



St. Paul Institute of Professional Studies, Indore



An Autonomous Institute Affiliated to Devi Ahilya Vishwavidhyalaya, Indore

Accredited by NAAC with 'A' Grade

Phone No. 0731-2499911, 49661355, 4961356

E-mail: info@spipsindore.ac.in, Website: www.spipsindore.com

PART A- Introduction

Program: Certificate/Diploma/Degree		Class: B.A I Year	Session: 2024-2025
Subject: Psychology			
1	Course Code	BA-104T	
2	Course Title	Introduction to Psychology	
3	Course Type	Core Course	
4	Pre-Requisite	Class 12 th certificate, Open for all	
5	Course Learning Outcomes	<ol style="list-style-type: none">1. Students will be able to get a basic understanding about the various domains of psychology including behavior, learning, memory, emotions and motivation2. Students will be able to Critically evaluate the different schools of thought in psychology.3. Students will be able to acknowledge the practical application and scope of psychology in present times4. Students will get to know the possible career options in the field of psychology5. Students will develop a psychological perspective to look at various life events and analyze others behavior openly.	
7	Credit value	Theory 4 Credits Practical 2 Credits	
8	Total Marks	Max. Marks: 30+70	Min. Passing Marks: 35

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PART B- Content of the Course

Total no. of Lectures (in hours per week): - 4

Total Lectures: - 60

Unit	Topic	No. of Lectures
I	Concept, Origin and Current Status of Psychology Nature, Goals and Scope Various school of thoughts in psychology: Structuralism, Functionalism, Psychodynamic, Biological, Behavioristic, Gestalt, Cognitive, Cross-cultural, Humanistic, Existential, Evolutionary, Psychology in Indian Context	12
II	Neuro-Biological Basis of Behaviour: Role, structure and function of Neurons, Nervous system (CNS & PNS) Sensation - Process of sensation, Auditory, Visual Sensation Other Determinants of behavior: Personality, Socio-cultural, Situational	12
III	Attention and Perception Attention - Types and Determinants of attention, Perception - Concept, Types and Determinants, Perceptual Failures- Hallucination and Illusion, Laws of Perceptual Organization	12
IV	Memory & Learning Types and stages of Memory, Information Processing Model of Memory, Memory distortion and construction, Forgetting, Memory Improvement Techniques Concept of Learning, Theories of learning: Thorndike, Pavlov, Skinner, Kohler	12
V	Emotions & Motivation Concept of emotions, Theories of Emotions-James-Lange, Cannon-Bard & Two Factor Concept & Types of Motivation, Maslow's Need Hierarchy Theory, McClelland Achievement Motivation Theory Self-determination theory	12
Keywords/ Tags	Basics of Psychology, Biological Basis of Behavior, Attention, Perception, Sensation, Memory, Learning, Motives, Emotions	

Shalini

Pradeep

Rohini
10/6/24

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PART C- Learning Resources

Textbooks/ Reference Books:

1. Baron , R.A.& Misra , G. (201 6) Baron , R.A.& Misra , G. (201 6) Psychology 5^h edition Pearson India education Services Private Limited . New Delhi Psychology 5^h edition Pearson India education Services Private Limited . New Delhi
2. Chadha , N.K. (199 I) Introduction to Psychology REU ANCE Publication
3. Feldman , R.S. (201 I) Understanding Psychology , 10^h edition , Tata Mcgraw Hill , New Delhi
4. Mishra, G & Mohanty , A.K.(2002) Perspectives on Indigenous Psychology (edited) New Delhi , Concept publishing Company
5. Feldman.S.R.(2009).Essentials of understanding psychology (7th Ed.) Tata Mc Graw Hill.

Suggested Digital Platforms, Web Links:

1. <https://mptel.ac.in/courses/109/104/109104171>
2. <https://mptel.ac.in/courses/109/106/109106059>
3. <https://mptel.ac.in/courses/109/103/1091043142>
4. The Psychology Notes Headquarter <https://www.PsychologyNotesHQ.com>

Part D- Assessment and Evaluation		
Suggested Continuous Evaluation Methods: Maximum Marks: 100 Continuous Comprehensive Evaluation (CCE): 30 marks University Exam (UE) :70 marks		
Internal Assessment: Continuous Comprehensive Evaluation (CCE):30	Class Test Assignment/Presentation E-quiz	30
External Assessment: University Exam Section: 70 Time : 03.00 Hours	Section(A) : Six Very Short Questions	06 x 01 = 06
	Section (B) : Five Short Questions	05 x 08 = 40
	Section (C) : Two Long Questions	02 x 12 = 24 Total 70

