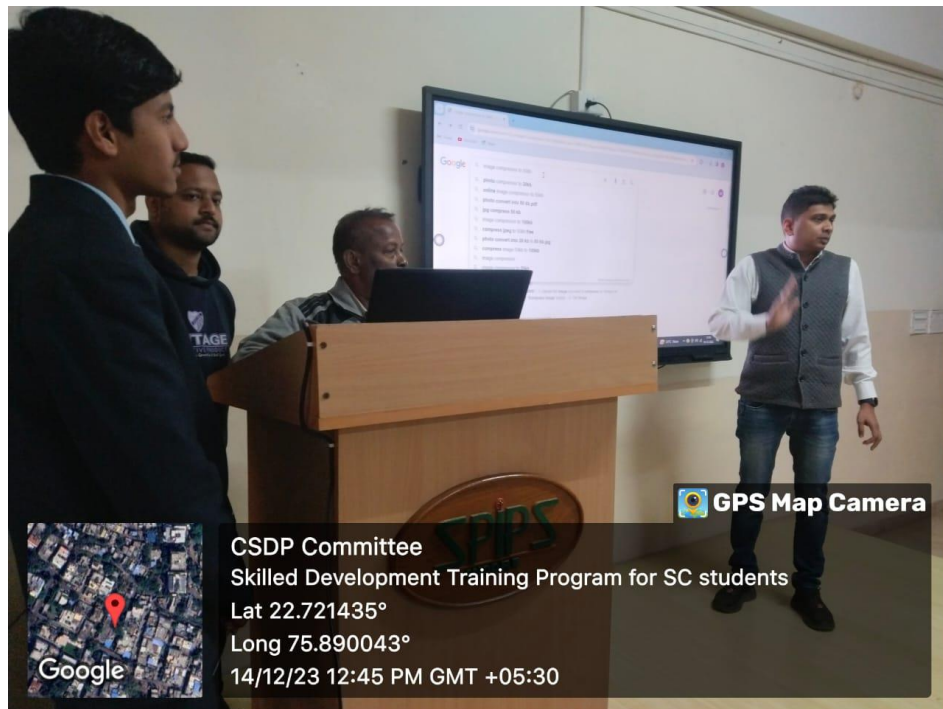

College
Coordinator

S.No	Name of Student	Class	Contact No.	Signature
1.	Mehul Sonkar	B.Com Tax II	9826782096	net
2.	Abhay Barasi	BA-III Yr	7909790652	Abhay
3.	Darendra Mehra	B.Com CA II nd	9179418962	Der
4.	Ritesh Ranwasi	B.Com (FT) II	9893896449	Ritesh...
5.	Jhalak Yadav	B.Sc (CS) Iyr	8827604858	Jhalak
6.	Chanda Sitalo	B.Com IT D.	9302608501	chanda
7.	Vikas Pomeley	BBA 1 st (B)	9691321158	Vikas
8.	Himanshi Choudhary	B.COM 1 st (C)	7470537350	Himanshi
9.	Janvi Sonkar	B.Com 1 st (A)	9713991459	Janvi
10.	Kankeshwari Vaich	B.COM Ist (c)	7489474354	Kankeshwari
11.	Aparshita Gehloch	B.com Ist (B)	7000781405	Aparshita
12.	Himanshu Bairowa	B.Com 1st (A)	9098268417	Bairowa
13.	Raj Bhawariga	B.com 1st (D)	9003333399	Raj Bhawariga
14.	Krishna Teetendra Sonkar	B.COM Iyr (D)	8817176465	Krishna
15.	Hansh Solanki	B.COM Iyr (F)	9826034110	Hansh
16.	Yash Karadiya	B.com Iyr (B)	8821988862	Yash
17.	Sujal Patil Parihar	BBA 1 year (A)	9826912907	Sujal
18.	Tushar Chauhan	BCA 1 yr. (A)	7024991832	Tushar
19.	Piyush Chouben	BBA 1 yr (B)	8349441212	Piyush
20.	Raksha Bakore	B.Com (CA) Iyr	8827450870	Raksha
21.	Nikita Solanki	BSC III year	7447075166	Nikita
22.	Kaam Singh	BCA I	7991196125	Kaam
23.	Lakshya Somariya	BCA I	9926048599	Lakshya
24.	Archita Verma	BBA I 'A'	9131013380	Archita
25.	Beena Nayak	BCA II Yr	8878856004	Beena
26.	Sunny Shindurey	B.COM FT III Yr	8305067297	Sunny
27.	Abhishek Kariodiyar	B.Com FT III Yr	9826621327	Abhishek
28.	Mayank Kaldale	B.Com FT	7399615512	Mayank
29.	Anshul Solanki	B.Com FT	8602589934	Anshul
30.	Kareena Grohar	BA II Yr	6261964648	Kareena
31.	Anjali Perdiya	B.Com Tax ^{III}	8305773065	Anjali
32.	Shabini Vairav	B.Com Tax ^{III}	7879048842	Shabini
33.	Bindiya Kelkar	B.Sc II Yr	6261569577	Bindiya

Dr. Anil Chavhan

Orientation Session on Skill Training Program

(Offered by Indo German Tool Room, Indore- under MSME)





CSDP Committee
Skilled Development Training Program for SC students
Lat 22.721435°
Long 75.890043°
14/12/23 12:49 PM GMT +05:30

 **GPS Map Camera**

St Paul Institute of Professional Studies, Indore

Language Lab Committee

Non Verbal and Verbal Communication

Date: 13 January 2024

Day: Saturday

Time: 12:15 pm

Venue: Room No: 211

Objective: To enable students to interpret body language along with verbal communication.

Flow of the Programme

Prayer	: Ms Khushi Vishwakarma
Welcome and Introduction	: Ms Najneen Khan
Participation	: Students
Vote of Thanks	: Ms Nupur Yadav

Student In-Charges:

1. Ms Mansi Soni *Mansi*
2. Ms Muskan Qureshi *Muskan*

8/10/24
Dr Swati Singh
Convener

Committee
Convenor

Sr. Alice Thomas
8/11/2024
Dr Sr Alice Thomas
Principal

PRINCIPAL

St Paul Institute of Professional Studies
INDORE

8/10/24
Dr Unmekha Tare
College Coordinator

College
Coordinator

SN	Name	Class	Year Section	Signature
01	Nupur Yadav	BA	2nd yr	<u>Nupur</u>
02	Yuvraj Chouhan	BA	2nd yr	<u>Yuvraj</u>
03	Tanisha Shekhawat	BA	"	<u>Tanisha</u>
04	Priyansha Sharma	"	"	<u>Priyansha</u>
05	Prathmesh Verma	"	"	<u>Prathmesh</u>
06	Lokeshwar Duvvedi	"	"	<u>Lokeshwar</u>
07	Sindhu K.	"	"	<u>Sindhu K.</u>
08	Felix Chingdehsang	"	2nd Year	<u>Felix</u>
09	Fatema Jikiwala	"	2nd year	<u>Fatema</u>
10	Aruwa Cycliwala	"	2nd year	<u>Aruwa</u>
11	Chanchal Joshi	BA	2nd year	<u>Chanchal</u>
12	Vanshita Sharma	B.A	2nd yr	<u>Vanshita</u>
13	Sumit Joseph	B.A	2nd yr	<u>Sumit</u>
14	Vikas Yadav	B.A	2nd yr	<u>Vikas</u>
15	Kshitij Joshi	B.A	2nd yr	<u>Kshitij</u>
16	Batul Handiyawala	B.A	2nd yr	<u>Batul</u>
17	Muskan Sharma	B.A	2nd yr	<u>Muskan</u>
18	Aashita Jimmy	B.A	2nd yr	<u>Aashita</u>
19	Pratim Lakher	B.A	2nd yr	<u>Pratim</u>
20	Raj Nagar	B.A	2nd yr	<u>Raj</u>
21	Pratim Tanishka Sharma	B.A.	2nd yr	<u>Tanishka</u>
22	Kajal Kakodiya	B.A	2nd yr	<u>Kajal</u>
23	Nitesh Chouhan	B.A.	2nd yr	<u>Nitesh</u>
24	Apoorva Kaliraman	B.A	2nd yr	<u>Apoorva</u>
25	Aditi Malviya	B.A.	II yr.	<u>Aditi</u>
26	Kareena Grohan	B.A	II yr	<u>Kareena</u>
27	Groth Kharte	B.A	II year	<u>Groth</u>
28	Anupama Majhi	B.A	II year	<u>Anupama</u>
29	Akanksha	B.A.	III year	<u>Akanksha</u>
30	Aaksh Mishra	B.A.	III year	<u>Aaksh</u>
31	Najneem Khan	B.A.	III year	<u>Najneem</u>
32	Manas Grami	B.A.	II Bcom Plain	<u>Manas</u>
33	Utkarsh Chouhan	"	"	<u>Utkarsh</u>
34	Anjali Peruleya	"	"	<u>Anjali</u>