Shalini

Radhu

Rohini
10/6/24

R. B. Bhattar
A

AD
10/6/24

Adil
10/6/24

G. S. S.
10/6/24



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PART A- Introduction

Program: Certificate/ Diploma/ Degree		Class: B.A I Year	Session: 2024-25
Subject: Psychology			
1	Course Code	BA-104P	
2	Course Title	Psychology Practical	
3	Course Type	Core Course	
4	Pre-Requisite	To study this course, a student must have had the subject Open for all in class/12th/ certificate/diploma. This course can be opted as an elective by the students of following subjects: Open for all	
5	Course Learning Outcomes	On completion of this course, learners will be able to: 1.Student will learn to apply practical application of psychological concepts of attention, learning and emotion. 2.Student will develop the skill of memory improvement 3.Student will acquire due knowledge of achievement and motivation in their life 4. Students will understand the importance of self-esteem 5. Students will develop the ability to apply psychological testing	
7	Credit value	2	
8	Total Marks	Max. Marks: 30+70	Min. Passing Marks: 35

PART B- Content of the Course

Total no. of Lectures (in hours per week): - 02

Total Lectures: - 30

Unit	Topic	No. of Lectures
Experiments (ANY 03)	Division of attention Span of attention Trial & error learning Short Term Memory/ Long Term Memory Memory Improvement Judging emotions by photograph	18
Psychological Test (ANY 02)	Emotional Intelligence, Achievement Motivation Self-Perception	12
Keywords/ Tags	Attention, Memory, Trial & Error Learning, Self-Esteem, Adjustment	

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PART A- Introduction

Program: Certificate/Diploma/Degree		Class: B.A I Year	Session: 2024-2025
Subject: Psychology			
1	Course Code	BA-105T	
2	Course Title	Personality Development	
3	Course Type	Core Course	
4	Pre-Requisite	Class 12 th certificate, Open for all	
5	Course Learning Outcomes	1. Students will understand the core concept of personality 2. Students will be able to understand adjustments and coping strategies 3. Students will be enabled to do personality assessment 4. Students will understand the concept of self 5. Students will develop strategies for self-regulation and personality enhancement	
7	Credit value	Theory 4 Credits Practical 2 Credits	
8	Total Marks	Max. Marks: 30+70	Min. Passing Marks: 35

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PART B- Content of the Course

Total no. of Lectures (in hours per week): - 4

Total Lectures: - 60

Unit	Topic	No. of Lectures
I	Concept and approaches of Personality: Determinants and Types of personality Approaches of personality-Type v/s Trait approach. Psychodynamic-Freud, Neo-Freudian-Erickson, Jung Humanistic-Rogers, Social-Cognitive-Bandura, Personality across life span, Cultural and Gender influence on personality, Personality and Physical-Mental Health	12
II	Adjustment and Coping: Adjustment-Concept, Types, Areas of adjustment, Types of psychological adjustive reaction - Task oriented and Defense oriented adjustment, Decompensation and Recompensation under excessive stress Coping-Concept, Strategies-Appraisal focused. Problem focused and Emotion focused constructive coping	12
III	Self-Concept: Concept, Factors shaping self-concept- Early childhood influences, Role of key social figures, Evaluating Self: Self-esteem, Self-Compassion, Self-efficacy, Narcissism; Self-regulation	12
IV	Personality Assessment: Personality test - Nature & Types Personality Inventories (Brief overview) – Big 5, 16 PF, MBTI, DISC, MMPI and Projective Test- Uses and Limitation	12
V	Applied areas of Personality Development: Self-assessment and Self-regulation, Time and Stress Management, Communication skills, Positive psychology, Ways to increase Overall happiness/Wellbeing,	12
Keywords/ Tags	Personality, Psychodynamics, Humanistic, Self-concept, personality assessment, personality development, Self-regulation	

Shalini
10/6/24

Gadav
11/6/24

P. Shinde
10/6/24

R. B. Bhatnagar
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10/6/24



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PART A- Introduction

Program: Certificate/ Diploma/ Degree		Class: B.A I Year	Session: 2024-25
Subject: Psychology			
1	Course Code	BA-105P	
2	Course Title	Report Presentation - Psychology Practical	
3	Course Type	Core Course	
4	Pre-Requisite	To study this course, a student must have had the subject Open for all in class/12th/ certificate/diploma. This course can be opted as an elective by the students of following subjects: Open for all	
5	Course Learning Outcomes	On completion of this course, learners will be able to: 1. Assess personality of an individual by using personality assessment tests. 2. Develop better understanding of self through SWOT 3. Enhance their personalities by improving communication skills and by learning to manage time and stress effectively 4. Improvise on the ability to apply psychological testing 5. Learn to understand and manage stress	
7	Credit value	2 credits practical	
8	Total Marks	Max. Marks: 30+70	Min. Passing Marks: 35