Sr. Alice Sharma

PRINCIPAL

Sr Paul Institute of Professional Studies
INDORE

35	Rashi Pandey	Bcom Ca	II yr	<u>Rashi</u>
36	Harsh danal	II - II	" yr	<u>Harsh</u>
37	Tanishka Rathod	II - II	II yr	<u>Rathod</u>

Student Feedback

1. Both verbal and non verbal are significant part of Communication. we have to work out on both. The session was very practice & interesting. we look for the same in future.

Gaurav Jataw
BA - IInd.

2. The sessions helped me to understand the different forms of non-verbal communication and body language including eye contact, gestures, facial expression, etc.

Aakash Mishra
B-A III Year

Remark: Non Verbal is the communication which speaks more than verbal communication. But verbal communication at the same time expresses our knowledge. So this demonstrative language is very important to us.

Learning Outcome:

- ① The session was practical and useful. The important thing is that each and every part of non verbal communication is very important.

So Alice Thomas
PRINCIPAL

St. Paul Institute of Professional Studies

INDORE

2. Colours, numbers, flow, punctuation, everything is very important - before

speaking and giving presentation

3. These type of session should be conducted more and more for students.

Analysis

BA II Year - 24

BA III Year - 05

B Com (P) II Year - 03

B Com (CA) II Year - 05

Total - 37

Student - Incharges

1. Ms Mansi Soni
2. Ms Muskan Burchhi

~~manf~~
~~Muskan~~

~~S~~ 14 Jan 24
Dr Swati Singh
Faculty Incharge

~~S~~ 14 Jan 24
Dr Swati Singh
Convenor

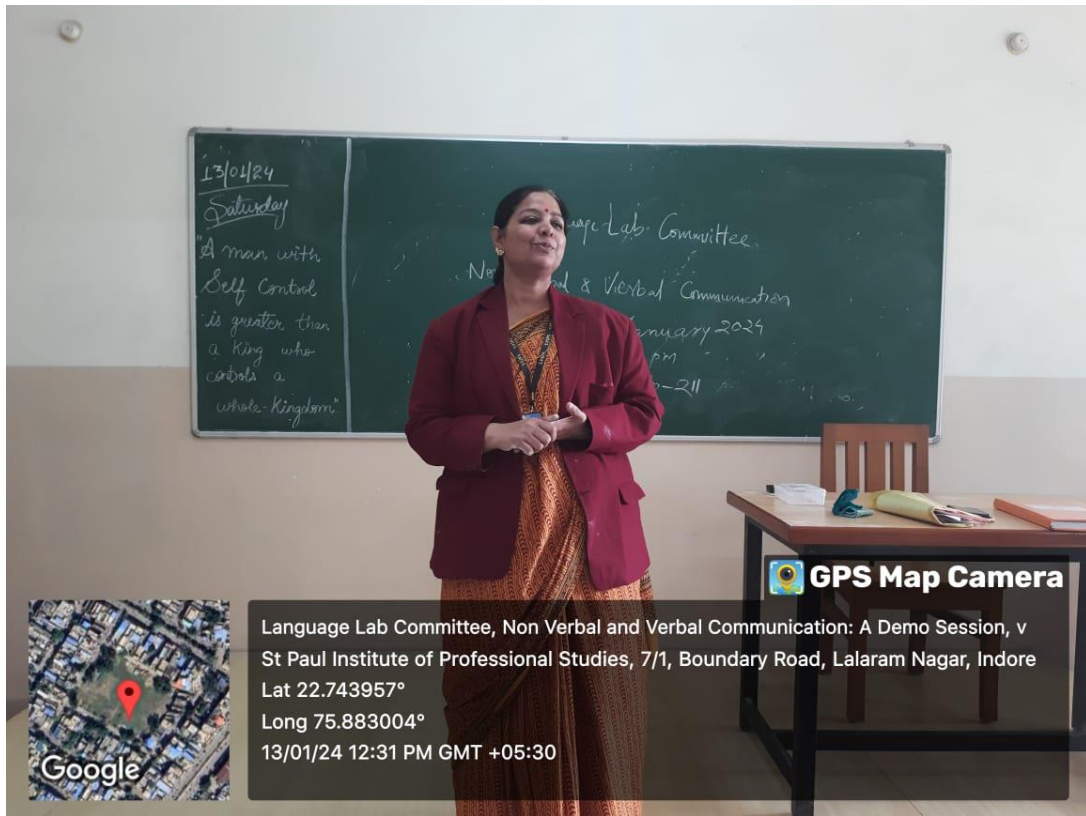
Committee
Convenor

Sr. Alice Thomas
20/1/2024
Dr Sr Alice Thomas
PRINCIPAL

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INDORE

Non-Verbal and Verbal Communication





St. Paul Institute of Professional Studies, Indore

Career, Skill Development & Internship Committee

"Session on Professional Etiquettes & Industry readiness"

Date: 16/02/24

Time: 12:15 PM

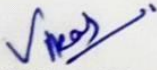
Venue: Room No. 104

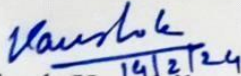
Objective: To ensure that our students can learn about the appropriate attire, grooming and etiquettes of professional atmosphere which is essential for success in the workplace.

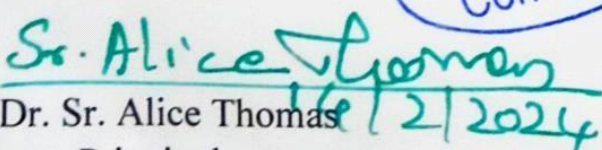
Flow of Program

Prayer	:	Ms. Nupur Soni
Welcome and Introduction	:	Mr. Vikas Tyagi
Session by	:	Mrs. Lovina Jain (ILETS Trainer, IDP Education)
Vote of Thanks	:	Mr. Nikhil Wadhwani

Compering: Ms. Anuveer Kaur

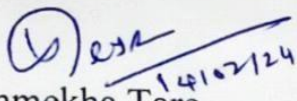

Mr. Vikas Tyagi
Student Coordinator


Dr. Vivek Kaushik
Convener, CSD Committee


Dr. Sr. Alice Thomas
Principal

PRINCIPAL
St Paul Institute of Professional Studies
INDORE

Committee
Convenor


Dr. Unmekha Tare
College Co-ordinator

College
Coordinator

S.No	Name	Class	Sign
1.	Mihika Singh	BBA-II - A	Mihika
2.	Himanshi Chaudhary	B.Com CA I yr	Him
3.	Vinay Nainawa	B.Com (CA) I yr	Vinay
4.	Mariya Amherawala	B.Com (CA) I yr	Mariya
5.	Fatema Bhandari	B.Com (hons.) I yr	Fatema
6.	Neha Verma	B.Com (CA) I yr	Neha
7.	Mariya Muabim	B.Com (CA) I yr	Mariya
8.	Piyush Nishad	B.Com (CA) I yr	Piyush
9.	Lucky Paliwal	B.Com (CA) I yr	Lucky
10.	Sukhmani Tejwani	B.Sc I year	Sukhmani
11.	Hardik Mehta	B.Com CA I year	Hardik
12.	Pramod Kumawat	B.Com CA I yr	Pramod
13.	Yuvraj Singh Yadav	B.Com CA I yr	Yuvraj
14.	Raghav Singh	B.Com CA I yr	Raghav
15.	Himanshi Choudhary	B.Com CA I yr	Himanshi
16.	Neha Verma	B.Com CA I yr	Neha
17.	Anjali Malviya	B.Com CA I yr	Anjali
18.	Deepanshi Pandey	B.Com CA I yr	Deepanshi
19.	Ashley Samrajit Keshiya	B.Com CA I yr	Ashley
20.	AKshit Singh Khinchi	B.Com CA I yr	AK
21.	Naman Jain	B.Com CA I yr	Naman
22.	Alefiya Bangalorewala	B.Com I yr 'A'	Alefiya
23.	Himanshu Verma	BBA-II - A	Himanshu
24.	Nikhil Wadhvani	BBA-II - A	Nikhil
25.	Prashant Thakur	BBA-I - B	Prashant
26.	Sahil Singh	B.Com hon III - B	Sahil
27.	Yuvraj Singh	B.Com hon III - A	Yuvraj
28.	Sowabh Mishra	B.Com plain III - A	Sowabh
29.	Yashi Bhatti	B.Com hon III - A	Yashi
30.	Angel Greegya	BBA II nd Year B	Angel
31.	Chhavi Sen.	B.Com Plain II Year D	Chhavi
32.	Hiral Joshi	BBA-B 2 nd yr	Hiral
33.	Siddhi Sethi	BBA-B 2 nd yr	Siddhi
34.	Nitisha Gogwani	B.Com (CA) I yr	Nitisha
35.	Jaal Jumar	B.Com (CA) I yr	Jaal

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S.No.	Name	Class & Section	Signature
36.	Nupur Soni	BBA 'A' II Year	<u>Nupur</u>
37.	Vikash Tiyaagi	BBA 'A' II Year	<u>V</u>
38.	Mohd. Afham	BBA 'B' II Year	<u>A</u>
39.	Vishwadhara Poria	BBA 'A' II yr	<u>Vishw</u>
40.	Jomin Joshy	BBA 'A' I yr	<u>Jomin</u>
41.	Faisal Khan	BBA 'B' I yr	<u>F</u>
42.	Isha Manellui	BBA B I yr	<u>Isha</u>
43.	Pramann Yastaw	BBA B I yr	<u>P</u>
44.	Praani Jain	B.COM none II yr	<u>Praani</u>
45.	Sharon Charles	B.COM TAX III yr	<u>Sharon</u>
46.	Parth Kanajiya	B.Com Hons III year	<u>Parth</u>
47.	Avinash Paryani	BBA-A III yr	<u>Avinash</u>
48.	Bhavya Shah	BBA-A III yr	<u>Bhavya</u>
49.	Aripita Rathore	BBA-A III yr	<u>Aripita</u>
50.	Adarsh Adhiraj	BBA-A III yr	<u>Adarsh</u>
51.	Riya Thomas	BBA-A III yr	<u>Riya</u>
52.	Yashovardhan Runija	BBA-A III yr	<u>Yasho</u>
53.	Khushi Patidar	BBA-A III yr	<u>Khushi</u>
54.	Dibya Jyoti Lakra	B.COM - CA I st year	<u>Dibya</u>
55.	Shreya Poudar	B.Com CA I st year	<u>Shreya</u>
56.	Hareesh Gourdar	B.com CA I year	<u>Hareesh</u>
57.	Apotha Kale	BBA-A 3 rd yr	<u>Apotha</u>
58.	Gautam Mehra	B.Sc. 3 rd yr	<u>Gautam</u>
59.	Akshat Singh Khinchi	B-Com CA I year	<u>Akshat</u>
60.	Amit Sachdev	BBA A I year	<u>Amit</u>