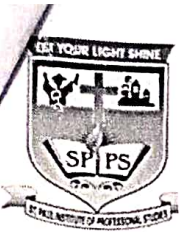
PART B- Content of the Course

Total no. of Lectures (in hours per week): - 02 Hours

Total Lectures: - 30

Unit	Topic	No. of Lectures
Report Presentation (ANY 01)	SWOT Analysis Time Management Stress Management Communication Skills	12
Psychological Test (ANY 02)	Introvert-Extrovert Self-Concept/Self Esteem Adjustment Inventory	18
Keywords/ Tags	Personality, Adjustment, Self-esteem, Time Management, SWOT	

5/8/24
 5/8/24
 R. Bhasin
 Anand
 8/11/24
 Qadar
 05/08/24
 Ash
 Shalini
 5/8/24
 Pshome



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PART C- Learning Resources

Textbooks/ Reference Books:

1. Cervone, D. & Lawrence P.A. (2013) Personality Psychology (ed.12) New York Wiley
2. Coleman, J.C.(1971) Psychology and Effective behavior, D.B. Taraporevala Sons & Co. Private Ltd., Bombay
3. Hall, C.S., Lindzey, G., & Campbell, J.B. (2007). Theories of Personality. 4th Edn. Wiley: India.
4. Mischel, W.; Shoda, Y.; & Smith, R. E. (2004). Introduction to personality. John Wiley & Sons
5. Larsen, R.J. & Buss D.M. (2013) Personality Psychology Domains of Knowledge about Human Nature (5th ed.) New York McGraw Hill.

Suggested Digital Platforms, Web Links:

1. <https://nptel.ac.in/courses/109/103/109103182> Interpersonal Skills
2. <https://nptel.ac.in/courses/109/107/109107155> Communication Skills
3. <https://nptel.ac.in/courses/109/104/109104030> Body Language

Part D- Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks: 100

Internal Marks : 30 marks University Exam (UE) :70 marks

Internal Assessment :	Assignment 10 Marks Class Interaction 10 Marks Attendance 10 Marks	30
External Assessment :	Viva Voce 10 Marks Practical File 10 Marks Practical Work/Experiment (Written Exam) 50 Marks	70
	TOTAL	100 Marks

Shalini
10/6/24

~~G. Singh~~
10/6/24

Radan

R. Sharma
10/6/24

R. B. Sharma

AD

AD
10/6/24



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Part A Introduction		
Program: Certificate/Diploma/Degree		Class: BA I Year
		Session: 2024-25
Subject: English Literature (Theory)		
1	Course Code	BA-106T
2	Course Title	Study of Poetry
3	Course Type (Core Course/Elective/Generic/Elective/Vocational/...)	Minor
4	Pre-requisite (if any)	To study this course, a student must have had the subject English Language/English Literature in class 12 th
5	Course Learning outcomes (CLO)	<p>The Study of Poetry will not only instruct and delight the students, but also inspire them to have positivity, creativity, and a new way of thinking After the study of this paper, the students will be able:</p> <ul style="list-style-type: none"> To identify, interpret, analyze and appreciate the various elements of poetry, To develop literary intellect, To inculcate and develop regional skills and to promote them at higher level To appreciate the lyrical and sonorous quality of language.
6	Credit Value	4 (Theory) + 2 (Practical)
Total Marks		Max. Marks: 30+70 Mm. Passing Marks:35