Kaushik

16/2/2024

Dr. Vivek Kaushik

Convenor, CSD

Committee
Convenor

Sr. Alice Thomas
20/2/2024

Dr. Sr. Alice Thomas
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16/2/24 Session on Professional Etiquettes & Industry Readiness.
Class wise Participation of Students.

Class	No. Students	Class	No. Student
BBA - A I Year.	2	B. Com CA I Year.	23
BBA - B I Year.	4	B. Com CA II year.	1
BBA - A II year.	6	B. Com PLAIN I year.	1
BBA - B II year.	4	B. Com plain II year.	1
BBA - A III year.	8	B. Com Plain III year.	1
B. Com Hons I year.	1	BSC I year.	1
B. Com Hons - 'A' III year.	4	BSC II year.	1
B. Com Hons - 'B' III year.	1		
B. Com Tax III year.	1		
Total	60		

Learning Outcome:-

- * The session aims to equip students with professional etiquette & Industry readiness.
- * Understanding includes workplace decorum, effective communication & interpersonal skills.
- * Students develop proficiency in time management, conflict resolution & adapting to diverse work environments.
- * Students learn to present themselves professionally, adhere to corporate standards for career advancement.

Kaushik
16/2/2024

Dr. Vivek Kaushik
Convenor, CSD

Committee
Convenor

Sr. Alice Thomas
20/2/2024

Dr. Sr. Alice Thomas.

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St. Paul Institute of Professional Studies, Indore

Analysis Feedback Form

Date: 16/02/24

Name of The Student:

Class: All classes

Name of the event: Session

Resource Person: on Professional Etiquettes & Industry Readiness

Mrs. Louina Jain

Name of the Department / Committee: CSD committee

	Excellent	Very Good	Good	Average
Content Feedback				
Rate the topic of the session?	4	1	-	-
Rate the subject matter of the session?	3	2	-	-
Rate the presentation of the session?	4	1	-	-

Individual Feedback	Very Much	Likely
Session has improved my knowledge & awareness?	4	1
The speaker was interactive?	5	-

	Yes	No
Do you want to participate in such session in future?	5	-

Remark

Students found session
very useful for them

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Session on Professional Etiquettes & Industry readiness





St. Paul Institute of Professional Studies, Indore

Department of Social Sciences-A

Topic: Alumni Session on Soft Skills

Date : 22/02/24

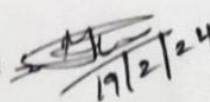
Time: 12:15 p.m.

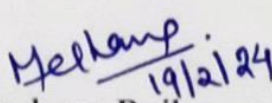
Venue : Room 112

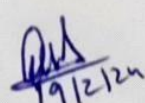
Objective : 1. To develop awareness about soft skills and its impact.
2. To Provide practical exposure and learning experience.

Flow of Program

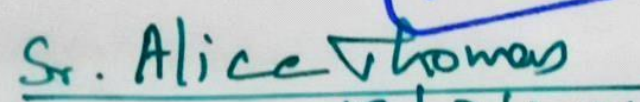
- | | | |
|-------------------|---|---------------------------|
| 1. Prayer | : | Ms. Alefiya Sanawadwala |
| 2. Introduction | : | Ms. Paridhi Jaiswal |
| 3. Alumni Session | : | Ms. Tanya Singh (2022-23) |
| 4. Q / A Session | : | Students |
| 5. Vote of Thanks | : | Mr. Adamya Vajpai |

Student Incharge : Ms. Mishkat Khan  19/2/24

Activity Incharge: Dr. Meghana Raikar  19/2/24

 19/2/24
Prof. Rahat Ahmed
Head of Department

HOD

 19/2/2024

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Alumni session on soft skills by Ms. Tanya Singh

Rajshree

PAGE NO.

DATE 22/02/24

SNO	Name of the student	Class	Section	Signature
1.	Alefiya Sanawadwala	B.A IYr	-	Alefiya
2.	Purni Hora	B.A I st	-	Purni
3.	yukti Rawat	B.A I	-	yukti
4.	Anima Kullu	B.A I	-	Anima
5.	Alma Kerketta	B.A I	-	Alma
6.	Dominic Barla	B.A I	-	Barla
7.	Ajay Ekka	B.A I	-	Ajay
8.	Jangarapu Nikhil Raju	B.A I st	-	Nikhil
9.	M. Elisha Samuel	B.A I st	-	Elisha
10.	Jerry Leo R	B.A I st	-	Jerry
11.	Lirius Jounning A	B.A I st	-	Lirius
12.	Mandeep Ram	B.A I st	-	Mandeep
13.	Muskan Kolra	B.A I st	-	Muskan
14.	Urmila Indwar	B.A I st	-	Urmila
15.	Ayushi Gurjar	B.A I	-	Ayushi
16.	Jiya Kukreja	B.A I	-	Jiya
17.	Vaishnavi Anati	B.A I	-	Vaishnavi
18.	Mishiti Uppal	BA I st	-	Mishiti
19.	Anjali Joseph	BA I st	-	Anjali
20.	Akandha Madhan	BA I st	-	Akandha
21.	Vaishitha Shrivastava	BA I st	-	Vaishitha
22.	Masira Khan	BA I st	-	Masira
23.	Lakshita Birla	BA I st	-	Lakshita
24.	Puran Bara	B.A I st	-	Puran
25.	Pranjal Gurjar	B.A I st	-	Pranjal
26.	Rose Roshni Lakra	B.A I st	-	Rose
27.	Alefiya Sanawadwala	B.A I st	-	Alefiya
28.	Riya Rammani	B.A I st	-	Riya
29.	Vaughese T-J	B.Com I	C	Vaughese
30.	Jevin Joy	B.Com I	C	Jevin
31.	Mayank Kaldale	B.Com I	E	Mayank
32.	Dibya Jyoti Lakra	B.COM (CA)	C	Dibya
33.	Parvathi Jaiswal	BA I st	-	Parvathi
34.	Nishkat Khan	B.A I	-	Nishkat

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No.	Name of student	Class	Section	Signature
35	Insiya Surgical	B.A-I		
36	Amuragini Iyer	B.A-I		

Report:

The department of Social Sciences organized a guest talk and a special session on 'Soft skills' by Ms. Tanya Singh. All the present 36 members interacted well and enriched their knowledge. The session was co-ordinated by Dr. Meghna Raikar.

Learning outcomes:

- (1) members expanded their views on 'communication'.
- (2) Discussed the importance of having 'good body language' / 'non-verbal communication'.
- (3) members learnt about 'leadership' and 'time management'.
- (4) 'Emotional intelligence' was a new topic discussed in Soft skills.

Analysis:-

(i) BA I Year	→	32
(ii) B.Com. I 'C'	→	03
(iii) B.Com. I 'E'	→	01
Total		<u>36</u>

Ahl
22/02/24

PROF. RAHAT AHMED

H.O.D SOCIAL SCIENCE

HOD

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22/2/2024

DR. SR. ALICE THOMAS

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Alumni Session on Soft Skills





Alumni Session on Soft Skills by Social Sciences Dept., Alumni Session on Soft Skills by Social Sciences Dept., India
7/1,Lala Ram Nagar,St.Paul Institute of Professional Studies Indore
Lat 22.71735°
Long 75.883937°
22/02/24 12:14 PM GMT +05:30

St Paul Institute of Professional Studies, Indore

Language Lab Committee

Spell Bee Competition

Date: 2 March 2024

Day: Saturday

Time: 12:15 pm

Venue: Language Lab

Objective: Enable students to retain the useful and important vocabulary.