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Part B- Content of the Course		
Total No. of (Theory) Lectures (in hours per week): 04		Total (Theory) Lectures: 60
Unit	Topics	No. of Lectures
I	Introduction to Literature and its classification – 1. Poetry from Chaucer to Milton 1.1 Figures of Speech Definition of Poetry according to the Poets discussed in this paper: Different ages with different socio-economic and political backgrounds; Literary Terminology 1.2 Geoffrey Chaucer: The Wife of Bath, The Pardoner (from The Prologue to The Canterbury Tales) 1.3 John Donne: Death Be Not Proud 1.4 John Milton: On His Blindness Keywords/ Tags: Figurative language. Extended metaphor Hyperbole. Imagery: Iambic pentameter Foot line. Narrative poetry. Metaphysical poetry. Puritan era	15
II	Poetry in Neoclassical and Romantic Age 2.1 Alexander Pope: The Rape of the Lock - Canto III 2.2 William Wordsworth, Solitary Reaper, Daffodils 2.3 John Keats: Ode to Autumn Keywords/ Tags: Nature poet. Wordsworth's theory of poetry); Spontaneity. Lyrical Ballads. Fancy and Imagination. Supernatural poetry. Revolutionary poet. Sensuousness, Hellenism, Negative capability: Aesthetic beauty	15
III	Poetry in Victorian Age 3.1 Alfred Lord Tennyson: Break Break Break 3.2 Robert Browning: The Last Ride Together 3.3 Matthew Arnold: Dover Beach keywords/ Tags: Victorian age. Industrial revolution, Victorian society Autobiographical note. Tennyson and Clough. Dramatic monologue, Pastoral elegy. Oxford movement. Campus poetry	12

Shalini
10/6/24

Qadav

R. Sharma
10/6/24

R. B. Sharma
AD
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Aditya
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IV	Indian Poetry 4.1. Toru Dutt: Our Casuarina Tree, Sita 4.2 Sarojini Naidu: Indian Weavers keywords/Tags: Indo-Anglican poetry, Simile and Metaphor: Spirituality. Poetry of Indian Independence. Indian theme. Mysticism	10
V	Indian Mythological Poetry 5.1 Rabindranath Tagore: Gitanjali Song No 1 &2 Keywords/ Tags : Spiritualism. Indian Mythological Characters	08

Part C-Learning Resources

Text Books, Reference Books, Other resources

Suggested Readings:

1. "A History of Modern Poetry: Modernism and After- Perkins, David Paperback, 1989.
2. "Glossary of Literary Terms" Abrams_ M 1-1, Prism Books Pvt. Limited_ 1993
3. "John Donne- The Major Works OWC-. Carey. John and Donne, John. UK: Oxford University Press, 2009. Print.
4. "John Keats: His Life and Poetry. His Friends. Critics and Alter-Fame.- Colvin, Sidney. London: Macmillan. 1917.
5. Letter 10 George and Thomas Keats. 21 December 1817'. and 'Leper to Richard Woodhouse. 27 October. 1818'. in Romantic Prose and Poetry". Keats, John. ed. Harold Bloom and Lionel Trilling (New York: OUR 1973) pp. 766-68,777-8.
6. "Lyrical Ballads with Pastoral and Other Poems" Wordsworth, William (1805). (4 ed.). London: Printed for Longman. Hurst. Rees, and Orme, by R. Taylor.
7. "The Canterbury Tales." Chaucer, Geoffrey. Trans. Nevill Coghill • New Delhi Penguin Classics, 2002. Print. Brown, Peter. Geoffrey Chaucer, OWC. New Delhi: Oxford University Press, 2011. Print.
8. Toru Dutt (1856-187.). Indian Poet. Translatorand Novelist". Lokuge, Chandani (12 September 2019). Oxford: Oxford University Press

Shelini
10/6/24

Radan

Rohini
10/6/24

R. Basant
A

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Adil
10/6/24

Amir
10/6/24



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Suggestive digital platforms links:

Athar. "Indian Poetry In English." English Summalv, 17 Nov. 2017, eng.lishsummary.com/indian-poetry-inenglish.

Literaturemini.Com. "The Brief History of English Poetry::2018, 2018, WWW. literaturemini.com/2018/08/08/the-brief-history-of-english-poetry.html

Polly. "A Brief History of English Poetry." The Culture Project, 17 Apr. 2017, thecultureprojectblog.wordpress.com/2017/03/19/a-brief-history-of-english-poetry.

Wikipedia contributors. "English Poetry." Wikipedia, 21 May 2021, en.wikipedia.org/wiki/English_poetry.

Suggested equivalent online courses:

<https://www.edx.org/course/ap-english-literature-composition-part-2-poems-2> AP English Literature and Composition, Part 2: Poems on EDX by Maggie Sokolik, University of California, Berkeley

<https://www.coursera.org/learn/modpo> Modern and Contemporary American Poetry by Al Filreis, University of Pennsylvania.-5963

<https://www.classcentral.com/course/modern-american-poetry> Poetry- Free Online Course

Part D- Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks: 100

Continuous Comprehensive Evaluation (CCE): 30 marks University Exam (UE) :70 marks