Flow of the Programme

Prayer	:	Ms Alefia Sanawadwala
Welcome and Introduction	:	Ms Alice Mesiah
Participation	:	Students
Vote of Thanks	:	Mr Admay Vajpai

Students Coordinators:

1. Ms Khushi Vishwkarma Khushi
2. Ms Najneen Khan NKhan

25 Feb 24
Dr Swati Singh
Convener

Committee
Convenor

Dr. Alice Thomas
26/2/2024
Dr Sr Alice Thomas

Principal

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26/02/24
Dr Unmekha Tare

College Coordinator

College
Coordinator

Online SPELL BEE COMPETITION

2 March 2024

SN	Name	Class	Year/Section	Signature
1	Pavithra Jainwal	BA I year	I - A	Pavithra
2	Raja Rammam	BA	I	Raja
3	Aditya Krishnan	B.A 1 st year	1 st year	Aditya
4	Prarthana Nagpal	B.Com I st year	E 1 st year	Prarthana
5	Purvi Hara	B.A Ist yr	1 st yr	Purvi
6	Shalok Yadav	B.Sc I st year	I st year	Shalok
7	Arushka Sharma	B.Sc	I year	Arushka
8	Tiya Kukreja	B.A. I year	I year	Tiya
9	Swarna Swargacharya	BA I year	I year	Swarna
10	Adanya Vajpai	BA I year	I year	Adanya
11	Ajay Ekka	BA I year	"	Ajay
12	Gaurav Gupta	BA	I year	Gaurav
13	Anima Kullu	B.A I year	I year	Anima
14	Armaan Benedict	B.com I E(FT)	I year	Armaan
15	Aman Choudhary	B.com I C(CA)	I year	Aman
16	Aakir Raza	B.Com I C(CA)	I year	Aakir
17	Hitarshi Sarode	B.Com Ft E	Ist year	Hitarshi
18	Rushagrah Goyan	B.Com Ft E	Ist year	Rushagrah
19	Mayank Sahu	B.Com Ft E	I yr	Mayank
20	Prashant Thakur	BBA [B]	I yr	Prashant
21	Nikita Soni	BBA (b)	I yr	Nikita
22	Parth Khendelwal	BBA (b)	I year	Parth
23	Aravind Singh Ajmani	BBA [B]	I yr	Aravind

→ P.T.O.

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Remark: One letter distorts the meaning of a word or spoils the sense of a word. This is why Spell Bee Competition is organized World Wide. Dev Shah, the youngest Indian American Spelling Prodigy crowned champion at 2023 Scripps Spelling Bee. Language Lab at SPIPS organized the competition cum Discussion. On the same day was occupied with viva and other activities. Students discussed and learnt much afterwards. The same session will be conducted shortly.

Learning Outcomes:

1. Students enjoyed and realized the importance of meaning, pronunciation, spelling and usage.
2. They asked many questions regarding words and its pronunciation.
3. No of techniques were discussed to retain the words and word meaning.
4. Common Verbs and Common Vocabulary list was shared with students.
5. The most frequently ^{used} words were asked to write and then discussed in the session.
6. Spell Bee WhatsApp App Group is made for discussion the new words.

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Analysis:

BA I Year = 10
B Com I Year, E- 05
B Sc I Year - 01
B Com CA I Year - 02
BBA I Year - B- 05

Total - 23 Students

Note: With due permission of Principal, the activity was conducted online as it was the day of Viva Voce and other activities.

Student - Incharges

1 Ms Khushi Vishwakarma for 8
2 Ms Nareen Khan for 8
7 March 23

8 March 24
Dr Swati Singh
Activity Incharge

8 March 24
Dr Swati Singh
Convener

Committee
Convenor

Sr Alice Thomas
7/3/2024

Dr Sr Alice Thomas
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