Internal Assessment: Continuous Comprehensive Evaluation (CCE):30	Class Test Assignment/Presentation E-quiz	30
External Assessment: University Exam Section: 70 Time : 03.00 Hours	Section (A) : Six Very Short Questions	06 x 01 = 06
	Section (B) : Five Short Questions	05 x 08 = 40
	Section (C) : Two Long Questions	02 x 12 = 24 Total 70

Shahani
10/6/24

Qadav

Pranav
10/6/24

R. B. Bhatnagar
SP

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Part A Introduction		
Program: Certificate/ Diploma/ Degree		Class: BA I Year
		Session: 2024-25
Subject: English Literature (Practical)		
1	Course Code	BA-106P
2	Course Title	Applied Poetry (Practical)
3	Course Type (Core Course/Elective/Geric Elective/Vocational/.....)	Minor
4	Pre-requisite (if any)	To study this course, a student must have had the subject English Language/English Literature in class 12th.
	Course Learning outcomes (CLO)	<p>The Study of Poetry will not only instruct and delight the students but also inspire them to have positivity, creativity, and a new way of thinking. After the study of this paper. the students will be able:</p> <ul style="list-style-type: none"> to identify, interpret, analyze, and appreciate the various elements of poetry. to develop literary intellect, to inculcate and develop regional skills and to promote them at higher level to be able to appreciate the lyrical and sonorous quality of language and create poetry <p>The course is beneficial for learners in understanding the mechanism of literature in a creative manner. This course will:</p> <ul style="list-style-type: none"> accelerate the confidence of students for extempore English and surge their knowledge, and promote the analytical and arguing capacity of students.
6	Credit Value	2
7	Total Marks	Max. Marks: 30+70 Min Passing Marks 35

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Sachin

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R. Sharma



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Part B- Content of the Course

Total No. of (Practical) Lectures- (in hours per week): 02
Total (Practical) Lectures: 30

Unit	Topics	No. of Lectures
I	1. American Poetry 1.1 Walt Whitman' O Captain! My Captain! 1.2 Robert Frost: The Road Not Taken Keywords/ Tags: Modern poetry, WWI. Imagination and Reality, War poetry Symbolist movement, Patriotic poetry WWII, The Holocaust. Confessional poem T	10
II	2. British and Indian Poetry 2.1 William Shakespeare: Sonnet 116 Let Me Not to the Marriage of True Minds 2.2 PB Shelley: Ode to the West Wind 2.3 Guru Nanak Dev: The Sky is Your Platter Keywords! Tags: Romanticism. Revolutionary spirit. Impact of the French revolution. Lord Byron. Disillusionment. Irish literary revival	10
III	3. Applied Poetry: Problems and Prospects 3.1 Creating Poetry: Problems in Writing Poetry. Parameters of Poetry, Imagination and other Contemporary Issues 3.2 Subjectivity, Objectivity, Negativity. Resilience 3.3 Language, Vocabulary and Other Essential Elements Keywords/ Tags: Meter. Rhyme scheme. Regular rhythm. Word sounds. Allegory. Shape, Mood. Stanza.	10

Shalini
10/6/24

Qadaw

P. Bhasin
10/6/24

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10/6/24

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Part C-Learning Resources
Text Books, Reference Books, Other resources

Suggested Readings:

- Dove, Rita. The Penguin Anthology of Twentieth- Century American Poetry. I st ed. Penguin Books. 2013.
- Eliot, T. T S. Eliot: Collected Poems. 1909 1962 (The Centenary Edition). 1st ed. Harcourt Brace Jovanovich, 1991.
- Frost, Robert. The Poems of Robert Frost: Poetry for the Ages. Independently published, 2019.
- Lehman, David, and John Brehm. The Oxford Book of American Poetry. 1st ed., Oxford University Press, 2006.
- Plath, Sylvia. The Collected Poems. Reprint. Harper Perennial Modern Classics, 2018.
- Shakespeare, William Love Poems & Sonnets of William Shakespeare. Independently, published 2020.
- Whitman, Walt, et al, Walt Whitman Poetry Collection: Leaves of Grass. Various Works and Poems. and A Complete Biography of Walt Whitman Independently published, 2020.

Part D- Assessment and Evaluation

Suggested Continuous Evaluation Methods: Maximum Marks: 100 Internal Marks : 30 marks University Exam (UE) :70 marks		
Internal Assessment :	Assignment 10 Marks Class Interaction 10 Marks Attendance 10 Marks	30
External Assessment :	Viva Voce 10 Marks Practical File 10 Marks Evaluation of Written Work 50 Marks	70
TOTAL		100 Marks

Shalini / 10/6/24
Madan
R. Chavhan / 10/6/24
R. B. ... / 10/6/24
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